

**PENGARUH STRATEGI PEMBELAJARAN *Predict- Discuss I- Explain I-
Observe- Discuss II- Explain II* (PDEODE) TERHADAP BEBAN KOGNITIF
DAN KEMAMPUAN PEMECAHAN MASALAH SISWA SMA PADA
MATERI SISTEM EKSRESI**

SKRIPSI

*Diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar Sarjana
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disusun oleh :

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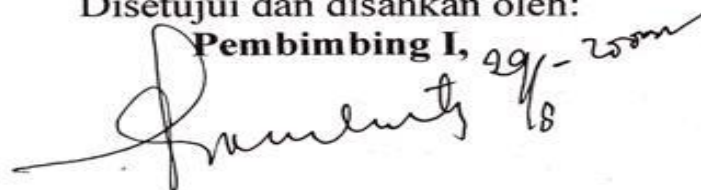
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NUR'AENI PRATIWI**

**PENGARUH STRATEGI PEMBELAJARAN
*Predict- Discuss I- Explain I- Observe- Discuss II-
Explain II* PDEODE TERHADAP BEBAN
KOGNITIF DAN KEMAMPUAN PEMECAHAN
MASALAH SISWA SMA PADA MATERI SISTEM
EKSKRESI**

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ABSTRAK

Penelitian ini berjudul pengaruh strategi pembelajaran *Predict-Discuss I-Explain I-Observe-Discuss II-Explain II* (PDEODE) terhadap beban kognitif dan kemampuan pemecahan masalah siswa SMA pada materi sistem ekskresi. Tujuan penelitian ini adalah untuk menganalisis pengaruh strategi pembelajaran *Predict-Discuss I-Explain I-Observe-Discuss II-Explain II* (PDEODE) terhadap beban kognitif dan kemampuan pemecahan masalah siswa SMA pada materi sistem ekskresi. Desain penelitian ini menggunakan *non-equivalent control group design* dengan subjek penelitian adalah siswa SMA kelas XI IPA yang terdiri dari kelas eksperimen yang menggunakan strategi pembelajaran PDEODE dan kelas kontrol yang menggunakan pembelajaran konvensional yaitu diskusi dan presentasi. Instrumen penelitian yang digunakan untuk beban kognitif (*intrinsic cognitive load, extraneous cognitive load* dan *germane cognitive load*) berupa kuesioner *Subjective Rating Scale*, sementara untuk kemampuan pemecahan masalah digunakan soal tes berupa soal uraian dan angket respon siswa serta lembar observasi keterlaksanaan penerapan strategi pembelajaran PDEODE. Berdasarkan instrumen penelitian didapatkan data hasil penelitian bahwa tidak terdapat beban kognitif baik pada kelas eksperimen maupun kelas kontrol sementara untuk kemampuan pemecahan masalah baik kelas eksperimen maupun kelas kontrol tidak berbeda signifikan. Namun, tidak terdapat korelasi antara GCL dengan hasil kemampuan pemecahan masalah. Hasil respon siswa setelah pembelajaran dengan strategi PDEODE sangat positif. Berdasarkan data hasil penelitian tersebut dapat disimpulkan bahwa strategi pembelajaran PDEODE tidak berpengaruh terhadap beban kognitif dan kemampuan pemecahan masalah pada materi sistem ekskresi.

Kata kunci : Strategi pembelajaran PDEODE, beban kognitif, dan kemampuan pemecahan masalah.

ABSTRACT

This study is entitled the application of the Predict-Discuss I-Explain I-Observe-Discuss II-Explain II (PDEODE) learning strategy to the cognitive load and problem-solving ability of high school students on the excretory system material. The purpose of this study is to obtain information about the effect of the application of the Predict-Discuss I-Explain I-Observe-Discuss II-Explain II (PDEODE) learning strategy on the cognitive load and problem-solving ability of high school students on the excretory system material. The design of this study used a non-equivalent control group design with the research subjects being high school students of class XI science consisting of experimental classes and control classes. The research instruments used for cognitive load (intrinsic cognitive load, extraneous cognitive load and germane cognitive load) are in the form of a Subjective Rating Scale questionnaire, while for problem solving ability, test questions are used in the form of description questions and to obtain information about obstacles obtained from student response questionnaires and observation sheets for the implementation of PDEODE learning strategies. Based on the research instruments, data from the study obtained that there was no cognitive load in both the experimental class and the control class while for problem-solving ability, both the experimental class and the control class did not differ significantly. However, there is no correlation between the GCL and the results of the problem-solving ability. The results of student responses after learning with the PDEODE strategy are very positive. Based on the data from the study, it can be concluded that the PDEODE learning strategy has no effect on cognitive load and problem-solving ability in the excretory system material.

Key word: PDEODE learning strategies, cognitive load, and problem-solving ability.

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PENGARUH STRATEGI PEMBELAJARAN PREDICT-DISCUSS I-EXPLAIN I-OBSERVE- DISCUSS II-EXPLAIN II (PDEODE) TERHADAP BEBAN KOGNITIF DAN KEMAMPUAN PEMECAHAN MASALAH SISWA SMA PADA MATERI SISTEM EKSRESI

DAFTAR ISI

PENGARUH STRATEGI PEMBELAJARAN <i>Predict- Discuss I- Explain I- Observe-Discuss II- Explain II</i> (PDEODE) TERHADAP BEBAN KOGNITIF DAN KEMAMPUAN PEMECAHAN MASALAH SISWA SMA PADA MATERI SISTEM EKSKRESI	Error! Bookmark not defined.
LEMBAR PENGESAHAN	Error! Bookmark not defined.
PERNYATAAN ANTI PLAGIARISME	Error! Bookmark not defined.
KATA PENGANTAR	Error! Bookmark not defined.
UCAPAN TERIMA KASIH.....	Error! Bookmark not defined.
ABSTRAK.....	Error! Bookmark not defined.
ABSTRACT.....	Error! Bookmark not defined.
DAFTAR ISI.....	Error! Bookmark not defined.
DAFTAR GAMBAR	Error! Bookmark not defined.
DAFTAR TABEL.....	Error! Bookmark not defined.
DAFTAR LAMPIRAN.....	Error! Bookmark not defined.
BAB I.....	Error! Bookmark not defined.
PENDAHULUAN	Error! Bookmark not defined.
A. Latar Belakang	Error! Bookmark not defined.
B. Rumusan Masalah	Error! Bookmark not defined.
C. Batasan Masalah.....	Error! Bookmark not defined.
D. Tujuan Penelitian.....	Error! Bookmark not defined.
E. Manfaat Penelitian.....	Error! Bookmark not defined.
F. Hipotesis Penelitian	Error! Bookmark not defined.
G. Struktur Organisasi Skripsi	Error! Bookmark not defined.
BAB II.....	Error! Bookmark not defined.
STRATEGI PEMBELAJARAN PDEODE (PREDICT-DISCUSS I-EXPLAIN I-OBSERVE-DISCUSS II-EXPLAIN II), BEBAN KOGNITIF, KEMAMPUAN PEMECAHAN MASALAH DAN SISTEM EKSKRESI.....	Error! Bookmark not defined.
A. Strategi Pembelajaran PDEODE.....	Error! Bookmark not defined.
B. Beban Kognitif	Error! Bookmark not defined.
C. Kemampuan Pemecahan Masalah.....	Error! Bookmark not defined.
D. Sistem Ekskresi	Error! Bookmark not defined.
BAB III	Error! Bookmark not defined.

METODE PENELITIAN.....	Error! Bookmark not defined.
A. Definisi Operasional.....	Error! Bookmark not defined.
B. Subjek Penelitian.....	Error! Bookmark not defined.
C. Metode dan Desain Penelitian.....	Error! Bookmark not defined.
D. Instrumen Penelitian.....	Error! Bookmark not defined.
E. Prosedur Penelitian.....	Error! Bookmark not defined.
F. Analisis Data.....	Error! Bookmark not defined.
TEMUAN DAN PEMBAHASAN	Error! Bookmark not defined.
A. Temuan.....	Error! Bookmark not defined.
B. Pembahasan.....	Error! Bookmark not defined.
BAB V	Error! Bookmark not defined.
SIMPULAN, IMPLIKASI DAN REKOMENDASIError! Bookmark not defined.	
A. Simpulan.....	Error! Bookmark not defined.
B. Implikasi.....	Error! Bookmark not defined.
C. Rekomendasi	Error! Bookmark not defined.
DAFTAR PUSTAKA	Error! Bookmark not defined.

ABSTRAK	iv
ABSTRACT	v
DAFTAR ISI.....	6
DAFTAR PUSTAKA.....	8

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Nur'aeni Pratiwi, 2022

PENGARUH STRATEGI PEMBELAJARAN PREDICT-DISCUSS I-EXPLAIN I-OBSERVE- DISCUSS II-EXPLAIN II (PDEODE) TERHADAP BEBAN KOGNITIF DAN KEMAMPUAN PEMECAHAN MASALAH SISWA SMA PADA MATERI SISTEM EKSKRESI

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PENGARUH STRATEGI PEMBELAJARAN PREDICT-DISCUSS I-EXPLAIN I-OBSERVE- DISCUSS II-EXPLAIN II (PDEODE) TERHADAP BEBAN KOGNITIF DAN KEMAMPUAN PEMECAHAN MASALAH SISWA SMA PADA MATERI SISTEM EKSKRESI

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