

ABSTRAK

PROGRAM PENERIMAAN ORANGTUA YANG MEMILIKI ANAK *DOWN SYNDROME*

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Permasalahan penerimaan orangtua (*parental acceptance*) terhadap anak *down syndrome* akan berdampak terhadap psikologis, dan prestasi anak di sekolah serta kemandirian anak. Penelitian ini bertujuan merumuskan program penerimaan orangtua yang memiliki anak *down syndrome*. Subjek penelitian adalah tiga orang tua yang memiliki anak *down syndrome*. Observasi, wawancara dan dokumentasi digunakan untuk menggali data yang berhubungan dengan kondisi objektif penerimaan orangtua serta upaya yang telah dilakukan sekolah untuk meningkatkan penerimaan orangtua. Hasil analisis data menunjukkan penerimaan orang tua masih beradaptasi dengan *secondary phase* dimana masih muncul perasaan bertentangan, merasa bersalah, marah, malu dan merasa dipermalukan, serta kebingungan dalam mengasuh anak. Program penerimaan orangtua yang memiliki anak *down syndrome* berisi empat aspek yang diramudari faktor-faktor yang mempengaruhi penerimaan yakni: *knowledge support, religious support, emotional support* dan *social support*. Kesesuaian program dengan kebutuhan orangtua dan memperhatikan prinsip fleksibilitas akan mengarahkan orangtua untuk menerima kondisinya anaknya yang *down syndrome*.

Kata Kunci: Penerimaan Orangtua, Anak *Down Syndrome*, Program.

Syari Yuliana, 2018

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ABSTRACT

THE ACCEPTANCE PROGRAM FOR PARENTS WHO HAVE DOWN SYNDROM CHILDREN

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Parental acceptance issues to down syndrom children will have an impact on the psychological, and children's achievement in school and children's independence. This study aims to formulate the program acceptance of parents who have children Down syndrome. Research subjects were three parents who had a Down syndrome child. Observations, interviews and documentation are used to explore data relating to the objective conditions of parental acceptance as well as the efforts that schools have made to improve parental acceptance. The result of data analysis shows acceptance of three subject of parent still on stage of secondary phase where still feel conflicting feeling, feel guilty, angry, embarrassed and feel humiliated, and confusion in parenting. Parental acceptance programs with Down syndrome children contain four aspects that are mixed from factors that affect acceptance, namely: knowledge support, religious support, emotional support and social support. The suitability of the program with the needs of parents and paying attention to the principle of flexibility will lead parents to accept the condition of their down syndrome children.

Keywords: Parental acceptance, Children with Down Syndrome, Program.

Syari Yuliana, 2018

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