

**MODIFIKASI ALAT UKUR *THE REASONS FOR STAYING  
FRIENDS WITH AN EX-PARTNER (RSFEP) SCALE* VERSI  
INDONESIA**

**SKRIPSI**

disusun sebagai salah satu syarat untuk memperoleh gelar Sarjana Psikologi di  
Departemen Psikologi Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia



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2020**

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Oleh

Alga Shafira Zuniar

Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar  
Sarjana Psikologi di Departemen Psikologi Fakultas Ilmu Pendidikan  
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## ABSTRAK

**Alga Shafira Zuniar (1607749).** *Modifikasi Alat Ukur The Reasons for Staying Friends with an Ex-Partner (RSFEP) Scale Versi Indonesia.* Skripsi. Departemen Psikologi Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia, Bandung (2020).

Penelitian ini bertujuan untuk memodifikasi dan menguji validitas serta reliabilitas alat ukur *The Reasons for Staying Friends with an Ex-Partner (RSFEP) Scale* dari Griffith, Gillath, Zhao & Martinez (2017) versi Indonesia. Alat ukur RSFEPs terdiri dari 18 item dengan empat dimensi: *security reasons*, *practical reasons*, *civility*, dan *unresolved romantic desires*. Subjek dari penelitian ini adalah 1000 individu berusia minimal 18 tahun, pernah menjalin hubungan romantis jenis apapun, dan pernah/masih berteman dengan mantan pasangan hubungan romantis di Indonesia. Hasil uji *confirmatory factor analysis* menunjukkan bahwa model fit dengan nilai indeks kecocokan sebesar 0.056 (RMSEA), 0.981 (GFI), 0.971 (CFI), 0.966 (TLI), 0.963 (NFI), dan 0.956 (RFI). Selain itu, hasil uji validitas konvergen dan diskriminan menunjukkan bahwa alat ukur RSFEPs yang dimodifikasi ke Indonesia valid. Kemudian, hasil uji reliabilitas dengan *cronbach's alpha* sebesar 0.882 yang menunjukkan alat ukur ini reliabel. Disamping itu, peneliti juga menguji *validity by known group* pada karakteristik partisipan diantaranya ialah durasi hubungan romantis, status hubungan romantis, berteman/tidak sebelum menjalin hubungan romantis, tingkat kepuasan hubungan romantis, pihak yang menginisiasi pertemanan pasca perpisahan (PDFs), dan tingkat kepuasan PDFs.

**Kata Kunci:** Modifikasi, Validitas, Reliabilitas, *The Reasons for Staying Friends with an Ex-Partner*

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## **ABSTRACT**

**Alga Shafira Zuniar (1607749).** *Modification of The Reasons for Staying Friends with an Ex-Partner (RSFEP) Scale Indonesian Version. Minithesis. Department of Psychology, Faculty of Education, Universitas Pendidikan Indonesia, Bandung (2020).*

*This study aims to modify, and examine validity and reliability of The Reasons for Staying Friends with an Ex-Partner (RSFEP) Scale from Griffith, Gillath, Zhao & Martinez (2017) in Indonesia. RSFEPS consist of 18 items with four dimensions: security reasons, practical reasons, civility, and unresolved romantic desires. The subject of this study is 1000 participants at least 18 years old, had romantic relationships, and were/are still friends with ex-partner in Indonesia. The result of confirmatory factor analysis show this scale's model is fit with fit indexes 0.056 (RMSEA), 0.981 (GFI), 0.971 (CFI), 0.966 (TLI), 0.963 (NFI), and 0.956 (RFI). Also for the result of convergent and discriminant validity show RSFEPS that modified to Indonesia is valid. For the reliability with Alpha Cronbach method is 0,882 and it show this scale is reliable. Moreover, this study using comparative test for characteristic of participants such length of romantic relationships, romantic relationship status, being friends or not prior to romantic relationships, romantic relationship satisfaction, who were offered postdissolution friendships (PDFs), and PDFs satisfaction.*

**Keywords:** *modification, validity, reliability, The Reasons for Staying Friends with an Ex-Partner*

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