

DAFTAR PUSTAKA

- Abdul Syukur, & Vega soniawan. (2015). *Machine Translated by Google Abdul Syukur *, Vega Soniawan ** Abstrak Tujuan dari penelitian ini adalah untuk mengetahui pengaruh metode latihan terstruktur dan bermain serta motivasi berprestasi terhadap keterampilan passing sepakbola . Penelitian dilaku.* 73–84.
- Apriantono, T., Nunome, H., Ikegami, Y., & Sano, S. (2006). The effect of muscle fatigue on instep kicking kinetics and kinematics in association football. *Journal of Sports Sciences*, 24(9), 951–960. <https://doi.org/10.1080/02640410500386050>
- Daneshjoo, A., Mokhtar, A. H., Rahnama, N., & Yusof, A. (2013). The effects of injury prevention warm-up programmes on knee strength in male soccer players. *Biology of Sport*, 30(4), 281–288. <https://doi.org/10.5604/20831862.1077554>
- Ferdiansyah, M., Hasbunallah, & Bactiar, I. (2021). Survei kemampuan teknik kontrol bola pada permainan sepakbola SSB Syekh Yusuf Kabupaten Gowa. *Pinisi Journal of Health & Sport Science*, 1–7.
- Ferraz, R., Van Den Tillaar, R., & Marques, M. C. (2012). The effect of fatigue on kicking velocity in soccer players. *Journal of Human Kinetics*, 35(1), 97–107. <https://doi.org/10.2478/v10078-012-0083-8>
- Firmansyah, D., & Dede. (2022). Teknik Pengambilan Sampel Umum dalam Metodologi Penelitian: Literature Review. *Jurnal Ilmiah Pendidikan Holistik (JIPH)*, 1(2), 85–114. <https://doi.org/10.55927/jiph.v1i2.937>
- Fraenkel, J. (1993). R dan Norman E. Wallen, 1993. *How to Design and Evaluate Research in Education*.
- Gardasevic, J., & Bjelica, D. (2019). Shooting ball accuracy with U16 soccer players after preparation period. *Sport Mont*, 17(1), 29–32. <https://doi.org/10.26773/smj.190205>
- Giordano, L., Federici, A., Valentini, M., & D’elia, F. (2019). Dribbling in football: Confronting learning theories. *Journal of Human Sport and Exercise*, 14(Proc2), S228–S232. <https://doi.org/10.14198/jhse.2019.14.Proc2.10>
- Hamni Fadlilah Nasution. (2012). INSTRUMEN PENELITIAN DAN URGENSINYA DALAM PENELITIAN KUANTITATIF. *วารสารวิชาการมหาวิทยาลัยอีสเทิร์นเอเชีย*, 4(1), 88–100.
- I Made Yoga Parwata. (2015). *KELELAHAN DAN RECOVERY DALAM OLAHRAGA*. 1, 224–233.
- Ipung Hari Adi, Moh. Agung Setiabudi, & Danang Ari Santoso. (2019). Perbandingan Kecepatan Dan Ketepatan Menendang Bola Dengan

- Menggunakan Awalan 1 Meter, 2 Meter, 3 Meter, 4 Meter. *Jurnal Kejaora (Kesehatan Jasmani Dan Olahraga)*, 4(1), 12–15. <https://doi.org/10.36526/kejaora.v4i1.616>
- Junaidi, A., & Sutisyana, A. (2018). =16,119> T. 2018.
- Mackenzie, B., & Pye, J. (2005). *Pertunjukan Evaluasi Tes*.
- Mackenzie, R., & Cushion, C. (2013). Performance analysis in football: A critical review and implications for future research. *Journal of Sports Sciences*, 31(6), 639–676. <https://doi.org/10.1080/02640414.2012.746720>
- Marqués-Jiménez, D., Calleja-González, J., Arratibel, I., Delextrat, A., & Terrados, N. (2017). Fatigue and Recovery in Soccer: Evidence and Challenges. *The Open Sports Sciences Journal*, 10(1), 52–70. <https://doi.org/10.2174/1875399x01710010052>
- Ndlec, M., McCall, A., Carling, C., Legall, F., Berthoin, S., & Dupont, G. (2012). Recovery in Soccer: Part I-post-match fatigue and time course of recovery. *Sports Medicine*, 42(12), 997–1015. <https://doi.org/10.2165/11635270-000000000-00000>
- Nugraha, A., Sumardiyanto, & Imanudin, I. (2017). Perbandingan Eliminasi Laktat Menggunakan Metode Recovery Aktif (Jogging) Dan Recovery Aktif (Jogging) Plus Masase. *Jurnal Terapan Ilmu Keolahragaan*, 2(1), 7. <https://doi.org/10.17509/jtikor.v2i1.5342>
- Raharjo, S. M. (2018). Pengembangan Alat Target Tendangan Untuk Melatih Akurasi Shooting Pemain Sepak Bola. *Jorpres (Jurnal Olahraga Prestasi)*, 14(2), 164–177. <https://doi.org/10.21831/jorpres.v14i2.23827>
- Ramadhani Khija, ludovick Uttoh, M. K. T. (2015). Teknik Pengambilan Sampel. *Ekp*, 13(3), 1576–1580.
- Rehabilitasi, I., Mikatahara-cho, U. C. S., Rehabilitasi, D., Jompo, P., & Jyujinosono, H. (2013). *Pengaruh Akumulasi Laktat selama Kelelahan Otot yang Diinduksi Latihan pada Korteks Sensorimotor*. 1637–1642.
- Riffai, M., Imanudin, I., & Hamidi, A. (2018). *Dampak Kelelahan Terhadap Akurasi Tendangan Longpass 67 DAMPAK KELELAHAN TERHADAP AKURASI TENDANGAN LONGPASS PEMAIN SEPAKBOLA*.
- Robi Syuhada Istofian, & Amiq, F. (2016). Metode drill untuk meningkatkan teknik menendang Bola (Shooting) dalam permainan sepakbola usia 13-14 tahun. *Jurnal Kepelatihan Olahraga*, 1(1), 105–113.
- Rusdiana, A., Imanudin, I., Ray, H. R. D., Ruhiat, M., Hardwis, S., Umaran, U., & Nuryadi. (2017). Fatigue Impact to Mechanical Movement of Maximal Instep Kicking in Soccer. *IOP Conference Series: Materials Science and Engineering*, 180(1). <https://doi.org/10.1088/1757-899X/180/1/012234>

- Russell, K., Kingsley, D., Efek, M., Russell, M., Benton, D., & Kingsley, M. (2011). *Tautan Penelitian Northumbria*. 6.
- Silva, J. R., Rumpf, M. C., Hertzog, M., Castagna, C., Farooq, A., Girard, O., & Hader, K. (2018). Acute and Residual Soccer Match-Related Fatigue: A Systematic Review and Meta-analysis. In *Sports Medicine* (Vol. 48, Issue 3). <https://doi.org/10.1007/s40279-017-0798-8>