

**HUBUNGAN KONTROL DIRI, BERPIKIR KRITIS, DAN
MOTIVASI BERPRESTASI DENGAN HASIL BELAJAR
KETERAMPILAN TEKNIK BOLA VOLI**

TESIS

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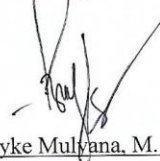
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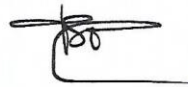
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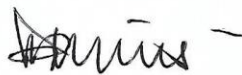


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PERNYATAAN

Dengan ini saya menyatakan bahwa tesis dengan judul “Hubungan Kontrol Diri, Berpikir Kritis, dan Motivasi Berprestasi dengan Hasil Belajar Keterampilan Teknik Bola Voli” ini beserta seluruh isinya adalah benar-benar karya saya sendiri, dan saya tidak melakukan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika keilmuan yang berlaku dalam masyarakat keilmuan.

Atas pernyataan ini, saya siap menanggung risiko/sanksi yang dijatuhkan kepada saya apabila kemudian ditemukan adanya pelanggaran terhadap etika keilmuan dalam karya saya ini atau ada klaim dari pihak lain terhadap keaslian karya saya ini.

Bandung, Oktober 2019

Yang membuat pernyataan

Budi Gunawan

Abstrak

Pendidikan jasmani harus menjadi alat untuk mencapai tujuan pendidikan. Namun, dalam proses pembelajaran, seringkali tidak ada proses pengajaran. Mengajar mengajar sangat tidak efektif, kadang-kadang pembelajaran tidak ada artinya dan tidak menyampaikan pesan pendidikan. Ini tentu saja tidak terlepas dari peran guru sebagai pemegang kendali atas proses pembelajaran. Pembelajaran yang berpusat pada guru tampaknya membatasi siswa untuk mengeksplorasi kemampuan siswa dalam proses pembelajaran. Untuk mencapai pembelajaran yang sukses, guru harus mampu mengakomodasi aspek pribadi manusia, mengoptimalkan seluruh kerja otak dan dapat menghasilkan motivasi yang tinggi dari siswa. Kreativitas guru dipertaruhkan untuk dapat merancang alat belajar yang dapat mengakomodasi aspek-aspek ini di semua kompetensi.

Penelitian ini menggunakan metode pendekatan kuantitatif. Tujuan dari penelitian ini akan melihat dari hubungan kontrol diri, berpikir kritis, dan motivasi berprestasi dengan hasil belajar keterampilan teknik permainan bola voli. Dengan sampel 20 orang Analisis hipotesis dilakukan dengan menggunakan metode Kuesioner karena lebih sesuai dengan kasus yang dipaparkan dalam penelitian ini. Instrumen yang digunakan adalah tes keterampilan bola voli dengan memberikan kuesioner.

Hasilnya menunjukkan bahwa ada pengaruh yang signifikan dari hubungan antara kontrol diri, berpikir kritis, dan motivasi berprestasi dengan hasil belajar keterampilan teknik bola voli. Selanjutnya, penulis menyarankan agar guru pendidikan jasmani dalam pemilihan materi dalam proses pembelajaran disesuaikan dengan prinsip, karena akan memberikan manfaat yang sangat baik, terutama dalam meningkatkan hasil belajar seperti aspek pengembangan keterampilan, pengembangan kognitif, pengembangan sosial dan perkembangan pola pikir anak.

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