

**ANALISIS PROGRAM *INTENTIONALLY STRUCTURED* TERHADAP  
*POSITIVE YOUTH DEVELOPMENT* DENGAN MENGGUNAKAN  
*SYSTEMATIC LITERATURE REVIEW* DALAM  
PEMBELAJARAN PENDIDIKAN  
JASMANI DAN OLAHRGA**

Diajukan Untuk Memenuhi Sebagian Syarat Untuk Memperoleh  
Gelar Magister Pendidikan Program Studi Pendidikan Olahraga



Oleh

Ruli Saepul Hayat

NIM 1803338

**PROGRAM STUDI  
PENDIDIKAN OLAHRAGA  
SEKOLAH PASCA SARJANA  
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2020**

Ruli Saepul Hayat, 2020

*intentionally structured program analysis towards positive youth development using systematic literature reviews in physical education and sports*

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Oleh :

Ruli Saepul Hayat

NIM 1803338

Sebuah tesis yang diajukan untuk memenuhi salah satu syarat memperoleh gelar  
Magister Pendidikan pada Program Studi Pendidikan Olahraga

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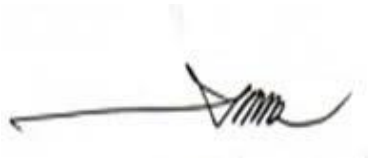
**LEMBAR PENGESAHAN**

RULI SAEPUL HAYAT

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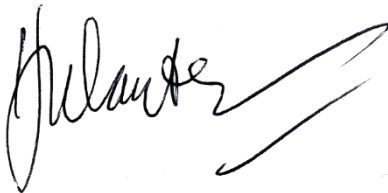
Disetujui dan disahkan oleh pembimbing

Pembimbing I,



Dr. Agus Mahendra, M.A.  
NIP. 0024086301

Pembimbing II,



Dr. Hj. Tite Juliantine, M.Pd.  
NIP. 196807071992032001

Mengetahui,

Ketua Program Study

Pendidikan Olahraga Sps UPI



Prof. Dr. H. Amung Ma'mun, M.Pd.  
NIP. 196001191986031002

## PERNYATAAN

Dengan ini saya menyatakan bahwa tesis dengan judul “**Analisis Program *Intentionally Structured* Terhadap *Positive Youth Development* Dengan Menggunakan *Systematic Literature Review* Dalam Pembelajaran Pendidikan Jasmani Dan Olahraga** ” ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atas pengutipan dengan cara-cara yang tidak sesuai dengan etika keilmuan yang berlaku.

Atas pernyataan ini, saya siap menanggung resiko/sanksi yang dijatuhkan kepada saya apabila di kemudian hari ditemukan adanya pelanggaran terhadap etika keilmuan dalam karya saya ini, atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

Bandung, 28 September 2020

Yang membuat pernyataan,



Ruli Saepul Hayat

## **Kata Pengantar**

Puji dan syukur marilah kita panjatkan kehadiran Allah SWT karena dengan rahmatnya akhirnya penulis dapat menyelesaikan penyusunan Tesis ini. Tesis ini di buat untuk memenuhi sebagian syarat untuk memperoleh gelar Magister Pendidikan Program Studi Pendidikan Olahraga Sekolah Lanjutan.

Dalam Tesis ini, penulis akan sedikit menjelaskan tentang " Analisis Program *Intentionally Structured* Terhadap *Positive Youth Development* Dengan Menggunakan *Systematic Literature Review* Dalam Pembelajaran Pendidikan Jasmani Dan Olahraga Dalam Pendidikan Jasmani Dan Olahraga." dengan segala permasalahannya.

Penulis menyadari bahwa Tesis ini jauh dari kesempurnaan dan di susun dalam berbagai keterbatasan. Maka dari itu, penulis mengharapkan kritik dan sarannya yang bersifat membangun, sehingga mendorong kami untuk bisa memperbaikinya.

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Penulis berharap Tesis ini bermanfaat, khususnya bagi penulis, dan umumnya bagi siapa saja yang membacanya. Amin.

Bandung, 28 September 2020

Penulis



Ruli Saepul Hayat

## UCAPAN TERIMA KASIH

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Bandung, 28 September 2020

## **ABSTRACT**

From several studies found in articles on positive youth development, physical education and structured sports are deliberately designed to produce quality programs, so that they have the potential to encourage positive youth development. The purpose of this study was to analyze intentionally structured programs in physical education and sports whether they have an influence on the positive development of youth. In this study, researchers used 33 journals Final Papers to review 418 journals taken from 4 databases, namely EBSCO, PROQUEST, SAGE and Taylor & Francis using systematic literature reviews. The results of this study indicate that physical education programs and structured sports are deliberately designed to produce quality physical education and sports programs that can contribute to supporting positive youth development.

***Keywords: Positive Youth Development, Intentionally Structured Programs, Physical Education and Sports, systematic literature reviews.***

## ABSTRAK

Dari beberapa penelitian yang ditemukan dalam artikel tentang perkembangan pemuda positif, bahwa pendidikan jasmani dan olahraga yang terstruktur sengaja dibuat dapat menghasilkan program yang berkualitas, sehingga dapat berpotensi untuk mendorong perkembangan pemuda yang positif. Tujuan dari penelitian ini adalah untuk menganalisis program *intentionally structured* dalam pendidikan jasmanidan olahraga apakah memiliki pengaruh terhadap perkembangan positif kaum muda. dalam penelitian ini peneliti menggunakan 33 jurnal *Final Paper to bereview* dari 418 jurnal yang diambil dari 4 database yaitu EBSCO, PROQUEST, SAGE dan Taylor & Francis dengan menggunakan *systematic literature reviews*. Hasil penelitian ini menunjukkan bahwa program pendidikan jasmani dan olahraga yang terstruktur sengaja dibuat dapat menghasilkan program pendidikan jasmani dan olahraga berkualitas yang dapat berkontribusi untuk mendukung perkembangan pemuda yang positif.

***Kata Kunci:*** **Pengembangan Pemuda Positif, *Intentionally Structured Program*, Pendidikan Jasmani Dan Olahraga, *systematic literature reviews*.**



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