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**KONTRIBUSI *PARENTAL PSYCHOLOGICAL CONTROL* TERHADAP  
KECEMASAN MATEMATIKA YANG DIMEDIASI OLEH  
*COMPETENCE BASED SELF-ESTEEM*  
SISWA SMA NEGERI KOTA DEPOK**

**SKRIPSI**

Diajukan untuk Memperoleh Gelar Sarjana Psikologi di Program Studi Psikologi  
Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia



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**PROGRAM STUDI PSIKOLOGI  
FAKULTAS ILMU PENDIDIKAN  
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2021**

**Kontribusi *Parental Psychological Control* terhadap Kecemasan Matematika  
yang Dimediasi oleh *Competence Based Self-esteem*  
Siswa SMA Negeri Kota Depok**

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Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar Sarjana Psikologi di Program Studi Psikologi Fakultas Ilmu Pendidikan

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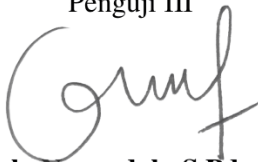
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## ABSTRAK

**Agitha Noor Mailysa (1702554).** Kontribusi *Parental Psychological Control* terhadap Kecemasan Matematika Yang Dimediasi oleh *Competence Based Self-esteem* Siswa SMA Negeri Kota Depok. Skripsi. Program Studi Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia. Bandung. (2021).

Penelitian ini bertujuan untuk mengetahui kontribusi *parental psychological control* terhadap kecemasan matematika yang dimediasi oleh *competence based self-esteem* siswa SMA Negeri di Kota Depok. Penelitian ini menggunakan metode kuantitatif. Sebanyak 660 siswa SMA (220 laki-laki dan 440 perempuan berusia 14-19 tahun) dipilih secara acak. Data penelitian dikumpulkan melalui kuesioner yang berisi informasi demografis, *Dependency-oriented and Achievement-oriented Psychological Control Scale* (DAPCS) ( $\alpha = 0,90$ ) (Soenens, Vansteenkiste, & Luyten (2010), *Competence Based Self-esteem Scale* ( $\alpha = 0,78$ ) (Johnson & Blom, 2007), dan *Scale for Assessing Math Anxiety in Secondary education* (SAMAS) ( $\alpha = 0,93$ ) (Yáñez-Marquina & Villardón-Gallego, 2017). Data dianalisis menggunakan statistik deskriptif, *independent sample t test*, *one-way ANOVA*, dan regresi linier berganda. Hasil analisis regresi menunjukkan bahwa *competence based self-esteem* secara signifikan memediasi kontribusi *parental psychological control* terhadap kecemasan matematika.

**Kata Kunci:** *parental psychological control*; *competence based self-esteem*; kecemasan matematika.

## ABSTRACT

**Agitha Noor Mailysa (1702554).** The Contribution between Parental Psychological Control and Mathematic Anxiety Mediated by Competence Based Self-Esteem. Essay. Department of Psychology, Faculty of Education, Indonesian University of Education. (2021).

The purpose of this study was to examined the contribution between parental psychological control and mathematic anxiety with the mediating effect of competence based self-esteem among senior high school student in Depok. This research using a quantitative methods. 660 senior high school students (220 males and 440 females aged 14-19 years) were randomly selected. In the data collection process, a demographics questionnaire was employed, as well as Dependency-oriented and Achievement-oriented Psychological Control Scale (DAPCS) ( $\alpha = 0,90$ ) (Soenens, Vansteenkiste, & Luyten (2010), Competence Based Self-esteem Scale ( $\alpha = 0,78$ ) (Johnson & Blom, 2007), and Scale for Assessing Math Anxiety in Secondary education (SAMAS) ( $\alpha = 0,93$ ) (Yáñez-Marquina & Villardón-Gallego, 2017). Data were analyzed using descriptive statistics, independent sample t tests, one-way ANOVA, and multiple linear regression. The regression analyses revealed that competence based self-esteem significantly mediates the contribution between parental psychological control and mathematic anxiety.

**Keywords:** parental psychological control; competence based self-esteem; mathematic anxiety.

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