

**THE MOTHER'S EFFORTS TO HABITUATE THE PRESCHOOLER IN THE  
CLEAN AND HEALTHY BEHAVIOR AT SUKALUYU  
DISTRICT BANDUNG**

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**ABSTRACT**

*Problems in this research is many mothers who do not apply clean and healthy life behavior, especially in personal hygiene, eating nutritious foods such as vegetables and fruits in preschoolers. The purpose of this study to determine the efforts of mothers in the habits of clean and healthy life behavior in preschool children in Kelurahan Sukaluyu Bandung. This research uses descriptive method. The population is mothers who have preschool children aged 2-6 years. The sample used is purposive sampling that is mothers who have preschool children aged 4-5 years still in mother care and already entering institution of early age education hence total sample used in this research is 29 mother. Instrument in this research is questionnaire closed with Multiple Choice Questions. The results of the research efforts of mothers in the habits of clean and healthy living behavior in preschool children's hygiene that is more than half give an example by inviting children to wash hands together, Provision of nutritious food that is more than half done by inviting children to eat vegetables every time eat like soup and vegetable spinach, Cleanliness of the environment that is more than half of children invited by washing dishes or glass together. Recommendations for subsequent investigators are the pattern of care in familiarizing the behavior of clean and healthy life in preschoolers and inhibiting factors in inculcating the habits of clean and healthy life behavior in preschoolers.*

**Keywords: Habits of Clean and Healthy Living Behavior, Preschooler**