

**PENGARUH PROKRASTINASI DAN KETERGANTUNGAN
INTERPERSONAL TERHADAP KEPUASAN HIDUP MAHASISWA DI
KOTA BANDUNG**

SKRIPSI

Diajukan untuk Memenuhi Salah satu Syarat Memperoleh Gelar Sarjana Psikologi
di Departemen Psikologi, Universitas Pendidikan Indonesia.



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**DEPARTEMEN PSIKOLOGI
FAKULTAS ILMU PENDIDIKAN
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BANDUNG
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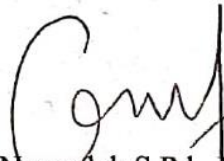
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PERNYATAAN KEASLIAN NASKAH

Dengan ini saya menyatakan bahwa skripsi dengan judul “**PENGARUH PROKRASTINASI DAN KETERGANTUNGAN INTERPERSONAL TERHADAP KEPUASAN HIDUP MAHASISWA DI KOTA BANDUNG**” ini beserta seluruh isinya adalah benar-benar karya saya sendiri. Saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika ilmu yang berlaku dalam masyarakat keilmuan. Atas pernyataan ini, saya siap menanggung resiko ataupun sanksi apabila dikemudian hari ditemukan adanya pelanggaran etika keilmuan atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

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Yang membuat pernyataan,

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KATA PENGANTAR

Bismillaahirrahmaanirrahiim, puji dan syukur peneliti panjatkan kepada Allah Yang Maha Kuasa karena atas berkat dan rahmat-Nya, peneliti dapat menyelesaikan penelitian berjudul “Pengaruh Prokrastinasi Akademik dan Ketergantungan Interpersonal Terhadap Kepuasan Hidup Mahasiswa di Kota Bandung” sesuai waktunya..

Dalam penulisan penelitian ini, peneliti mengucapkan terima kasih kepada Bapak Heli Ihsan, M.Si. dan ibu Gemala Nurendah S.Psi., M.A. selaku dosen pembimbing Skripsi yang telah banyak memberikan bimbingan, nasihat dan arahan kepada peneliti.

Peneliti menyadari bahwa penelitian ini masih jauh dari sempurna. Meskipun demikian, peneliti sudah mengerjakan dan menyelesaikan skripsi seoptimal mungkin. Peneliti juga mengharapkan kritik dan saran dari berbagai pihak yang bersifat membangun, khususnya pembaca, agar peneliti dapat berkarya lebih baik lagi pada masa yang akan datang.

Bandung, Desember 2019

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ABSTRAK

Rizki Muhamad Romdon Pengaruh Prokrastinasi dan Ketergantungan Interpersonal terhadap Kepuasan Hidup Mahasiswa di Kota Bandung. Skripsi. Departemen Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia. Bandung. (2019)

Penelitian ini bertujuan untuk mengetahui adanya pengaruh Prokrastinasi dan Ketergantungan Interpersonal terhadap Kepuasan Hidup pada Mahasiswa di Bandung. Penelitian ini menggunakan metode kuantitatif dengan responden sebanyak 470 orang mahasiswa di Kota Bandung. Penelitian dirasa penting karena prokrastinasi merupakan hal yang berkaitan erat dengan keadaan mahasiswa, juga ketergantungan interpersonal yang bisa saja menjadi penghambat mahasiswa mendapatkan kepuasan hidup. Instrumen penelitian yang digunakan adalah *Pure Procrastination Scale* (PPS) untuk meneliti prokrastinasi, *Interpersonal Dependency Inventory-Short Version* (IDI-SV) untuk meneliti ketergantungan interpersonal dan *The Satisfaction With Life Scale* (SWLS) untuk meneliti kepuasan hidup. Untuk analisis data, peneliti menggunakan teknik analisis regresi sederhana dan regresi berganda. Berdasarkan penelitian yang telah dilakukan, dapat disimpulkan bahwa prokrastinasi umum terjadi pada mahasiswa, kemudian terdapat pengaruh prokrastinasi terhadap kepuasan hidup, dan terdapat pengaruh ketergantungan interpersonal terhadap kepuasan hidup. Namun berdasar data yang ada, diketahui bahwa kedua variabel bebas tidak secara bersamaan memengaruhi kepuasan hidup mahasiswa di Kota Bandung. Penelitian ini juga mengalami keadaan tidak ada mediasi karena tidak adanya *indirect effect*.

Kata kunci; prokrastinasi; ketergantungan interpersonal; kepuasan hidup; mahasiswa.

ABSTRACT

Rizki Muhamad Romdon. The Effects of Procrastination and Interpersonal Dependency on College Student's Life Satisfaction in Bandung City. Unpublished research paper. Psychology Departement in Faculty of Education, Indonesia University of Education. Bandung (2019).

This study aims to the effects of procrastination and interpersonal dependency on college student's life satisfaction in bandung city. This study uses a quantitative method with 470 respondents in Bandung. Research is important because procrastination is closely related to the state of students, as well as interpersonal dependency which can be a barrier to students getting life satisfaction. The research instruments that used in this study include the Pure Procrastination Scale (PPS) to examine procrastination, Interpersonal Dependency Inventory-Short Version (IDI-SV) to examine interpersonal dependence and The Satisfaction With Life Scale (SWLS) to examine life satisfaction. For data analysis, researchers used simple regression analysis techniques and multiple regression. Based on research that has been done, it can be concluded that procrastination generally occurs in students, then there is the effect of procrastination on life satisfaction, and there is an influence of interpersonal dependence on life satisfaction. However, based on available data, it is known that the two independent variables do not simultaneously affect the life satisfaction of college students in the city of Bandung. This study also experienced a state of no mediation due to the absence of indirect effects.

Keyword; procrastination, interpersonal dependency, life satisfaction, college's student.

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