

**HUBUNGAN KECEMASAN KOMPETITIF DENGAN
PERFORMA ATLET FUTSAL AKADEMI ASMAT
CIANJUR**

SKRIPSI

Diajukan untuk Memenuhi Sebagian dari Syarat untuk Memperoleh
Gelar Sarjana Olahraga
Program Studi Ilmu Keolahragaan



Oleh

Kusnaedi

NIM. 1507530

PROGRAM STUDI ILMU KEOLAHRAGAAN
DEPARTEMEN PENDIDIKAN KESEHATAN DAN REKREASI
FAKULTAS PENDIDIKAN OLAAHRAGA DAN KESEHATAN
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HAK CIPTA

**HUBUNGAN KECEMASAN KOMPETITIF DENGAN
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CIANJUR**

Oleh
Kusnaedi

Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat
memperoleh gelar Sarjana Sains pada Fakultas Pendidikan Olahraga dan
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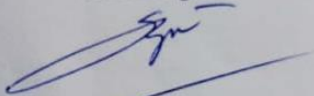
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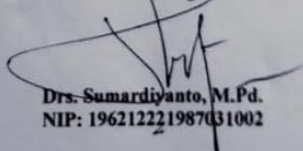
Pembimbing I



Prof. Dr. H. Yudha M Saputra, M.Ed.

NIP: 196303121989011002

Pembimbing II

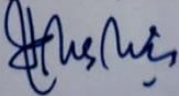


Drs. Sumardiyanto, M.Pd.

NIP: 196212221987031002

Mengetahui

Ketua Dept. PKR / Kaprodi Ilmu Keolahragaan



Mustika Fitri, S.Pd., M.Pd., Ph.D

NIP: 1968122019980221001

ABSTRAK

HUBUNGAN KECEMASAN KOMPETITIF DENGAN PERFORMA ATLET FUTSAL AKADEMI ASMAT CIANJUR

Kusnaedi
1507530

Pembimbing I : Prof. Dr. H. Yudha M Saputra, M. Ed.

Pembimbing II : Drs. Sumardiyanto, M.Pd.

Penelitian ini bertujuan untuk mengetahui hubungan kecemasan kompetitif dengan performa atlet futsal Akademi Asmat. Sampel dalam penelitian ini adalah 23 atlet futsal laki-laki dengan rata-rata umur 15 tahun atlet futsal Akademi Asmat. Teknik pengumpulan data dalam penelitian ini meliputi: tes kecemasan *The Sport Anxiety Scale-2* (SAS-2) dan sebuah draf pengukur performa atlet *Games Performan Assesment Instrument* (GPAI). Korelasi yang signifikan ($p < 0.005$) ditemukan antara kecemasan kompetitif dengan performa atlet futsal Akademi Asmat. Analisis lebih lanjut menunjukkan koefisien korelasi kecemasan kompetitif yang sangat kuat dengan nilai $r = -0.807$. Dapat disimpulkan bahwa kecemasan kompetitif berhubungan secara negatif terhadap performa atlet futsal dengan derajat hubungan sangat kuat.

Kata kunci : kecemasan, kecemasan kompetitif, performa , atlet futsal.

ABSTRACT

THE RELATIONSHIP OF KOMPETITIVE ANXIETY WITH THE PERFORMANCE OF ASMAT ACADEMY CIANJUR FUTSAL ATHLETES

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Pembimbing I : Prof. Dr. H. Yudha M Saputra, M. Ed.

Pembimbing II : Drs. Sumardiyanto, M.Pd.

The study aims to determine the relationship of anxiety competitive with the performance of Asmat Academy futsal athletes. The sample in this study were 23 male futsal athletes with an average age of 15 years as the Asmat Academy futsal athlete. Data collection techniques in this study include: The Sport Anxiety Scale-2 (SAS-2) entertainment test and a performance gauge for athletes Games Performance Assesment Instrument (GPAI). A significant correlation ($p < 0.005$) was found between the competitive anxiety and the performance of the Asmat Academy futsal athlete. Further analysis shows a very challenging competitive coefficient with a value of $r = -0.807$. It can be concluded that competitive anxiety is negatively related to the performance of futsal athletes with a very strong degree of relationship.

Keywords: anxiety, competitive anxiety, performance, futsal athletes.

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