

DAFTAR PUSTAKA

- Ali Mohammad (1992). *Strategi Penelitian Pendidikan*. Angkasa. Bandung.
- Agus Mahendra (1998). *Teori Belajar Dan Pembelajaran Motorik*. IKIP Bandung Press. Bandung.
- Arikunto Suharsimi (1997). *Prosedur Penelitian, suatu pendekatan praktek*. Rineka Cipta. Yogyakarta.
- Azwar, S. (2005). *Penyusunan Skala Psikologi*. Pustaka Pelajar. Yogyakarta.
- Bird, A. M (1986): *Psikologi and Sport Behavior*. Times Mirror/Mosby. St Louis. USA
- Coletta, V.P., Phillips, J.A., & Steinert, J.J. (2007). "Interpreting force concept inventory scores: Normalized gain and SAT scores." *The American Physical Society* 3, 010106, 1-5.
- Cox, Richard H. (1993). *Sport Psychology , Concepts and Aplications*. USA. Wm.C.Brown Publishers.
- Cowlin, Cecil M. (1992). *Swimming, Into the 21 st Century*. USA: Leisure Press.
- Faisal , Sanafiah. (1982). *Metedologi penelitian pendidikan*. Surabaya: Usaha Nasional.
- Fasikhah, S.S. (1994). *Peranan Kompetensi Sosial Pada T.L Koping Remaja Akhir. Tesis*. Yogyakarta. Program P.S UGM Yogyakarta.
- Fraenkel, J.R. and Wallen, N. E. (1993) *How to design and evaluate research*. M. Graw-Hill international Edition.
- Furqon. (1997). *Statistika Terapan untuk Penelitian*. Bandung: Alfabeta.
- Gerungan. (2004) *psikologi social*. Bandung: PT Refika Aditama.
- Guilford, J.P and Fruchter, B. (1978). *Fundamental Statistica in Psychology and Education*. Tokyo. Mcgraw – Hill Kogasukha Ltd.
- Gunarasa S. D. (1997). *Dasar Dan Teori Perkermbangan Anak*. Jakarta: gunung Mulia.

- Hagerman, Gene R. (1987). *Efficiency Swimming*. USA: Simultawously.
- Kerlinger, Fred N. (1992). *Asas-asas Penelitian Behavioral*. Yogyakarta. Gajah Mada University Press
- Humara, M. (1999). *The Relationship Between Anxiety and Performance: ACognitive-Behavioral Perspective*. www.athleticinsight.com/vol.2/issue_2/1999. retrieved 2008
- Hurlock, EB. (2000). *Development Psychology: A Life Span Approach*. 5th Edition. New York: Mcgraw – Hill Kogakusha Ltd.
- Kirkendal, Dopn R. et al. (1987). *Measurenmet and evaluation for psysical Educaiors* . USA. W.m.C.Brown.
- Maglischo, Ernest. (1982). *Swimming Faster*. California: Mayfield Publishing Company.
- Nasution. (2000). *Didaktik Asas-asas Mengajar*. Jakarta: Bumi Askara.
- Satriadarma, Monty P. (2000). *Dasar-dasar Psikologi Olahraga*. Jakarta. Pustaka Sinar Harapan.
- Rahmat, J. (2000). *Psikologi Agama*. Jakarta. Raja Grafindo Persada.
- (2005). *Psikologi Komunikasi*. Bandung: Remaja Rosdakarya
- Riduwan (2008). *Metode dan Teknik Menyusun Tesis*. Alfabeta. Bandung.
- Safaria dan Saputra (2009). *Manajemen EMOSI*. Sinar Grafika Offset. PT Bumi Aksara. Jakarta.
- Singgih Santoso. (2001). *Buku Latihan Statistik Parametrik*. Jakarta: Elex Media Komputindo
- Sugiyono. (1999). *Statistika Untuk Penelitian*. Bandung: Alfa Beta
- Sudjana. (1996). *Metode Statistika*. Bandung: Tarsito
- Sukardi (2003). *Metodologi Penelitian Pendidikan*. Bumi Aksara. Yogyakarta.
- Trochim, William M.K. (2000). *Social Research, The Research Methode Knowledge Base*. The Departement of Policy Analysis and Management at Cornel University Atomic Dog Publishing.

Weinberg & Gould. (1995) *Foundations of sport and Exercise Psychology*.USA. Human Kinetics.

Yukelson, D., (—). *Teaching Athletes Visualization and Mental Imagery Skills*. Unknown.

Youth First Magazine. (—). *Dealing with Over Arousal; Three Techniques to Reduce Over Arousal*. Volume 1 series 4.

