

**PENGARUH KECEMASAN MASA DEPAN TERHADAP KESEJAHTERAAN
SUBJEKTIF PADA MASA *EMERGING ADULTHOOD* YANG DIMODERATORI OLEH
RELIGIUSITAS ISLAM**

(Penelitian pada Mahasiswa Tingkat Akhir Universitas Pendidikan Indonesia)

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Disusun untuk Memperoleh Gelar Sarjana Psikologi di Departemen Psikologi
Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia



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PENGARUH KECEMASAN MASA DEPAN TERHADAP KESEJAHTERAAN SUBJEKTIF
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Sebuah Skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar Sarjana
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ADULTHOOD YANG DIMODERATORI OLEH RELIGIUSITAS ISLAM*
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PENGARUH KECEMASAN MASA DEPAN TERHADAP KESEJAHTERAAN
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RELIGIOSITAS ISLAM (PENELITIAN PADA MAHASISWA TINGKAT AKHIR
UNIVERSITAS PENDIDIKAN INDONESIA)**

ABSTRAK

Fera Hayatun Qolbi (1503434). Pengaruh Kecemasan Masa Depan Terhadap Kesejahteraan Subjektif Pada Masa *Emerging adulthood* Yang Dimoderatori Oleh Religiositas Islam (Penelitian Pada Mahasiswa Tingkat Akhir Universitas Pendidikan Indonesia). Skripsi. Departemen Psikologi. Fakultas Ilmu Pendidikan. Universitas Pendidikan Indonesia, Bandung (2020).

Penelitian ini bertujuan untuk mengetahui pengaruh kecemasan akan masa depan terhadap kesejahteraan subjektif masa *emerging adulthood* dengan Religiositas Islam sebagai moderator pada mahasiswa Universitas Pendidikan Indonesia Bumi Siliwangi. Penelitian ini menggunakan pendekatan kuantitatif dengan metode kausal yang dimoderasi. Sampel dalam penelitian ini adalah 300 mahasiswa tingkat akhir Universitas Pendidikan Indonesia. Teknik sampling dalam penelitian ini menggunakan *accidental sampling*. Instrument yang digunakan adalah *Future Anxiety Measurement*, *Satisfaction with life*, *Positive and Negative Affect Schedule (PANAS)*, *Centrality of Religiousity Scale (CRS)*, *Muslim Religiousity Scale (MRS)* dan *A Psychological Measure of Islamic Religiousness*. Teknik analisis yang digunakan adalah regresi sederhana dan Moderated Regression Analyze (MRA). Hasil penelitian menunjukkan bahwa variabel moderator Religiositas Islam menunjukkan hasil yang tidak signifikan. Sehingga dapat dikatakan bahwa Religiositas Islam tidak dapat memoderasi pengaruh kecemasan akan masa depan terhadap kesejahteraan subjektif pada mahasiswa tingkat akhir Universitas Pendidikan Indonesia dengan nilai *p value* sebesar 0.748 dan *B* sebesar -0,008.

Kata Kunci: *Kecemasan akan Masa Depan, Kesejahteraan Subjektif, Religiositas Islam , Moderasi.*

**THE EFFECT OF FUTURE ANXIETY ON SUBJECTIVE WELL-BEING IN EMERGING
ADULTHOOD PERIOD WHICH IS MODERATED BY ISLAMIC RELIGIOUSNESS
(RESEARCH ON STUDENTS AT THE END OF INDONESIA UNIVERSITY OF EDUCATION)**

ABSTRACT

Fera Hayatun Qolbi (1503434). The Effect Of Future Anxiety On Subjective Well-Being In Emerging adulthood Period Which Is Moderated By Religiosity (Research On Students At The End Of Indonesian University of Education). Thesis. Department of Psychology. Faculty of Science Education. Indonesian University of Education, Bandung (2020).

This study aims to determine the effect of future anxiety on subjective well-being of the emerging adulthood with Islamic religiosity as a moderator for students at the Universitas Pendidikan Indonesia Bumi Siliwangi. This research uses a quantitative approach with a moderated causal method. The sample in this study were 300 final-year students at Universitas Pendidikan Indonesia. The sampling technique in this study uses accidental sampling. The instruments used are Future Anxiety Measurement, Satisfaction with life, Positive and Negatif Affect Schedule (HEAT), Centrality of Religiousness Scale (CRS), Muslim Religiousness Scale (MRS) and A Psychological Measure of Islamic Religiousness. The analysis technique used is simple regression and Moderated Regression Analyze (MRA). The results showed that the moderator variable of Islamic religiousness showed insignificant results. So it can be said that Islamic religiosity cannot moderate the influence of anxiety about the future on subjective well-being at the final year students of Universitas Pendidikan Indonesia with a p value of 0.748 and B of -0.008.

Keywords: Future Anxiety, Subjective Well-being, Islamic Religiosity, Moderation.

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