

PENGARUH PENGABAIAN ANAK TERHADAP PERILAKU *SELF-HARM* DIMEDIASI OLEH *SELF-ESTEEM* PADA DEWASA AWAL DENGAN ORANG TUA YANG BERCERAI

SKRIPSI

Diajukan untuk Memenuhi Salah Satu Syarat Memperoleh Gelar Sarjana
Psikologi di Departemen Psikologi



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BANDUNG
2020**

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ABSTRAK

Shafira Farah Adiba (1507479). *Pengaruh Pengabaian Anak terhadap Perilaku Self-Harm Dimediasi oleh Self-Esteem pada Dewasa Awal dengan Orang Tua yang Bercerai.* Skripsi. Departemen Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia, Bandung. (2020).

Peran keluarga dalam perkembangan seorang anak sangatlah besar, terlepas dari berbagai faktor yang nantinya juga memberi kontribusi seiring anak bertumbuh dewasa. Pada kasus perceraian, kehadiran orang tua dalam hidup anak berkurang yang berpengaruh negatif terhadap kesehatan emosional anak. Penelitian ini bertujuan untuk mengetahui pengaruh pengabaian anak yang dialami oleh anak dengan orang tua yang bercerai terhadap kecenderungan perilaku *self-harm* yang dimediasi oleh *self-esteem* pada dewasa awal, yaitu sekitar usia 20-39 tahun. Penelitian dilakukan dengan pendekatan kuantitatif dengan model mediasi. Teknik *sampling* yang digunakan adalah *snowball sampling* untuk menjangkau 165 responden yang sesuai dengan target penelitian. Instrumen yang digunakan dalam penelitian disusun oleh peneliti. Teknik analisis data yang digunakan adalah regresi linear dan regresi berganda untuk menghitung mediasi. Hasil penelitian menunjukkan bahwa *self-esteem* berperan sebagai mediasi antara pengabaian anak dan perilaku *self-harm*.

Kata kunci: Pengabaian anak, self-esteem, self-harm, perceraian orang tua

ABSTRACT

Shafira Farah Adiba (1507479). *The Impact of Child Neglect on Self-Harm Behavior Mediated by Self-Esteem in Early Adulthood with Divorced Parents.* Unpublished Research Paper, Department of Psychology, Faculty of Education, Indonesian University of Education. Bandung. (2020).

Family relationship has a big role on child development, along with other contributing factors during child's growth towards adulthood. In divorce cases, the child may lose time with both parents which impact negatively on the child's emotional wellbeing. The aim of this study is to determine the impact of child neglect experienced by children with divorced parents on self-harm behavior mediated by self-esteem in early adulthood, age range between 20-39 years old. The study was conducted using the quantitative approach with mediation model. 165 subjects were included in the study, filtered by snowball sampling technique. The instrument used in the study is constructed by researcher. The research using linear regression and multiple regression found that self-esteem has a role as a mediator between child neglect and self-harm behavior.

Key words: Child neglect, self-esteem, self-harm, parental divorce

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