

No. Skripsi: 839/Skripsi/PSI-FIP/UPI/10.2019

**PENGARUH KESEPIAN DAN KELEKATAN TEMAN SEBAYA
TERHADAP IDENTITAS DIRI PADA REMAJA DI KOTA BANDUNG**

SKRIPSI

Diajukan untuk Memenuhi Salah Satu Syarat
Memperoleh Gelar Sarjana Psikologi



Disusun oleh:
Tryan Tutiarima
1500988

**DEPARTEMEN PSIKOLOGI
FAKULTAS ILMU PENDIDIKAN
UNIVERSITAS PENDIDIKAN INDONESIA
2019**

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Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat
memperoleh gelar Sarjana Psikologi pada Departemen Psikologi
Fakultas Ilmu Pendidikan

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Oktober 2019

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LEMBAR PENGESAHAN SKRIPSI

Tryan Tutiarima
1500988

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Disetujui dan disahkan oleh pembimbing:

Pembimbing I



Drs. MIF Baihaqi, M.Si
NIP. 19621208 198803 1 001

Pembimbing II

Dra. Yayah Pujasari, M.Si
NIP. 19630424 198503 2 003

**Mengetahui,
Ketua Departemen Psikologi**



Dr. Sri Maslihah, M.Psi., Psikolog
NIP. 19700726 200312 2 001

ABSTRAK

Tryan Tutiarima (1500988). *Pengaruh Kesepian dan Kelekatan Teman Sebaya terhadap Identitas Diri pada Remaja di Kota Bandung.* Skripsi. Departemen Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia. Bandung. (2019).

Penelitian ini bertujuan untuk mengetahui pengaruh kesepian dan kelekatan teman sebaya terhadap identitas diri remaja di kota Bandung. Metode penelitian ini menggunakan metode kuantitatif dengan partisipan remaja yang terdiri dari 246 siswa SMA. Instrumen pada penelitian menggunakan *UCLA Loneliness Scale (Version 3)* untuk mengukur kesepian, *The inventory of Parent and Peer Attachment (IPPA)* untuk mengukur kelekatan teman sebaya, dan *Ego Identity Process Questionnaire* untuk mengukur identitas diri yang telah diadaptasi ke dalam bahasa Indonesia. Teknik analisis data yang digunakan adalah regresi linear dan berganda. Hasil yang diperoleh menunjukkan bahwa terdapat pengaruh kesepian dan kelekatan teman sebaya terhadap identitas diri (komitmen) di kota Bandung.

Kata Kunci: kesepian, kelekatan teman sebaya, identitas diri, dan remaja.

ABSTRACT

Tryan Tutiarima (1500988). *The Effect of Loneliness and Peer Attachment on Self-Identity of adolescent in Bandung.* Unpublished research paper. Department of Psychology, Faculty of Education Science, Indonesia University of Education. Bandung. (2019).

This study aims to determine the effect of loneliness and attachment of peers to adolescent self-identity in the city of Bandung. This research method uses quantitative methods with adolescent participants consisting of 246 high school students. The instrument in the study used the UCLA Loneliness Scale (Version 3) to measure loneliness, The inventory of Parent and Peer Attachment (IPPA) to measure peer attachment, and the Ego Identity Process Questionnaire to measure self-identity that had been adapted into Indonesian. The data analysis technique used is linear and multiple regression. The results obtained indicate that there is an effect of loneliness and attachment of peers to self-identity (commitment) in the city of Bandung.

Keywords: loneliness, peer attachment, self-identity, and adolescent.

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