

**PERSPEKTIF GURU HONORER TAHAP PERKEMBANGAN DEWASA
AWAL MENGENAI SYUKUR PADA KEHIDUPAN SEHARI-HARI**

SKRIPSI

Diajukan untuk memenuhi sebagian syarat dalam memperoleh gelar Sarjana
Pendidikan dalam Bidang Ilmu Bimbingan dan Konseling



oleh

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PROGRAM STUDI SARJANA BIMBINGAN DAN KONSELING

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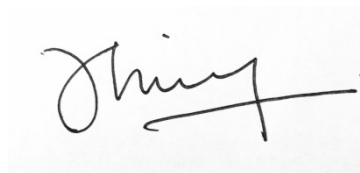
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ABSTRAK

Anggi Dwi Nugrahestianti. 1702463. (2022). Perspektif Guru Honorer Tahap Perkembangan Dewasa Awal Mengenai Syukur Pada Kehidupan Sehari-hari.

Syukur merupakan sebuah respon yang hadir ketika individu diberi bantuan atau manfaat yang membuat dirinya merasa lebih baik dari kondisi sebelumnya. Syukur dalam kehidupan sehari-hari dianggap sebagai sebuah sifat afektif, emosi, atau suasana hati, namun seringkali luput dari benak kita. Penelitian ini kemudian dikembangkan dengan tujuan untuk mengetahui bagaimana perspektif orang dewasa awal mengenai syukur dan bagaimana mereka memaknai syukur dalam kehidupan sehari-hari. Orang dewasa awal dipilih sebagai partisipan penelitian dengan pertimbangan bahwa masa dewasa awal merupakan tahap yang cukup sulit, karena pada masa ini individu dituntut untuk beradaptasi dan melakukan berbagai pengaturan untuk bekal di masa yang akan datang. Penelitian ini dikembangkan dengan pendekatan kualitatif metode studi kasus pada guru honorer lama dan baru di SMPN 1 Jalaksana. Berdasarkan hasil dari penelitian, diketahui bahwa guru honorer lama dan baru di SMPN 1 Jalaksana memiliki kedua perspektif mengenai syukur yang berbeda, meskipun tidak secara signifikan. Perbedaan ini disebabkan oleh jenis kelamin., status, dan usia kedua partisipan penelitian. Meskipun begitu, perspektif syukur yang dimiliki oleh kedua partisipan penelitian menunjukkan bahwa perspektif syukur tersebut sesuai dengan indikator tingkah laku bersyukur orang Indonesia, di mana syukur selalu berkaitan dengan hal-hal religius dan jarang dipandang secara sekuler.

Kata kunci: dewasa awal, kualitatif, studi kasus, syukur.

ABSTRACT

Anggi Dwi Nugrahestianti. 1702463. (2022). *Adulthood Honorary Teachers' Perspective Towards Gratitude in Daily Life.*

Gratitude is a response that appears when an individual given helps or advantages that make them feeling better than their previous condition. Gratitude in everyday life is considered as a n affective trait, emotion or mood, but it often forgotten in our minds. This research then developed with the aim of knowing how is an early adulthood person's perspective about gratitude and how they interpret it in everyday life. An early adulthood person chosen as a research subjects with a consideration that early adulthood is quite a difficult stage, because on this stage individuals are required to adapt and make various settings for future life. This research was developed with qualitative approach case study method on old and new honorary teachers in Junior High School 1 Jalaksana. According to the research's results, it's known that old and new honorary teachers in Junior High School 1 Jalaksana has a different perspective about gratitude, although not significantly different. This difference caused by gender, status, and age of the two research subjects. Even so, the perspective of gratitude shared by the two research subjects shows that their perspective held in accordance with gratitude indicators of Indonesians, where gratitude is always related to religious things and rarely seen with secular way.

Keywords: case study, early adulthood, gratitude, qualitative.

DAFTAR ISI

LEMBAR HAK CIPTA.....	2
LEMBAR PENGESAHAN	i2
PERNYATAAN KEASLIAN SKRIPSI.....	Error! Bookmark not defined.
KATA PENGANTAR.....	Error! Bookmark not defined.
UCAPAN TERIMA KASIH	Error! Bookmark not defined.
ABSTRAK	4
ABSTRACT	5
DAFTAR ISI.....	6
DAFTAR TABEL	Error! Bookmark not defined.
DAFTAR GAMBAR.....	Error! Bookmark not defined.
DAFTAR LAMPIRAN	Error! Bookmark not defined.
BAB I PENDAHULUAN.....	Error! Bookmark not defined.
BAB II KAJIAN PUSTAKA	Error! Bookmark not defined.
2.1 Konsep Dasar Masa Dewasa Awal.....	Error! Bookmark not defined.
2.1.1 Pengertian Masa Dewasa & Masa Dewasa Awal .	Error! Bookmark not defined.
2.1.2 Ciri Masa Dewasa Awal.....	Error! Bookmark not defined.
2.1.3 Tugas Perkembangan Masa Dewasa Awal	Error! Bookmark not defined.
2.2 Konsep Dasar Syukur	Error! Bookmark not defined.
2.2.1 Pengertian Syukur	Error! Bookmark not defined.
2.2.2 Dimensi Syukur.....	Error! Bookmark not defined.
2.2.3 Jenis Syukur	Error! Bookmark not defined.
2.2.4 Faktor Syukur.....	Error! Bookmark not defined.
2.2.5 Manfaat dan Sisi Lain Syukur.....	Error! Bookmark not defined.
2.2.6 Syukur Dalam Lingkungan Kerja	Error! Bookmark not defined.
2.2.7 Pengukuran Syukur	Error! Bookmark not defined.
BAB III METODE PENELITIAN	Error! Bookmark not defined.
3.1 Desain Penelitian	Error! Bookmark not defined.
3.2 Partisipan Penelitian	Error! Bookmark not defined.
3.2.1 Partisipan penelitian 1	Error! Bookmark not defined.
3.2.2 Partisipan penelitian 2	Error! Bookmark not defined.

3.3	Tempat Penelitian.....	Error! Bookmark not defined.
3.4	Definisi Istilah	Error! Bookmark not defined.
3.5	Pengumpulan Data	Error! Bookmark not defined.
3.5.1	Wawancara.....	Error! Bookmark not defined.
3.5.2	Observasi.....	Error! Bookmark not defined.
3.6	Analisis Data	Error! Bookmark not defined.
3.7	Validasi Temuan.....	Error! Bookmark not defined.
3.8	Prosedur Penelitian.....	Error! Bookmark not defined.
3.9	Isu Etik	Error! Bookmark not defined.
BAB IV TEMUAN PENELITIAN DAN PEMBAHASAN		Error! Bookmark not defined.
4.1	Keterkaitan Antara Syukur Dengan Pemberian Manfaat Dari Orang Lain dan Nikmat Yang Dirasakan	Error! Bookmark not defined.
4.2	Perbedaan Perspektif Syukur serta Faktor Penyebabnya Pada Kedua Partisipan penelitian	Error! Bookmark not defined.
4.3	Kesesuaian Antara Perspektif Syukur Kedua Partisipan penelitian Dengan Indikator Tingkah Laku Bersyukur Versi Indonesia..	Error! Bookmark not defined.
4.3.1	Keterkaitan Antar Komponen Indikator serta Sisi Lain dari Syukur yang Dirasakan Kedua Partisipan penelitian ..	Error! Bookmark not defined.
4.4	Manfaat Syukur Terhadap Hubungan Intrapersonal dan Interpersonal	Error! Bookmark not defined.
BAB V SIMPULAN DAN REKOMENDASI.....		Error! Bookmark not defined.
5.1	Simpulan.....	Error! Bookmark not defined.
5.2	Rekomendasi	Error! Bookmark not defined.
DAFTAR PUSTAKA		8
LAMPIRAN PENELITIAN		Error! Bookmark not defined.
RIWAYAT HIDUP		Error! Bookmark not defined.

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