

**HUBUNGAN KECERDASAN EMOSIONAL DENGAN RAIHAN PRESTASI ATLET
WANITA**

TESIS

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Memperoleh Gelar Magister Pendidikan
Program Studi Pendidikan Olahraga Sekolah Pascasarjana



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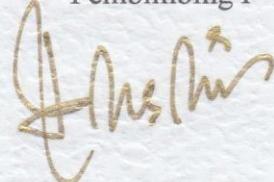
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Hubungan Antara Kecerdasan Emosional dengan Raihan Prestasi Atlet Wanita

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara kecerdasan emosional dengan Raihan prestasi atlet menembak wanita, selain itu dalam penelitian ini ingin mengetahui apakah terdapat hubungan antara komponen kecerdasan emosional dengan hasil Raihan prestasi atlet menembak wanita. Dan untuk mengetahui komponen kecerdasan emosional yang memiliki hubungan paling signifikan. Metode penelitian yang digunakan dalam penelitian ini adalah deskriptif kuantitatif dengan pendekatan korelasi. Pengumpulan data digunakan menggunakan instrument berupa kuesiones EIS atau *Emotional Intellegence Scale*. Sampel dalam penelitian ini menggunakan atlet menembak wanita yang telah mengikuti Pekan Olahraga Nasional (PON) XX Papua. Sampel berjumlah 8 orang dengan Teknik pengambilan sampel menggunakan purposive sampling. Hasil penelitian menunjukkan terdapat 4 komponen kecerdasan emosional yang memiliki hubungan yang signifikan dan 2 komponen yang tidak memiliki hubungan. Komponen yang memiliki hubungan dengan Raihan prestasi diantaranya kesadaran diri, regulasi diri, motivasi dan penerimaan emosi, sedangkan 2 komponen lainnya, empati dan keterampilan sosial tidak memiliki hubungan yang signifikan dengan Raihan prestasi atlet menembak wanita.

Kata Kunci : Kecerdasan Emosional, Raihan Prestasi, Olahraga menembak, atlet wanita

The Relationship Between Emotional Intelligence and Achieve Pretation of Female Athletes

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ABSTRACT

This study aims to find out the relationship between emotional intelligence and achievement of female shooting athletes, in addition, in this study wanted to find out if there are the most significant components of intelligence that are related to women. The research methods used in this study are descriptively quantitative with a correlation approach. Data collection is used using instruments such as EIS or Emotional Intellegence Scale cookies. The samples in this study used female shooting athletes who had participated in the National Sports Week (PON) XX Papua. The sample numbered 8 people with sampling techniques using purposive sampling. The results showed that there are 4 components of emotional intelligence that have significant relationships and 2 components that do not have relationships. Components that have a relationship with achievement include self-awareness, self-regulation, motivation and acceptance of emotions, while the other 2 components, empathy and social skills do not have a significant relationship with the achievements of female shooting athletes.

Keywords: Emotional Intelligence, Achievement, Sports shooting, female athletes.

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