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**INTERKORELASI ANTARA STRES PENGASUHAN, KEPUASAN  
PERNIKAHAN, DAN KESEJAHTERAAN PADA ORANG TUA DENGAN  
ANAK *AUTISM SPECTRUM DISORDER* DI KOTA PALEMBANG**

**SKRIPSI**

Disusun untuk memperoleh gelar Sarjana Psikologi di Program Studi Psikologi  
Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia



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**Interkorelasi Antara Stres Pengasuhan, Kepuasan Pernikahan, dan  
Kesejahteraan Pada Orang Tua Dengan Anak *Autism Spectrum Disorder*  
di Kota Palembang**

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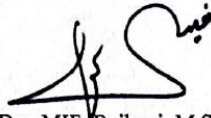
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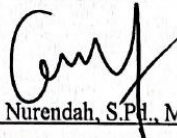
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Dengan ini saya menyatakan bahwa skripsi dengan judul “**Interkorelasi Antara Stres Pengasuhan, Kepuasan Pernikahan, dan Kesejahteraan Orang Tua Dengan Anak *Autism Spectrum Disorder* di Kota Palembang**” seluruh isinya adalah benar karya saya sendiri. Saya tidak melakukan penjiplakan dan pengutipan yang tidak sesuai dengan etika keilmuan. Atas pernyataan ini, saya siap menanggung risiko atau sanksi jika di kemudian hari ada klaim pihak lain atau pelanggaran etika keilmuan terhadap karya saya.

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## ABSTRAK

**Lady Pricelly Rais (1800963).** *Interkorelasi Antara Stres Pengasuhan, Kepuasan Pernikahan, dan Kesejahteraan Orang Tua dengan Anak Autism Spectrum Disorder di Kota Palembang*. Skripsi. Program Studi Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia. Bandung (2022).

Penelitian ini dilakukan bertujuan untuk mengetahui interkorelasi antara stres pengasuhan, kepuasan pernikahan, dan kesejahteraan orang tua dengan anak *autism spectrum disorder* (ASD) di Kota Palembang. Responden (N = 191) adalah orang tua anak yang memiliki anak dengan ASD di Kota Palembang yang mengisi kuesioner yang telah diadaptasi ke dalam Bahasa Indonesia yaitu *Parenting Stress Scale:Autism* (PSS-A) untuk bagian stres pengasuhan dengan reliabilitas 0,96. Untuk bagian kepuasan pernikahan menggunakan instrumen *Enrich Marital Satisfaction* (EMS) dengan reliabilitas 0,84. Sedangkan kesejahteraan diukur menggunakan instrumen PERMA – *Profile Measure* dengan reliabilitas 0,88. Teknik sampel yang digunakan adalah teknik *accidental sampling*. Teknik analisis data yang digunakan adalah teknik analisis *pearson* untuk mengetahui interkorelasi antara stres pengasuhan, kepuasan pernikahan, dan kesejahteraan orang tua dengan anak *autism spectrum disorder* (ASD) di Kota Palembang. Hasil penelitian menunjukkan bahwa terdapat korelasi antara kepuasan pernikahan dan kesejahteraan, serta stres pengasuhan dan kepuasan pernikahan (Sig <0,05).

**Kata kunci:** stres pengasuhan, kepuasan pernikahan, kesejahteraan orang tua

## ABSTRACT

**Lady Pricelly Rais (1800963).** *The Intercorrelation Of Parenting Stress, Marital Satisfaction, and Well-Being On Parents Of Autism Spectrum Disorder Children's in Palembang City.* Essay. Department of Psychology, Faculty of Education, Indonesian University of Education. Bandung (2022).

*This research was conducted with the aim of testing the intercorrelation of parenting stress, marital satisfaction, and well-being on parents of autism spectrum disorder children's in Palembang City. Respondents (N=191) are parents with autism spectrum disorder child, which fill out a questionnaire that has been adapted to Indonesian, that is Parenting Stress Scale: Autism (PSS:A) for parenting stress section with a reliability of 0.96, Enrich Marital Satisfaction (EMS) for marital satisfaction section with a reliability of 0.84, and PERMA- Profile Measure for well-being with a reliability of 0.88. The sampling technique used is accidental sampling technique. The data analysis technique used is Pearson analysis to determine the intercorrelation of parenting stress, marital satisfaction, and well-being on parents of autism spectrum disorder children's in Palembang City. The result indicates there is a correlation between marital satisfaction and well-being, as well as stress parenting and marital satisfaction.*

**Key Word:** *parenting stress, marital satisfaction, well-being*

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