

**RESILIENSI MAHASISWA KEPERAWATAN DALAM
PEMBELAJARAN KLINIK : *LITERATURE REVIEW***

KARYA TULIS ILMIAH

Diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar Ahli Madya
Keperawatan



Oleh:
Siti Khadijah
1705045

**PROGRAM STUDI DIII KEPERAWATAN
FAKULTAS PENDIDIKAN OLAAHRAGA DAN KESEHATAN
UNIVERSITAS PENDIDIKAN INDONESIA
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Siti Khadijah, 2020

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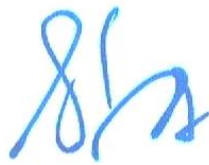
LEMBAR PENGESAHAN

SITI KHADIJAH

**RESILIENSI MAHASISWA KEPERAWATAN DALAM
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Disetujui dan disahkan oleh pembimbing:

Pembimbing I



Slamet Rohaedi, S.Kep., M.P.H

NIP. 197611082001121005

Pembimbing II



Suci Tuty Putri, S.Kep., Ners., M.Kep

NIP. 198406042012122001

Mengetahui

Ketua Prodi DIII Keperawatan



Slamet Rohaedi, S.Kep., M.P.H

NIP. 197611082001121005

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Oleh

Siti Khadijah
NIM.1705045

ABSTRAK

Pendahuluan: Pembelajaran klinik merupakan hal yang wajib dilakukan mahasiswa keperawatan dalam menempuh pendidikannya dan kunci dalam pembentukan mahasiswa keperawatan karena dapat mengembangkan teori dan keterampilan secara langsung kepada pasien. Hal tersebut membuat mahasiswa keperawatan dihadapkan pada masalah keberagaman karakter pasien, penyakit menular, serta ancaman kematian pasien. Perbedaan cara pandang terhadap permasalahan yang ada inilah yang akan memengaruhi perbedaan resiliensi tiap mahasiswa. Resiliensi dibutuhkan bagi mahasiswa karena dianggap sebagai kekuatan untuk dapat memantul kembali setelah terjatuh. Tujuan dari *literature review* ini untuk mengulas resiliensi pembelajaran klinik pada mahasiswa keperawatan. **Metode:** Metode yang digunakan adalah kajian literatur, dengan menggunakan *database* pencarian meliputi Portal Garuda dan Pubmed. Pencarian artikel menggunakan kata kunci “Praktik mahasiswa keperawatan”, “stres dan mahasiswa keperawatan”, dan “*Nurse Student and Resilience*”. Berdasarkan hasil pencarian ditemukan 5 artikel internasional yang berhubungan dengan topik. Kemudian peneliti menganalisa data dengan cara mencari persamaan, perbedaan, memberi pendapat, dan mengulas artikel tersebut. **Hasil:** Berdasarkan 5 penelitian didapatkan bahwa dukungan sosial, akademik, refleksi dari pembimbing menjadi sumber dalam membangun dan meningkatkan resiliensi mahasiswa keperawatan. **Diskusi:** Resiliensi pembelajaran klinik pada mahasiswa keperawatan merupakan hal yang perlu dikaji dan dikembangkan dalam ilmu keperawatan sehingga kinerja mahasiswa tetap baik dan bermutu.

Kata Kunci: Resiliensi, Pembelajaran Klinik, Mahasiswa Keperawatan.

NURSING STUDENT RESILIENCE IN CLINICAL LEARNING : LITERATURE REVIEW

By

***Siti Khadijah
NIM. 1705045***

ABSTRACT

Introduction: Clinical learning is something that must be done by nursing students in their education and is key in the formation of nursing students because it can develop theories and skills directly to patients. This makes nursing students faced with the problem of patient character diversity, infectious diseases, and the threat of death of patients. The difference in the way of looking at existing problems will affect the different resilience of each student. Resilience is needed for students because it is considered as a strength to be able to bounce back after falling. The purpose of this literature review is to review the resilience of clinical learning in nursing students. ***Method:*** The method used is a literature review, using a search database including the Garuda Portal and Pubmed. Search for articles using the keywords "Nursing student practice", "stress and nursing students", and "Nurse Student and Resilience". Based on the search results found 5 international articles related to the topic. Then the researchers analyzed the data by finding similarities, differences, giving opinions, and reviewing the article. ***Results:*** Based on 5 studies found that social support, academic support, reflection from supervisors became a source in building and increasing resilience of nursing students. ***Discussion:*** The resilience of clinical learning among nursing students is something that needs to be studied and developed in nursing so that student performance remains good and quality.

Keywords: Resilience, Clinical Learning, Nursing Students.

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