

**PEMBINAAN DAN PENGEMBANGAN ATLET ELITE DALAM
PENCAPAIAN PRESTASI: STUDI KASUS PELATNAS PBSI**

DISERTASI

diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar
Doktoral pada Program Studi Pendidikan Olahraga



oleh

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PROGRAM STUDI
PENDIDIKAN OLAHRAGA
SEKOLAH PASCASARJANA
UNIVERSITAS PENDIDIKAN INDONESIA
2022

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S.Si., M.Pd. UPI Bandung, 2022

Sebuah Disertasi diajukan untuk memenuhi sebagian syarat untuk memperoleh
gelar Doktorat pada Program Studi Pendidikan Olahraga

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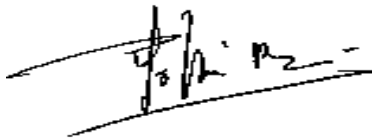
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LEMBAR PERNYATAAN

Dengan ini saya menyatakan bahwa disertasi dengan judul “Pembinaan dan Pengembangan Atlet Elite dalam Pencapaian Prestasi: Studi Kasus Pelatnas PBSI” ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini saya menanggung risiko/sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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Bandung, Juli 2022

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ABSTRAK

PEMBINAAN DAN PENGEMBANGAN ATLET ELITE DALAM PENCAPAIAN PRESTASI: STUDI KASUS PELATNAS PBSI

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Prof. Dr. H. Amung Ma'Mun, M.Pd.

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Kesesuaian regulasi yang disertai keterkaitan rangkaian jalur pembinaan dan pengembangan atlet elite dalam pencapaian prestasi menjadi kunci utama terciptanya keberhasilan sebagai prestise negara. Terutama kondisi ini berhubungan erat dengan fluktuasi raihan prestasi pada cabang olahraga bulu tangkis di kompetisi internasional. Pelatnas PBSI sebagai program pelatihan secara terpadu, berjenjang, dan berkelanjutan untuk optimalisasi performa tinggi dalam meningkatkan pencapaian prestasi atlet elite. Tujuan penelitian ini, yaitu untuk mengeksplorasi keterkaitan jalur utama dari pilar-pilar keberhasilan pencapaian prestasi internasional. Pendekatan kualitatif dengan desain studi kasus dipilih dalam penelitian ini. Observasi, wawancara semi terstruktur, dan analisis dokumen digunakan dalam pengumpulan data. Akademisi, atlet elite, dan pelatih merupakan partisipan dalam penelitian ini. Temuan menunjukkan bahwa interelasi sejumlah pilar dalam pola hubungan yang kompleks, yakni untuk mengintegrasikan rangkaian jalur pembinaan dan pengembangan atlet elite diperlukan perpaduan pilar konteks, proses, dan spesifik sebagai keberhasilan di kompetisi internasional. Implikasi dalam penelitian ini, pemerintah dapat mengembangkan strategi kebijakan pembinaan dan pengembangan olahraga elite (bulu tangkis) sebagai *role model*, desain besar, dan komoditi investasi jangka panjang yang sistematis, efisien, terukur, dan berkelanjutan.

Kata Kunci: Atlet Elite, Keberhasilan, Kebijakan Olahraga, Pembinaan dan Pengembangan, Prestasi

ABSTRACT

ELITE SPORT DEVELOPMENT IN ACHIEVEMENTS: A CASE STUDY PELATNAS PBSI

Adi Rahadian

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Regulatory compliance is accompanied by the linkage of a series of pathways for coaching and developing elite athletes in achieving achievements, which is the main key to creating success as a country's prestige. In particular, this condition is closely related to fluctuations in achievement in badminton in international competitions. Pelatnas PBSI as an integrated, tiered, and sustainable training program for optimizing high performance in improving the achievement of elite athletes. The purpose of this study is to explore the linkages of the main pathways of the pillars of successful international achievement. A qualitative approach with a case study design was chosen in this study. Observation, semi-structured interview, and document analysis were used in data collection. Academics, elite athletes, and coaches were participants in this study. The findings show that the interrelation of a number of pillars in a complex relationship pattern, namely to integrate a series of coaching and development pathways for elite athletes requires a combination of contextual, processual, and specification pillars for success in international competitions. The implication of this research is that the government can develop a policy strategy for coaching and developing elite sports (badminton) as a role model, grand design, and long-term investment commodity that is systematic, efficient, measurable, and sustainable.

Keywords: Elite Athletes, Success, Sports Policy, Sport Development, Achievement

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