

**DINAMIKA *SELF-REGULATED LEARNING*
SISWA SEKOLAH MENENGAH ATAS KOTA BANDUNG
PADA MASA *POST-COVID-19***

TESIS

Diajukan untuk memenuhi sebagian dari syarat memperoleh gelar Magister Pendidikan
dalam Bidang Psikologi Pendidikan



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**PROGRAM STUDI PSIKOLOGI PENDIDIKAN
SEKOLAH PASCASARJANA
UNIVERSITAS PENDIDIKAN INDONESIA
2022**

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Sebuah tesis yang diajukan untuk memenuhi salah satu syarat memperoleh gelar
Magister Pendidikan (M.Pd.) pada Sekolah Pascasarjana
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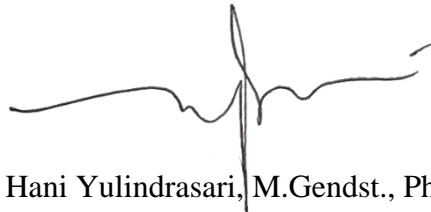
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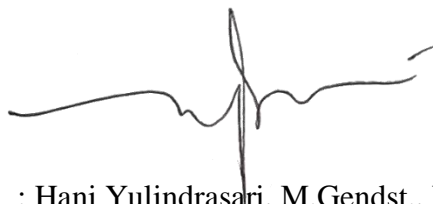


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Dengan ini saya menyatakan bahwa tesis disertasi dengan judul “*Dinamika Self-Regulated Learning Siswa Sekolah Menengah Atas Kota Bandung pada Masa Post-Covid-19*” ini beserta seluruh isinya adalah benar – benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara – cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung risiko / sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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KATA PENGANTAR

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Tesis yang berjudul “Dinamika *Self-Regulated Learning* Siswa Sekolah Menengah Atas Kota Bandung pada Masa *Post-Covid-19*” ini diuraikan dalam laporan penelitian dengan struktur organisasi komponen tesis yang terdiri dari 5 bab. Bab I Pendahuluan, merupakan bab pengenalan, mendeskripsikan tentang latar belakang penelitian, rumusan masalah penelitian, tujuan penelitian, manfaat penelitian, dan struktur organisasi tesis. Bab II Tinjauan pustaka, merupakan penjelasan mengenai konteks topik atau permasalahan yang diangkat dalam penelitian. Pada bagian ini teori yang dipaparkan adalah *self-regulated learning* dan karakteristik remaja akhir yaitu siswa sekolah menengah atas. Bab III Metode penelitian, merupakan bagian yang mengarahkan pembaca untuk mengetahui alur penelitian, desain penelitian, partisipan, fokus, teknik pengumpulan, dan analisis, serta kredibilitas, hingga isu etik dalam penelitian. Bab IV Hasil dan pembahasan, merupakan bagian yang berisikan hasil temuan dari penelitian ini serta pembahasan menggunakan analisis berdasarkan teori tertentu. Bab V Simpulan dan rekomendasi, merupakan bagian yang terdiri dari kesimpulan tesis serta rekomendasi untuk penelitian selanjutnya.

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ABSTRAK

Pada masa *post-covid-19*, siswa masih perlu beradaptasi terhadap pembelajaran yang mereka hadapi, termasuk dalam mengatur pembelajarannya seperti mengatur kegiatan dan perilaku belajar dengan strategi tertentu agar mencapai tujuan. *Self-Regulated Learning (SRL)* mendukung proses ini. Penelitian ini bertujuan untuk mengeksplorasi dinamika *Self-Regulated Learning* siswa sekolah menengah atas pada masa pembelajaran *post-Covid-19*. Penelitian ini merupakan penelitian eksplorasi dengan pendekatan kualitatif. Teknik pengumpulan data pada penelitian ini menggunakan wawancara yaitu *focus group interviews* dan *in-depth interview*. Penelitian ini menemukan jika selama pembelajaran *post-covid-19* siswa dapat menentukan tujuan belajarnya karena telah memiliki pemahaman yang meningkat, sehingga saat siswa belajar mandiri di rumah mereka dapat mengatur strategi belajarnya dan mendapatkan kepuasan saat belajar mandiri. Selain itu, siswa yang menunda pekerjaan tetap bisa mengatur pembelajarannya agar tujuan belajarnya tetap tercapai, sehingga menunda pekerjaan tugas ini merupakan salah satu bagian dari strategi dalam *SRL* karena mereka menunda untuk mengumpulkan energi dan waktu sebelum melakukan belajar mandiri.

Keywords: *Self-regulated learning*, siswa sekolah menengah atas, *post-covid-19*

ABSTRACT

In the post-covid-19 period, students still need to adapt to the new learning condition, including in regulating their learning such as regulating learning activities and behavior with certain strategies in order to achieve goals. Self-Regulated Learning (SRL) supports this process. This study aims to explore the dynamics of Self-Regulated Learning of high school students during the post-Covid-19 learning period. This research is exploratory research with a qualitative approach. Data collection techniques in this study used two types of interviews, there are focus group interviews and in-depth interviews. This study found that during post-covid-19 learning students can determine their learning goals because they have an increasing understanding students' knowledge during in class, therefore students can set learning strategies and get satisfaction when studying independently during this post-covid-19 learning atmosphere. In addition, students who procrastinate the task can still manage their learning and their learning goals are still achieved, therefore procrastinating the assignment is one of the strategies in SRL because they postpone to accumulate energy and time before doing the study.

Keywords: Self-regulated learning, high school students, post-covid-19

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