

ABSTRAK

Lina Nurlaelasari. (2013). Profil Kontrol Diri Siswa dan Implikasinya Bagi Bimbingan dan Konseling Penelitian Studi Deskriptif terhadap Siswa kelas XI SMK Negeri 2 Tasikmalaya Tahun Ajaran 2012/2013)

Kontrol diri merupakan kemampuan dalam menguasai aspek kontrol diri, yaitu kemampuan mengontrol perilaku, mengolah informasi dan mengambil keputusan. Sampel penelitian *purposive sampling*, mewakili setiap jurusan di SMK Negeri 2 Tasikmalaya. Hasil penelitian yaitu: (1) tingkat kontrol diri peserta didik kelas XI SMKN 2 Tasikmalaya Tahun ajaran 2012/2013 berada pada kategori tinggi sebesar 86,4% (185 peserta didik), I tingkat kontrol diri berdasarkan jurusan sebagai berikut : jurusan audio video 1 kategori tinggi (100%), jurusan gambar bangunan 1 kategori tinggi (50,00%), jurusan broadcast 2 kategori tinggi (53,60%), jurusan listrik 3 kategori tinggi (77,40%), jurusan mesin perkakas 1 kategori tinggi (61,30%), jurusan Teknik Kendaraan Ringan 2 kategori tinggi (90.60%), jurusan teknik komputer jaringan 3 kategori tinggi (100%). (2) Implikasi bagi bimbingan dan konseling berupa rancangan layanan perencanaan individual bertujuan mengaplikasikan kontrol diri peserta didik.

Kata Kunci: Profil kontrol diri, Implikasi Bimbingan dan Konseling, Peserta Didik SMK

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Lina Nurlaelasari (2013). Profile of Students Self-Control and its Implications for Guidance and Counseling (Research Descriptive Study of the Grade XI SMK Negeri 2 Tasikmalaya Academic Year 2012/2013)

ABSTRACT

Self-control is an individual's ability to master the aspects of self-control, the ability to control the behavior, to process the information and make decisions. Self-control ability including to the field of private learners. Research samples are purpose sampling, represent each department in SMK Negeri 2 Tasikmalaya. The results obtained are: (1) the students objective condition of class XI SMKN 2 Tasikmalaya academic year 2012/2013 the high category level of self-control was 86.4% (185 students), and the overview of the students class XI of audio video 1 are the high category (100%), the overview of the students class XI of image building 1 are at high category (50.00%), the overview of students class XI of broadcast 2 are at the high category (53.60%), the overview of students class XI of electric 3 are at the high category (77.40%), the overview of the students class XI tooling machinery 1 at the high category (61.30%), the overview of the students class XI light vehicle engineering 2 are at the high category (90.60%), the overview of students class XI of network computer engineering 3 are at the high category (100%). (2) the implications for the design of guidance and counseling in the form of individual planning services provided in class XI students of SMK Negeri 2 Tasikmalaya aims to apply the self-control of students in the school environment, implemented with self-monitoring strategies are regularly monitored and facilitated by guidance and counseling teachers in school.

Keywords: self-control Profile, Implications of Guidance and Counseling, Vocational High School Students