

**HUBUNGAN *SELF-EFFICACY* DENGAN PRESTASI AKADEMIK PADA
MAHASISWA OLAHRAGA**

SKRIPSI

diajukan untuk memenuhi sebagian syarat memperoleh gelar sarjana olahraga
program studi Ilmu Keolahragaan



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ILMU KEOLAHRAGAAN
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UNIVERSITAS PENDIDIKAN INDONESIA
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Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar
Sarjana Olahraga pada Fakultas Pendidikan Olahraga dan Kesehatan

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ABSTRAK

HUBUNGAN *SELF-EFFICACY* DENGAN PRESTASI AKADEMIK PADA MAHASISWA OLAHRAGA

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Dosen Pembimbing I : Prof. Herman Subarjah, M.Si,.

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Prestasi akademik sebagai pengetahuan yang diperoleh atau keterampilan yang dikembangkan dalam mata kuliah, biasanya dirancang oleh nilai tes atau nilai-nilai yang diberikan oleh dosen. Sekitar 60-80% mahasiswa memiliki kecemasan ketika mempelajari statistika. Ini menunjukkan bahwa mahasiswa masih sulit mendapatkan prestasi akademiknya di mata kuliah statistika. Prestasi akademik dipengaruhi oleh beberapa faktor, diantaranya yaitu *self-efficacy*. Penelitian ini bertujuan untuk mengetahui hubungan *self-efficacy* dengan prestasi akademik pada mahasiswa olahraga Universitas Pendidikan Indonesia. Sampel penelitian terdiri dari mahasiswa jurusan Ilmu Keolahragaan Angkatan 2016 dan 2017 sebanyak 67 orang yang menempuh mata kuliah statistika. Penelitian ini menggunakan metode kuantitatif korelasional dengan Teknik analisis korelasi bivariat. Hasil penelitian ini menunjukkan bahwa tidak terdapat hubungan antara *self-efficacy* dengan prestasi akademik pada mahasiswa olahraga dengan nilai signifikansi sebesar 0,887 ($p > 0,005$).

Kata Kunci : *Self-Efficacy*, Prestasi akademik, statistika

ABSTRACT

THE RELATIONSHIP BETWEEN *SELF-EFFICACY* AND ACADEMIC ACHIEVEMENT IN SPORTS STUDENTS

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Academic achievement as knowledge acquired or skills developed in a course, is usually designed by test scores or grades given by the lecturer. About 60-80% of students have anxiety when studying statistics. This shows that students still find it difficult to get their academic achievements in statistics courses. Academic achievement is influenced by several factors, including *self-efficacy*. The study aims to determine the relationship between *self-efficacy* and academic achievement in sports students at the Indonesian Education University. The research sample consisted of 67 students majoring in Sports Science Class 2016 and 2017 who took statistics courses. The research uses correlational quantitative method with bivariate correlation analysis technique. The results of this study indicate that there is no relationship between *self-efficacy* and academic achievement in sports students with a significance value of 0,887 ($p > 0,005$).

Keywords : *Self-Efficacy*, academic achievement, statistics

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