

**IMPLEMENTASI PENJAS ADAPTIF PADA SEKOLAH LUAR BIASA
DI KOTA CIREBON**

TESIS

Diajukan Untuk Memenuhi Sebagian Dari Syarat Memperoleh Gelar Magister
Pendidikan Progam Studi Pendidikan Olahraga



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UNIVERSITAS PENDIDIKAN INDONESIA
BANDUNG
2023**

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Program Studi Pendidikan Olahraga
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April 2023

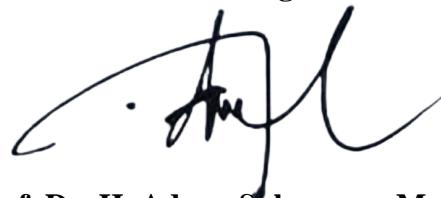
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ABSTRAK

Penelitian ini bertujuan untuk mengetahui tentang bagaimana Implementasi Penjas Adaptif Pada Sekolah Luar Biasa Di Kota Cirebon. Metode yang digunakan dalam penelitian ini adalah metode kualitatif deskriptif. Teknik pengumpulan data menggunakan teknik observasi, wawancara, dan dokumentasi. Teknik pengambilan sampel menggunakan *purposive sampling*. Jumlah sampel adalah 6 orang siswa dimasing-masing sekolah. Teknik analisis data dalam penelitian ini yaitu penyajian data, reduksi data, penarikan kesimpulan dan isu etik. Berdasarkan hasil penelitian dan pembahasan yang telah dipaparkan dapat diambil kesimpulan bahwa pembelajaran pendidikan jasmani adaptif anak berkebutuhan khusus di kota Cirebon Guru pendidikan jasmani lebih mempertimbangkan peningkatan kemampuan aktivitas jasmani yang ditunjukan oleh anak berkebutuhan khusus meskipun hanya 90 % sebagian besar. Metode pembelajaran yang direncanakan sebelum dilaksanakannya pembelajaran adalah metode perintah. Guru pendidikan jasmani telah merencanakan sebelumnya kegiatan evaluasi yang akan dilakukan. Dalam pemilihan tes, guru pendidikan jasmani tidak terlalu mempertimbangkan kriteria dalam memilih tes yang terdiri dari penghematan, validitas, reliabilitas dan tujuan. Tes dilakukan agar dapat mengetahui kemajuan kemampuan anak tunagrahita berdasarkan tujuan yang telah dirancang.

Kata kunci : *Penjas Adaptif, Sekolah Luar Biasa, Implementasi*

IMPLEMENTATION OF ADAPTIVE PENJAS IN SPECIAL SCHOOLS IN CIREBON CITY

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ABSTRACT

This study aims to find out about how the implementation of Adaptive Physical Education in Special Schools in the City of Cirebon. The method used in this research is descriptive qualitative method. Data collection techniques using observation techniques, interviews, and documentation. The sampling technique used purposive sampling. The number of samples is 6 students in each school. Data analysis techniques in this study are data presentation, data reduction, drawing conclusions and ethical issues. Based on the results of the research and discussion that has been presented, it can be concluded that adaptive physical education learning for children with special needs in the city of Cirebon. The learning method that was planned before the learning was carried out was the command method. The physical education teacher has previously planned the evaluation activities to be carried out. In selecting tests, physical education teachers do not really consider the criteria in selecting tests consisting of savings, validity, reliability and purpose. The test is carried out in order to find out the progress of the ability of mentally retarded children based on the goals that have been designed.

Keyword: Adaptive Physical Education, Special Schools, Implementation.

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