

CHAPTER V

CONCLUSIONS AND SUGGESTIONS

This chapter is aimed to deliver the conclusions and suggestions based on the obtained data and discussion in Chapter IV. This chapter is divided into two parts which are conclusions and suggestions.

5.1 Conclusions

This study investigated pair work activity as a teaching strategy to help anxious students in reducing speaking anxiety in an EFL classroom. The conclusion is drawn based on the findings obtained from the instruments (questionnaire, observation, and interview).

Firstly, based on the first questionnaire, it was found that from 31 students there was one student who was considered as very relaxed which indicate 3% in the classroom. Meanwhile, there were 6% relaxed students. For the anxious students, it was found that 32% of students were in the category of mildly anxious, 36% anxious students and 23% very anxious students. In more addition, according to the interview, the factors which contributed to speaking anxiety were the fear of being laughed by friends. Students were also afraid of making mistakes which lead the anxious students to have the fear of negative evaluation.

Secondly, after conducting pair work activity in the classroom for three meetings, it effectively helped students to lower their anxiety towards speaking a foreign language. The data were gained from the two observations and interview section. From the observation on the physical behavior of anxious students, all participants slowly lessen their anxiety behavior while speaking in front of their classmates. In line with the first observation, the second observation which focused on the pair work characteristics towards the teaching and learning activity showed that pair work as a teaching strategy could increase students' self-esteem in learning English. Additionally, students also revealed in the interview section that they got more

opportunity to practice speaking English with their partner and the interaction between students was also contributed to lowering speaking anxiety among students.

5.2 Suggestions

Suggestions section is presented after finishing this study and drawing the conclusion based on the findings of the research. There are two suggestions in this section. Each suggestion is offered for the future researcher and other English teachers, especially in Indonesia.

For the future researchers who will conduct a study on the similar topic especially about anxiety among students are hoped to conduct the research in a class which has more students who are less anxious than the students in this study. It is aimed to have a significant comparison between the less anxious and anxious students in the classroom. In addition, it is expected for the future researcher to conduct more teaching strategies to reduce anxiety in other skill such as listening, writing and reading.

The second and last suggestion is presented for prospective EFL teachers or those who already became an English teacher in Indonesia. Anxiety in learning a foreign language has become a common obstacle which makes English teaching and learning quite difficult. Thus, it is expected for the teachers to be aware of anxiety and cope with anxious students. Furthermore, finding new strategies to help students in lessening anxiety is much recommended in order to avoid students from the fear of learning a foreign language.