

## CHAPTER V

### CONCLUSIONS AND SUGGESTIONS

This final chapter points out the conclusions of this study and suggestions for further research.

#### **5.1 Conclusions**

Based on the findings and discussion, it is concluded that Clay Jensen develops psychosocially. The psychosocial development embodies the ideas of his psychosocial issues, and how he deals with the psychosocial issues. The psychosocial issues that Clay Jensen experiences are anxiety, low self-esteem, inability to play the role as a friend, losing affiliation from parents, and preoccupation. As time passes by, Clay Jensen is able to deal with his these issues by facing them with the supports from his friend, family, and his own strong will.

The psychosocial development of Clay is identified from the ways he deals with his psychosocial issues. The friendship of Clay and Tony increases their social interactions that reduces Clay's anxiety and balances his low self-esteem. The balanced self-esteem is making him eager and ready to finish his goals rather than being stuck in his own thoughts because of his preoccupation and low self-esteem. Moreover, Clay plays his role of being a friend, as a part of social tasks, well by caring his friend (Skye) that is possibly in need of help. He cares for her by approaching her and starting to talk with her. In addition, he shifts affiliation from parents to his peer. The phenomenon of losing and shifting affiliation is in line with Bucher and Hinton's (2010) view of common psychosocial developmental characteristics in young adults. Furthermore, he is able to form self-perceptions that make him a better person as the result of preoccupation, self-lead journey, and critical self-examination.

#### **5.2 Suggestions**

Research about young adult literature is indeed broad and developing. Studies on *Thirteen Reasons Why* keep growing but there is rarely a study of it that reflects portrayals of suicide. The portrayals of suicidal young adult characters are possibly found in certain contemporary young adult literature. Since its Netflix Series is also popular and considered as a contemporary work (McClurg, 2017), analyzing the original form of the novel or the series is recommended to develop the body of knowledge of the work. In addition, The theory of cognitive and physical development of young adults by Bucher and Hinton (2010) can be

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applied as well in research of other young adult literary works. Thus, the psychosocial approach is also applicable to see certain patterns, ideas, or psychosocial phenomenon of young adult literary works.

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