

TABLE OF CONTENTS

PAGE OF APPROVAL	i
STATEMENT OF AUTHORIZATION	ii
PREFACE	iii
ACKNOWLEDGMENTS	iv
ABSTRACT	v
TABLE OF CONTENTS	vi
LIST OF TABLES	ix
LIST OF FIGURES	x
LIST OF APPENDICES	xi
CHAPTER I: INTRODUCTION	1
1.1 Background	1
1.2 Research Questions	3
1.3 Purposes of Research	3
1.4 Scope of the Study	3
1.5 Significance of the Study	4
1.6 Research Methodology	4
1.7 Clarification of Terms	5
1.8 Organization of Paper	5
CHAPTER II: LITERATURE REVIEW	7
2.1 Speaking in Foreign Language	7
2.2 Anxiety and Types of Anxiety	9
2.2.1 Trait Anxiety	10
2.2.2 State Anxiety	10
2.2.3 Situation-Specific Anxiety	10
2.3 Language Anxiety in Foreign Language Classroom	11
2.3.1 Communication Apprehension	11
2.3.2 Test Anxiety	13

2.3.3	Fear of Negative Evaluation	13
2.4	The Causes of Language Anxiety in Foreign Language Classroom	14
2.5	The Factors Cause Language Anxiety in Speaking English	15
2.5.1	Fear of Speaking Class	16
2.5.2	Students' Low Proficiency in Speaking English	16
2.5.3	Fear of Making Mistakes	18
2.5.4	Fear of Negative Evaluation	19
2.5.5	Self-Related Cognition Variations in Individual's "Self-Perceptions"	19
2.6	Language Learning Strategies	20
2.7	Strategies in Overcoming Language Anxiety in Speaking English	22
2.8	Review of Previous Studies	24
2.9	Concluding Remarks	25
CHAPTER III: RESEARCH METHODOLOGY		26
3.1	Research Design	26
3.2	Setting	27
3.3	Participant	27
3.4	Data Collection Methods	28
3.4.1	Questionnaire	28
3.4.2	Interview	29
3.5	Data Analysis	30
3.5.1	Analysis of Data from Questionnaire	31
3.5.2	Analysis of Data from Interview	34
3.6	Concluding Remarks	34
CHAPTER IV: FINDINGS AND DISCUSSION		35
4.1	Language Anxiety Factors in Speaking English	35
4.1.1	Language Anxiety Factors according to Data from Questionnaire ...	35
4.1.2	Language Anxiety Factors according to Data from Interview	38
4.1.2.1	Fear of Speaking in Class	39
4.1.2.2	Students' Low Proficiency in Speaking	42
4.1.2.3	Fear of Making Mistakes	43

4.1.2.4	Fear of Negative Evaluation	44
4.1.2.5	Self-Related Cognition: Variations in Individual’s “Self-Perceptions”	45
4.2	Students’ Strategies in Overcoming Language Anxiety in Speaking English	47
4.2.1	Students’ Strategies in Overcoming Language Anxiety according to Data from Questionnaire	47
4.2.2	Students’ Strategies in Overcoming Language Anxiety in Speaking English according to Data from Interview	50
4.2.2.1	Preparation	50
4.2.2.2	Resignation	52
4.2.2.3	Relaxation	53
4.2.2.4	Positive Thinking	54
4.3	Concluding Remarks	56
CHAPTER V: CONCLUSIONS		57
5.1	Conclusions	57
5.2	Suggestions	58
REFERENCES		60

LIST OF TABLES

Table 2.1 Five Strategy Categories	23
Table 3.1 Likert's Scoring Table	31
Table 3.2 Questionnaire Items of Speaking Anxiety	31
Table 3.3 Foreign Language Classroom Anxiety Scale Following Oetting's Scale	32
Table 3.4 Questionnaire Items of Strategies in Overcoming Language Anxiety in Speaking English	33
Table 4.1 The Interview Participants' Level of Speaking Anxiety Adapted from FLCAS.....	37
Table 4.2 Demographic Information of the Participants.....	39

LIST OF FIGURES

Figure 2.1 Speaking Proficiency and the Components of Communicative Competence.....	17
Figure 4.1 The Results of FLACS.....	36
Figure 4.2 The Results of Kondo & Ying-Ling (2004) Questionnaire	48



LIST OF APPENDICES

APPENDIX A

APPENDIX B

APPENDIX C

APPENDIX D

