

**PENGARUH AKTIVITAS OLAHRAGA PETUALANGAN TERHADAP SIKAP  
PEDULI LINGKUNGAN  
PADA MAHASISWA ILMU KEOLAHRAGAAN UPI**

**SKRIPSI**

Diajukan Untuk Memenuhi Salah Satu Syarat Memperoleh Gelar  
Sarjana Pendidikan Program Studi Pendidikan Jasmani Kesehatan dan Rekreasi



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LINGKUNGAN  
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Oleh:

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Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar  
Sarjana Olahraga pada Fakultas Pendidikan Olahraga dan Kesehatan

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**PENGARUH AKTIVITAS OLAHRAGA PETUALANGAN  
TERHADAP SIKAP PEDULI LINGKUNGAN  
PADA MAHASISWA ILMU KEOLAHRAGAAN UPI**

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**ABSTRAK**

Tujuan dari penelitian ini adalah untuk mendeskripsikan perbandingan dan pengaruh aktivitas olahraga petualangan terhadap sikap peduli lingkungan antara mahasiswa yang mengikuti olahraga petualangan dan mahasiswa yang tidak mengikuti olahraga petualangan pada mahasiswa Ilmu Keolahragaan UPI. Pendekatan menggunakan deskriptif kuantitatif dan metode yang digunakan dalam penelitian ini adalah *ex post facto*, data diperoleh dengan menggunakan instrumen tes kepedulian lingkungan menggunakan tes *General Ecology Behavior Scale*, dengan sampel sebanyak 32 mahasiswa. Data diolah menggunakan *causal comparative* dibantu dengan program SPSS versi 25. Hasil penelitian ini adalah: Terdapat perbandingan pengaruh mahasiswa yang mengikuti olahraga petualangan dan mahasiswa yang tidak mengikuti olahraga petualangan terhadap sikap peduli lingkungan pada mahasiswa Ilmu Keolahragaan UPI, signifikansi  $<0,005$ , yaitu 0,002

Kata Kunci : Aktivitas Olahraga, Olahraga Petualangan, Olahraga rekreasi, pendidikan diluar ruangan, Sikap Peduli Lingkungan, Peduli Lingkungan

**THE EFFECT OF ADVENTURE SPORTS ACTIVITIES  
ON ENVIRONMENTAL AWARENESS  
AMONG SPORT SCIENCE UPI STUDENTS**

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**ABSTRACT**

This purpose of this research was to describe the comparison and influence of adventure sports on environmental care between students who participate in adventure sports and students who do not participate in adventure sports among UPI Sport Science Student. The approach used quantitative descriptive and the method that used in this research was ex post facto, data were obtained using test instruments for environmental ecology behavior scale test and questionnaire distribution using googleform, with a sample of 32 students. The data were processed using *causal comparative* assisted by the SPSS version 25 program. The results of this study were : There was a comparison of the influence of student who took part in adventure sport and students who did not participate in adventure sport on environmental awareness among UPI Sport Science students, the significance was  $<0.005$ , and result is 0.002

**Keywords :** Sport Activity, Adventure Sport, Recreational Sport, Outdoor Education, Environmental Awareness, Environmental concern

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