

**PERFORMANCE WASIT SEPAKBOLA LIGA 1 INDONESIA  
DITINJAU DARI *PHYSICAL FITNESS*,  
PEMAHAMAN *LAWS OF THE GAME* DAN *SELF-EFFICACY***

**ABSTRAK**

Penelitian bertujuan untuk melihat perbandingan kinerja wasit sepakbola Liga 1 ditinjau dari *physical fitness*, pemahaman *laws of the game* dan *self-efficacy*. Sampel dari penelitian ini sebanyak 30 orang wasit Liga 1. Metode Penelitian yang digunakan adalah deskriptif . Berdasarkan hasil penelitian tidak terdapat perbedaan rata-rata antara kinerja wasit sepakbola Liga 1 ditinjau dari *physical fitness* dengan nilai  $Z_{hitung}$  sebesar -6,678, pemahaman *laws of the game* sebesar -3,799, dan *self-efficacy* sebesar -6,679. Dengan perolehan nilai *P-value* kurang dari 0,05, hal ini menunjukkan tidak ada perbedaan yang bermakna antara kinerja wasit ditinjau dari *physical fitness*, pemahaman *laws of the game* dan *self-efficacy*. Selain itu terdapat hubungan yang rendah antara kinerja wasit dengan ketiga variabel tersebut.

Kata Kunci : *Performance* wasit, *Physical Fitness*, Pemahaman *Laws of The Game*, dan *Self-Efficacy*.

Nendi Rohaendy, 2018

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**REFEREE FOOTBALL LEAGUE 1 INDONESIA PERFORMANCE  
TERMS of PHYSICAL FITNESS ,  
UNDERSTANDING LAWS OF THE GAME AND SELF-EFFICACY**

**ABSTRACT**

Research it aims to see a comparison of the performance of referee Football League 1 review from physical fitness , understanding laws of the game and self-efficacy. The sample of this research as many as 30 people League referees 1. The research method used is descriptive. Based on the results of the research there were no differences between the average performance of referee Football League 1 in terms of physical fitness with a valueregistration-6.678, understanding laws of the game registration-3.799, and self-efficacy of 6.679. With the acquisition of the value P-value less than 0.05, it showed no meaningful difference between the performance of referees in terms of physical fitness, understanding laws of the game and self-efficacy. In addition there is a relationship between the low performance of the referee, with the three variables.

**Keywords:** Performance the referee, Physical Fitness, the understanding of the Laws of The Game, and Self-Efficacy.

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