

**SUBJECTIVE WELL-BEING GURU PENDIDIKAN ANAK
USIA DINI SWADAYA MASYARAKAT
DI KABUPATEN CIANJUR**

Tesis

Diajukan untuk Memenuhi sebagian dari Syarat untuk Memperoleh Gelar
Magister Pendidikan dalam Bidang Psikologi Pendidikan



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**PROGRAM STUDI PSIKOLOGI PENDIDIKAN
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USIA DINI SWADAYA MASYARAKAT DI KABUPATEN
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Dengan ini saya menyatakan bahwa tesis disertasi dengan judul " *Subjective Well-Being Guru Pendidikan Anak Usia Dini Swadaya Masyarakat di Kabupaten Cianjur*" ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung risiko/sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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KATA PENGANTAR

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Tesis dengan judul " *Subjective Well-Being Guru Pendidikan Anak Usia Dini Swadaya Masyarakat di Kabupaten Cianjur*" ini disusun untuk memenuhi syarat kelulusan dan untuk memperoleh gelar Magister Pendidikan dalam bidang Psikologi Pendidikan di Universitas Pendidikan Indonesia. Adapun laporan tesis ini terdiri dari lima bab. Bab I membahas tentang latar belakang penelitian, pertanyaan penelitian, tujuan penelitian, manfaat penelitian dan struktur organisasi tesis. Bab II membahas mengenai kajian teori tentang definisi *well-being*, *subjective well being*, makna kebahagiaan, makna kepuasan hidup, perspektif eudaimonic dalam kesejahteraan subjektif, kebersyukuran, spiritualitas, dan sekolah swadaya. Bab III membahas tentang desain penelitian, partisipan dan lokasi penelitian, fokus penelitian, prosedur penelitian, pengumpulan data, analisis data, validitas penelitian (triangulasi dan refleksi peneliti) dan isu etik dalam penelitian. Bab IV membahas tentang temuan dan pembahasan, bab ini menjelaskan tentang temuan dari penelitian yang telah dilakukan. Lalu pembahasan dinarasikan berdasarkan tema-tema yang muncul dari proses koding dan analisis data. Bab V membahas tentang simpulan yang berisi penafsiran dari hasil temuan penelitian dan rekomendasi penelitian yang akan memberikan rekomendasi untuk pihak-pihak terkait.

Penulis sangat menyadari bahwa penulisan tesis ini masih jauh dari kata sempurna. Oleh karena itu, besar harapan penulis sangat terbuka dengan kritik dan saran yang sifatnya membangun demi menyempurnakan penulisan tesis ini.

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ABSTRAK

Agung Alamsyah. 2002276. *Subjective Well-Being Guru Pendidikan Anak Usia Dini Swadaya Masyarakat di Kabupaten Cianjur*. Program Studi Psikologi Pendidikan. Sekolah Pascasarjana Universitas Pendidikan Indonesia. Pembimbing, Prof. Dr. Juntika Nurihsan, M.Pd. dan Dr. Tina Hayati Dahlan, S.Psi., M.Pd. Psikolog.

Penelitian ini bertujuan untuk mengeksplorasi kesejahteraan subjektif (*subjective Well-being*) guru pendidikan anak usia dini yang berada di pedesaan dengan swadaya masyarakat. Dalam penelitian ini persepsi partisipan merupakan bagian utama untuk menjawab kesejahteraan subjektif guru pendidikan anak usia dini. Penelitian ini menggunakan pendekatan kualitatif dengan metode fenomenologi. Hasil penelitian ini memunculkan argumen utama yaitu kebahagiaan dan kepuasan hidup guru pendidikan anak usia dini berdasarkan penghayatan regulasi diri masing-masing partisipan. Analisis dan pembahasan berdasarkan analisis interaktif yang menghasilkan lima tema besar. Pertama sepenggal kisah partisipan guru pendidikan anak usia dini dalam memutuskan untuk menjalankan profesi mulianya. Kedua, pengalaman guru pendidikan anak usia dini swadaya masyarakat. Ketiga, alasan yang mendasari dan sumber kekuatan guru PAUD. Keempat, *Virtues* dalam diri guru pendidikan anak usia dini. Kelima, *prophetic nurturing* dari Indah.

Kata Kunci: kesejahteraan subjektif (*subjective well-being*), guru pendidikan anak usia dini, daerah pedesaan

ABSTRACT

Agung Alamsyah. 2002276. Subjective Well-Being of Early Childhood Education Teacher "Swadaya" in Cianjur Regency. Educational Psychology Program. School of Postgraduate Studies. Universitas Pendidikan Indonesia. Supervisors, Prof. Dr. Juntika Nurihsan, M.Pd. and Dr. Tina Hayati Dahlan, S.Psi., M.Pd. Psikolog.

This study aims to explore the subjective well-being of early childhood education teachers in rural areas with community self-help. In this study, the perception of participants is the main part to answer the subjective welfare of early childhood education teachers. This study uses a qualitative approach with phenomenological methods. The results of this study raise the main argument, namely the happiness and life satisfaction of early childhood education teachers based on the appreciation of the self-regulation of each participant. The analysis and discussion are based on interactive analysis that produces five major themes. First, a piece of the story of the participants of early childhood education teachers in deciding to carry out their noble profession. Second, is the experience of self-help early childhood education teachers. Third, the underlying reasons and sources of strength for PAUD teachers. Fourth, *Virtues* in early childhood education teachers. Fifth, prophetic nurturing from Indah.

Keywords: subjective well-being, early childhood education teacher, rural area

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