

**PARADIGMA *DEVELOPMENT THROUGH SPORT*: SEBUAH ANALISIS
DALAM PRAKTIK PENGEMBANGAN *SOCIAL CAPITAL*
MELALUI OLAHRAGA**

TESIS

Diajukan Untuk Memenuhi Sebagian Syarat untuk Memperoleh
Gelar Magister Pendidikan Program Studi Pendidikan Olahraga



oleh
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2105330

**PROGRAM STUDI PENDIDIKAN OLAHRAGA
SEKOLAH PASCASARJANA
UNIVERSITAS PENDIDIKAN INDONESIA
BANDUNG
2023**

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**PARADIGMA *DEVELOPMENT THROUGH SPORT*: SEBUAH ANALISIS
DALAM PRAKTIK PENGEMBANGAN *SOCIAL CAPITAL*
MELALUI OLAHRAGA**

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Sebuah Tesis yang diajukan untuk memenuhi sebagian syarat memperoleh gelar
Magister Pendidikan (M.Pd) pada sekolah Pascasarjan UPI

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Maret 2023

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**PARADIGMA DEVELOPMENT THROUGH SPORT: SEBUAH ANALISIS
DALAM PRAKTIK PENGEMBANGAN SOCIAL CAPITAL
MELALUI OLAHRAGA**

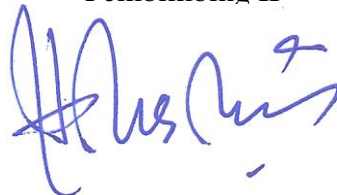
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LEMBAR PERNYATAAN KEASLIAN

Dengan ini saya menyatakan bahwa tesis dengan judul “**Paradigma Development through Sport: Sebuah Analisis dalam Praktik Pengembangan Social capital melalui Olahraga**” beserta seluruh isinya adalah benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung risiko/ sanksi yang dijatuhkan kepada saya apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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KATA PENGANTAR

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Dengan penelitian ini diharapkan dapat menjadi bentuk wawasan baru maupun wawasan pendukung bagi para praktisi olahraga di bidang olahraga prestasi, olahraga pendidikan, olahraga rekreasi maupun olahraga kesehatan. Peneliti mengucapkan terima kasih kepada berbagai pihak yang telah membantu dalam kelancaran menyelesaikan tesis ini.

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Penulis

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ABSTRAK

Pramita Nainggolan (2105330). Tesis: Paradigma *Development through Sport*: Sebuah Analisis dalam Praktik Pengembangan *Social capital* melalui Olahraga. Tesis ini dibimbing oleh pembimbing I: Prof. Dr. H. Amung Ma'mun, M.Pd. dan pembimbing II: Mustika Fitri, M.Pd., Ph.D.

Tujuan penelitian ini adalah ingin mengetahui paradigma pembangunan melalui olahraga yang digunakan untuk meningkatkan pembangunan nasional, cara kerja paradigma pembangunan melalui olahraga dalam praktik eksplisit untuk mengembangkan *social capital*, dan hasil positif dari pengembangan *social capital* melalui komunitas olahraga. Belum banyaknya negara dan praktisi olahraga memahami bahwa dengan pendekatan pembangunan melalui olahraga dapat mencapai berbagai skema, penyebab masalah ini karena belum kuatnya literasi yang mendukung. Penelitian ini menggunakan metode *systematic literature review* dengan pendekatan PRISMA sebagai tinjauan sistematis dan meta-analisis. Artikel-artikel tersebut dikumpulkan melalui langkah-langkah kemudian dianalisis secara hati-hati, sehingga dapat bernilai dan ada relevansi dengan konteks tujuan penelitian. Berdasarkan hasil penelusuran dari situs *Google Scholar*, *Science direct*, *Taylor & Francis*, *SAGE Journals* dengan kata kunci 'pembangunan melalui olahraga,' '*social capital* melalui olahraga,' dan 'komunitas olahraga,' peneliti menghasilkan 205 artikel dan menemukan 30 hasil akhir artikel untuk dianalisis. Jadi, temuan penelitian ini adalah paradigma *development through sport* dapat menjadi salah satu pendekatan yang digunakan untuk pembangunan nasional, salah satu aspek yang dikembangkan adalah *social capital* dan komunitas olahraga menjadi alat untuk mengembangkan *social capital*.

Kata kunci: pengembangan melalui olahraga, modal sosial, komunitas olahraga

ABSTRACT

Pramita Nainggolan (2105330). Thesis: Paradigm *Development through Sport: An Analysis in Development Practice Social capital* through Sports. This thesis is supervised by supervisor I: Prof. Dr. H. Amung Ma'mun, M.Pd. dan supervisor II: Mustika Fitri, M.Pd., Ph.D.

The purpose of this research is to find out the paradigm of development through sports which is used to enhance national development, how the paradigm of development through sports works in explicit practice to develop social *capital*, and positive results of development social *capital* through the sports community. Not many countries and sports practitioners understand that a development approach through sports can achieve various schemes, the cause of this problem is due to not yet strong supporting literacy. This research uses the method systematic *literature review* with the PRISMA approach as a systematic review and meta-analysis. The articles were collected through steps and then carefully analyzed, so that they are of value and have relevance to the context of the research objectives. Based on search results from the site *Google Scholar, Science direct, Taylor & Francis, SAGE Journals* with the keyword 'development through sport,' '*social capital* through sports,' and 'sports community,' the researcher produced 205 articles and found 30 final articles to be analyzed. So, the findings of this study are paradigm development *through sport* can be one of the approaches used for national development, one of the aspects developed is social *capital* and the sports community becomes a tool for development of social *capital*.

Keywords: *development through sport, social capital, sport community*

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