

**STUDI DESKRIPTIF MENGENAI KETERAMPILAN MOTORIK KASAR
SISWA SEKOLAH DASAR SE KECAMATAN CILEUNYI**

TESIS

Diajukan untuk memenuhi sebagian dari syarat untuk
Memperoleh Gelar Magister Pendidikan
Program Studi Pendidikan Olahraga



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Sebuah Tesis yang diajukan untuk memenuhi salah satu syarat memperoleh gelar Magister Pendidikan (M.Pd.) pada Fakultas Pendidikan Olahraga

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Novi Eka Kustari (2020). Studi Deskriptif Mengenai Keterampilan Motorik Kasar Siswa Sekolah Dasar Se Kecamatan Cileunyi. Pembimbing 1 Dr. Agus Mahendra, M.A. Pembimbing II Dr. Nuryadi, M.Pd.

ABSTRAK

Keterampilan dasar sangatlah berperan penting bagi anak untuk dasar mempelajari keterampilan secara utuh. Mereka perlu menguasai keterampilan gerak dasar agar memiliki landasan keterampilan yang kuat. Melalui pendidikan jasmani dan olahraga, anak-anak akan mengembangkan keterampilan geraknya yang berguna bagi mereka di masa depan. Mengingat pentingnya keterampilan motorik anak pada usia sekolah maka tujuan penelitian ini untuk mengetahui kemampuan motorik kasar siswa Sekolah Dasar se Kecamatan Cileunyi. Penelitian ini dilaksanakan di Sekolah Dasar Se Kecamatan Cileunyi yang terdiri dari 55 sekolah dasar dengan subyek penelitian siswa yang berumur 9-10 tahun. Metode yang digunakan dalam penelitian ini adalah metode deskriptif dan teknik survei dengan instrumen *Test Gross Motor Depelovment-2*. Adapun kegiatan dalam analisis data adalah: mengelompokkan data berdasarkan variabel dari seluruh responden, menyajikan data tiap variabel yang diteliti, melakukan perhitungan untuk menjawab rumusan masalah, dan melakukan perhitungan untuk menguji hipotesis yang telah diajukan. Tujuan dari analisis data yaitu untuk menyederhanakan data ke dalam bentuk yang dapat dimengerti. Prosedur dari analisis data dalam penelitian ini yaitu, menghitung rata-rata, standar deviasi, uji normalitas, uji homogenitas, dan memasukan hasil tes pada kriteria deskripsi subtes standar skor dan gross motor quotient. Berdasarkan hasil penelitian menunjukkan bahwa gambaran kemampuan gerak motorik kasar siswa Sekolah Dasar se Kecamatan masuk kedalam kategori rata-rata, hasil lain menunjukkan bahwa terdapat hubungan antara kemampuan gerak motorik kasar terhadap prestasi siswa pada pembelajaran Pendidikan Jasmani Olahraga dan Kesehatan.

Kata Kunci : Keterampilan Mototik Kasar, Siswa, Sekolah Dasar.

***Novi Eka Kustari (2020). Descriptive Study About Gross Motor Skill Students
Of Elementary School In Cileunyi Sub-District. Advisor I Dr. Agus
Mahendra, M.A. Advisor II Dr. Nuryadi, M.Pd.***

ABSTRACT

Fundamental motor skills are very important for children to learn the skills as a whole. They need to master fundamental motor skills in order to have a strong foundation of skills. Through physical education and sports education, children will develop their movement skills that are useful to them in the future. Given the importance of children's motor skills at school age, the purpose of this study was to determine the gross motoric abilities of elementary school students in Cileunyi District. This research was conducted in the Elementary School in Cileunyi District which consisted of 55 elementary schools with research subjects of students aged 9-10 years. The method used in this research is descriptive method and survey technique with Test Gross Motor Depelovment-2 instrument. The activities in data analysis are: grouping data based on variables from all respondents, presenting data for each variable under study, performing calculations to answer the problem formulation, and calculating to test the hypothesis that has been proposed. The purpose of data analysis is to simplify data into an understandable form. The procedure of data analysis in this study is, the average rate, standard deviation, normality test, homogeneity test, and enter the test results on the criteria for the description of standard subtest scores and gross motor quotient. Based on the results of the study showed that the description of gross motor ability of elementary school students in the Districts was included in the average category, other results showed that there was a relationship between the ability of gross motor motion towards student achievement in physical education learning.

Key Words : Fundamental motor skills, Students, Elementary School.

DAFTAR ISI

Halaman

| | |
|---|-----|
| ABSTRAK..... | i |
| KATA PENGANTAR..... | iii |
| UCAPAN TERIMAKASIH..... | iv |
| DAFTAR ISI | vii |
| DAFTAR TABEL | x |
| DAFTAR GAMBAR | xii |
| | |
| BAB I PENDAHULUAN..... | 1 |
| 1.1 Latar Belakang..... | 1 |
| 1.2 Rumusan Masalah..... | 14 |
| 1.3 Tujuan Penelitian | 14 |
| 1.4 Manfaat Penelitian | 14 |
| 1.5 Struktur Organisasi Tesis | 15 |
| | |
| BAB II KAJIAN PUSTAKA/LANDASAN TEORITIS | 18 |
| 2.1 Keterampilan Motorik | 18 |
| 2.2 Fase dan Pola Perkembangan Motorik..... | 21 |
| 2.3 Gerak Dasar | 23 |
| 2.4 Aktivitas Motorik Kasar dan Halus | 25 |
| 2.5 Faktor-faktor Yang Mempengaruhi Perkembangan Keterampilan Motorik..... | 28 |

| | |
|--|-----------|
| 2.6 Perkembangan Peserta Didik Usia Sekolah Dasar..... | 30 |
| 2.7 Penelitian Terdahulu Yang Relevan | 36 |
| 2.8 Kerangka Berfikir Penelitian | 38 |
| 2.9 Hipotesis..... | 40 |
| BAB III METODOLOGI PENELITIAN..... | 41 |
| 3.1 Metodologi Penelitian | 41 |
| 3.2 Desain Penelitian | 42 |
| 3.3 Partisipan | 42 |
| 3.4 Populasi dan Sampel | 42 |
| 3.4.1 Populasi..... | 42 |
| 3.4.2 Sampel..... | 45 |
| 3.5 Instrumen Penelitian | 48 |
| 3.6 Prosedur Penelitian | 69 |
| 3.6.1 Tempat Penelitian | 69 |
| 3.6.2 Waktu Penelitian..... | 69 |
| 3.7 Analisis Data | 70 |
| 3.7.1 Uji Normalitas | 71 |
| 3.7.2 Uji Korelasi | 72 |
| 3.7.3 Pengujian Hipotesis | 73 |
| 3.7.4 Uji Koefisiensi Determinasi | 74 |

| | |
|--|------------|
| BAB IV HASIL PENELITIAN DAN PEMBAHASAN..... | 75 |
| 4.1 Hasil Penelitian..... | 75 |
| 4.1.1 Deskripsi Data Keterampilan Motorik Kasar Siswa Sekolah Dasar | 75 |
| 4.1.2 Deskripsi Data Keterampilan Motorik Kasar Siswa Berdasarkan Item Tes..... | 79 |
| 4.2 Uji Asumsi..... | 103 |
| 4.3 Uji Hipotesis | 104 |
| 4.4 Pembahasan | 106 |
| BAB V SIMPUILAN, IMPLIKASI DAN REKOMENDASI..... | 110 |
| 5.1 Simpulan..... | 110 |
| 5.2 Implikasi..... | 110 |
| 5.3 Rekomendasi | 111 |
| DAFTAR PUSTAKA | 113 |

LAMPIRAN-LAMPIRAN

DAFTAR PUSTAKA

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