

BIMBINGAN KARRIER BERORIENTASI KECAKAPAN ABAD XXI UNTUK
MENGEMBANGKAN KEMAMPUAN ADAPTABILITAS VOKASI
(Penelitian Eksperimen Kuasi di Kelas X SMK Bhakti Mulia Pare, Kabupaten
Kediri Tahun Akademik 2021/2022)

TESIS

diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar Magister
Pendidikan (M.Pd.) Bimbingan dan Konseling



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PROGRAM STUDI BIMBINGAN DAN KONSELING
FAKULTAS ILMU PENDIDIKAN
UNIVERSITAS PENDIDIKAN INDONESIA
2022

Amal Jaya, 2022

*BIMBINGAN KARRIER BERORIENTASI KECAKAPAN ABAD XXI UNTUK MENGEMBANGKAN KEMAMPUAN
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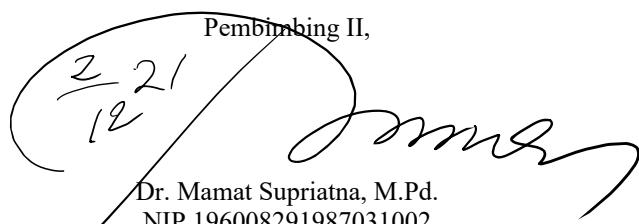
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ABSTRAK

Amal Jaya (2022). Bimbingan Karier Berorientasi Kecakapan Abad XXI untuk Mengembangkan Kemampuan Adaptabilitas Vokasi. (Penelitian Eksperimen Kuasi di Kelas X SMK Bhakti Mulia Pare, Kabupaten Kediri Tahun Akademik 2021/2022).

Tingkat kesalahan pemilihan jurusan di sekolah menengah kejuruan masih tergolong sangat tinggi. Mayoritas siswa sekolah menengah kejuruan mengakui bahwa jurusan studi yang ditempuh tidak sesuai dengan keinginannya dan penanganan kuratif membantu siswa dalam melakukan adaptasi pada dunia vokasi masih minim. Penelitian ini bertujuan mengungkap profil kemampuan adaptabilitas vokasi siswa kelas X di sekolah menengah kejuruan sebagai landasan penyusunan program bimbingan karier berorientasi kecakapan abad XXI. Program yang telah dibuat kemudian diterapkan pada sekolah sasaran yang memiliki kemampuan adaptabilitas vokasi rendah. Kemudian dilanjutkan dengan pengujian efektivitas program melalui *pre-post-test* untuk melihat tingkat keefektifan program. Kajian penelitian ini menggunakan pendekatan kuantitatif dengan metode eksperimen kuasi di mana terdapat dua kelompok subjek yang bertindak sebagai kontrol dan eksperimen. Pengambilan sampel dilakukan dengan menggunakan metode *purposive random sampling*. Data dikumpulkan melalui instrumen adaptabilitas vokasi. Berdasarkan data pengungkapan profil, kemampuan adaptabilitas vokasi siswa kelas X di SMK Bhakti Mulia Pare, Kabupaten Kediri masuk pada kategori rendah sehingga disimpulkan bahwa kemampuan adaptabilitas vokasi yang dimiliki belum optimal. Berdasarkan data tersebut, diperlukan layanan program karier untuk mengembangkan kemampuan adaptabilitas vokasi siswa yakni menggunakan program bimbingan karier berorientasi kecakapan abad XXI. Berdasarkan data angket sebelum dan setelah perlakuan menunjukkan bahwa program bimbingan karier berorientasi kecakapan abad XXI efektif untuk mengembangkan kemampuan adaptabilitas vokasi siswa sekolah menengah kejuruan.

Kata kunci: Bimbingan Karier, Kecakapan Abad XXI, Adaptabilitas Vokasi.

ABSTRACT

Amal Jaya (2022). *Career Guidance Based on 21st Century Skills to Improve Vocational Adaptability. (Quasi-Experiment Research on Career Guidance Program at Class X SMK Bhakti Mulia Pare, Kediri Regency Academic Year 2021/2022).*

The misleading of choosing majors in vocational high schools is still very high, and prevention program in helping to make adaptations to the vocational education is still minimal. Therefore, this study aims to reveal the profile of the vocational adaptability ability of class X in vocational high schools as the basis for fostering guidance programs leading to the 21st century. The program that has been made is then applied to schools that have low vocational adaptability. Then by testing the program's effectiveness through a pre-post-test to see the level of program effectiveness. This research study uses a quantitative approach with a quasi-experimental method in which there are two groups of subjects acting as control and experimenter. Sampling was done by using the purposive random sampling method. Data were collected through the vocational adaptability instrument. Based on profile data, the adaptability of class X students at SMK Bhakti Mulia Pare is in a low category, thus ensuring that their vocational adaptability is not optimal. Based on these data, service programs that are needed for careers develop vocational adaptability skills, namely using career guidance programs to find out.

Keywords: *Career Guidance, 21st Century Skills, Vocational Adaptability.*

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