

ABSTRAK

PERBANDINGAN EKSTRAKURIKULER HOKI DALAM HAL PERILAKU SOSIAL DI SMAN 26 BANDUNG DAN SMA TARUNA BAKTI

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Tujuan penelitian ini untuk mengetahui apakah terdapat perbedaan perilaku sosial antara siswa laki-laki dan perempuan yang mengikuti ekstrakurikuler olahraga hoki di SMAN 26 Bandung dan SMA Taruna Bakti. Penelitian ini adalah penelitian deskriptif komparatif. Teknik sampling menggunakan *proportional sampling*. Teknik pengumpulan data dilakukan melalui angket. Teknik analisis data menggunakan analisis varian uji t. Hasil penelitian menunjukkan bahwa, terdapat perbedaan perilaku sosial siswa yang mengikuti ekstrakurikuler hoki di SMAN 26 Bandung dan SMA Taruna Bakti. Faktor yang menyebabkan terdapat perbedaan perilaku sosial pada siswa yang mengikuti ekstrakurikuler hoki di SMAN 26 Bandung dan SMA Taruna Bakti meliputi aspek disiplin, sifat inisiatif, saling menghargai dan kerjasama. Dari data tersebut dapat disimpulkan bahwa terdapat perbedaan perilaku sosial yang signifikan antara siswa yang mengikuti ekstrakurikuler hoki di SMAN 26 Bandung dan SMA Taruna Bakti. Terlihat dari nilai uji t SMAN 26 Bandung dengan nilai uji t 43,30 sedangkan SMA Taruna Bakti dengan nilai uji t 37,61, Artinya perilaku sosial siswa yang mengikuti ekstrakurikuler hoki di SMAN 26 Bandung lebih tinggi dari pada siswa yang mengikuti ekstrakurikuler hoki di SMA Taruna Bakti. Dari hasil penelitian ini diharapkan pelatih dapat lebih memahami perilaku sosial siswa agar pada saat latihan siswa bisa mengembangkan kemampuannya dengan maksimal serta agar tercapainya latihan yang efektif. tak lupa dukungan sekolah dalam hal sarana prasarana dapat menunjang prestasi siswa dalam bidang ekstrakurikuler terutama olahraga hoki.

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Kata Kunci: Pendidikan Jasmani, Perilaku Sosial, Ekstrakurikuler, Olahraga Hoki.

ABSTRACT

THE COMPARISON OF EXTRACURRICULAR HOCKEY IN SOCIAL BEHAVIOR STUDENTS IN SMAN 26 BANDUNG AND SMA TARUNA BAKTI

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The purpose of this research for know whether there are differences in social behavior between male and female students who follow extracurricular sports hockey in SMAN 26 Bandung and Taruna Bakti high school. This research is a comparative descriptive research. The sampling technique uses saturated sampling. Data collection techniques were conducted through questionnaires. For instrument test use reliability test and validity test. Factors that cause differences in social behavior in male and female students who follow extracurricular hockey at SMAN 26 Bandung and SMA Taruna Bakti covers aspects of discipline, the nature of initiative, mutual respect and cooperation from these data it can be concluded that there are significant differences in social behavior between students who take part in hockey extracurricular activities at SMAN 26 Bandung and Taruna Bakti High School. It can be seen from the t test value of SMAN 26 Bandung with the value of t test 43.30 while the Taruna Bakti High School with t test value 37.61, meaning that the social behavior of students who take hockey extracurricular activities at SMAN 26 Bandung is higher than those who take hockey extracurricular activities in high school Taruna Bakti. This means that the social behavior of students who follow extracurricular hockey is higher than that of female students who follow extracurricular hockey. From the results of this study is expected the coach can better understand the social behavior of students so that at the time of training students can develop the maximum capacity and coach should be aware of the environmental situation during the exercise in order to achieve

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effective exercise. Don't forget the support of schools in terms of infrastructure facilities to support student achievement in extracurricular, especially hockey sport.

Keywords : Physical Education, Social Behavior, extracurricular, Sports Hockey.