

**PENGARUH *SELF-ESTEEM* DAN KETERAMPILAN ATRIBUT LULUSAN
TERHADAP ADAPTABILITAS KARIER MAHASISWA
Studi pada Mahasiswa Tingkat 1 Program S1
Bimbingan dan Konseling Universitas Pendidikan Indonesia
Tahun Akademik 2020/2021**

SKRIPSI

**diajukan untuk memenuhi sebagian syarat memperoleh gelar Sarjana Pendidikan
dalam Bidang Ilmu Bimbingan dan Konseling**



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UNIVERSITAS PENDIDIKAN INDONESIA
2021**

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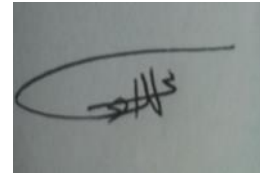


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PERNYATAAN KEASLIAN SKRIPSI

Dengan ini saya menyatakan bahwa skripsi dengan judul “Pengaruh *Self-esteem* dan Keterampilan Atribut Lulusan Terhadap Adaptabilitas Karier Mahasiswa” ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung risiko/sanksi apabila di kemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

Penulis

A rectangular box containing a handwritten signature in black ink. The signature is stylized and appears to be 'Nuzulul Aziza'.

Nuzulul Aziza

ABSTRAK

Penelitian ini mengkaji *self-esteem*, keterampilan atribut lulusan, dan adaptabilitas karier mahasiswa. Tujuannya adalah untuk mengetahui pengaruh *self-esteem* dan keterampilan atribut lulusan terhadap adaptabilitas karier mahasiswa. Penelitian ini menggunakan metode deskriptif dengan strategi korelasional. Data dihimpun dengan cara menyebarkan kuisioner dalam bentuk digital (*google form*). Partisipan penelitian ini adalah mahasiswa tingkat I program S1 Bimbingan dan Konseling Universitas Pendidikan Indonesia Tahun Akademik 2020/2021 sebanyak 87 orang yang terdiri atas 11 laki-laki dan 76 Perempuan. Data dianalisis dengan menggunakan korelasi dan regresi multiple.. Hasil penelitian menunjukkan bahwa *self-esteem* dan keterampilan atribut lulusan secara simultan berhubungan dengan variabel adaptabilitas karier dengan derajat korelasi kuat. Hasil penelitian dengan analisis regresi menunjukkan bahwa setelah ada variabel keterampilan atribut lulusan maka pengaruh *self-esteem* terhadap adaptabilitas karier mahasiswa bertambah kuat. Dapat disimpulkan bahwa keberadaan keterampilan atribut lulusan dapat memperkuat pengaruh *self-esteem* terhadap adaptabilitas karier mahasiswa tingkat I Bimbingan dan Konseling Universitas Pendidikan Indonesia, dan sebaliknya keberadaan *self-esteem* dapat memperkuat pengaruh keterampilan atribut lulusan terhadap adaptabilitas karier mahasiswa tingkat I Bimbingan dan Konseling Universitas Pendidikan Indonesia.

Kata kunci: Adaptabilitas karier, Keterampilan atribut lulusan, *Self-esteem*

ABSTRACT

This study examines self-esteem, skills attribute of graduates, and career adaptability of students. The aim was to determine the effect of self-esteem and skill attributes of graduates on student career adaptability. This study uses a descriptive method with a correlational strategy. The data is collected by distributing questionnaires in digital form (google form). The participants of this research were 87 students of level I of the Undergraduate Guidance and Counseling program at the Indonesia University Of Education for the Academic Year 2020/2021, consisting of 11 men and 76 women. The data were analyzed using multiple correlation and regression. The results showed that the self-esteem and skill attributes of graduates were simultaneously associated with career adaptability variables with a strong degree of correlation. The results of research with regression analysis showed that after there was a variable skill attribute of graduates, the effect of self-esteem on student career adaptability was getting stronger. It can be concluded that the existence of graduate attribute skills can strengthen the effect of self-esteem on the career adaptability of level I students of Guidance and Counseling at the Indonesia University Of Education, and conversely the existence of self-esteem can strengthen the effect of graduate attribute skills on the career adaptability of level I students of Guidance and Counseling, Indonesia University Of Education. .

Key words: Career adaptability, skill attributes of graduates, Self-esteem

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