

PENGARUH *MOOD* NEGATIF TERHADAP *FALSE MEMORY* ANAK

Skripsi

Disusun untuk memperoleh gelar Sarjana di Departemen Psikologi
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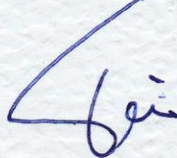
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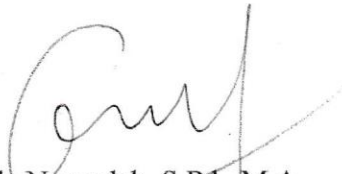
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ABSTRAK

Thereesia Octaviana Roncaly (1505815). *Pengaruh Mood Negatif terhadap False Memory Anak.* Skripsi. Departemen Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan, Bandung (2019).

False memory adalah kondisi di mana seseorang salah mengingat sesuatu hal atau kejadian yang sebenarnya tidak pernah dilihat, didengar atau terjadi kepadanya. Anak memiliki peluang terbesar untuk mengalami *false memory* dari kondisi kognitifnya yang belum mampu secara aktif menggunakan memori inti dan memori verbatim secara stabil. Penelitian ini bertujuan untuk melihat pengaruh dari *mood* negatif terhadap *false memory* anak. Penelitian dilakukan dengan menggunakan instrumen *Deese-Roediger McDermott* yang sudah dikembangkan untuk anak serta *Brief Mood Inspection Scale* untuk uji coba *treatment*. Model eksperimen yang digunakan adalah model *posttest only research design*. Teknik *sampling* yang digunakan adalah *simple random sampling* dengan metode undian dari total populasi 500 anak yang bersekolah di SDN 281 Margahayu Bandung. *Sample* yang digunakan untuk kelompok kontrol berjumlah 34 anak dan kelompok eksperimen berjumlah 33 anak. *Treatment* yang digunakan untuk mengubah *mood* anak menjadi negatif adalah menulis surat. Analisis data dilakukan dengan uji T independen antara hasil *posttest* kelompok kontrol dan kelompok eksperimen dengan menggunakan aplikasi SPSS 22.0. Hasil penelitian menunjukkan bahwa *mood* negatif tidak berpengaruh terhadap *false memory* anak.

Kata kunci : *false memory, mood* negatif, anak, *Deese-Roediger McDermott*

ABSTRACT

Theresia Octaviana Roncaly (1505815). *The Effect of Negative Mood to Children's False Memory.* Minithesis. Department of Psychology, Faculty of Education, Universitas Pendidikan Indonesia, Bandung (2019).

False memory is a condition when someone remembered something that actually never been saw, heard or happened to them. Children have big chance to get false memory when their cognitive functions are not capable of actively using their core memory and verbatim memory. This research is done to see how negative mood affecting children's false memory. This research is using Deese-Roediger McDermott that had been developed for children use and Brief Mood Inspection Scale for treatment try out. This research is using after only research design. Sampling technique that is used is simple random sampling with lottery as method with total population of 500 children who are students in SDN 281 Margahayu Bandung. This research's samples are 34 children in control group and 33 children experiment group. Treatment that is used to change children's mood to be negative is writing letter. Data analysis for this research is Independent T test between control and experiment group's post-tests using SPSS 22.0. The conclusion of this research is negative mood is not affecting false memory in children.

Keyword: false memory, negative mood, children, Deese-Roediger McDermott

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