

HUBUNGAN GAYA KEPEMIMPINAN PELATIH DENGAN MOTIVASI
BERPRESTASI ATLET KEMPO JAWA BARAT

SKRIPSI

Diajukan untuk Memenuhi Sebagian Syarat Memperoleh Gelar Sarjana Sains
Program Studi Ilmu Keolahragaan



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Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar
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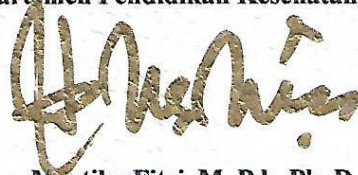
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ABSTRAK

HUBUNGAN GAYA KEPEMIMPINAN PELATIH DENGAN MOTIVASI BERPRESTASI ATLET KEMPO JAWA BARAT

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Dosen Pembimbing I : Prof. Dr. H. Yudha M. Saputra, M.Ed.

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Penelitian ini bertujuan untuk mengetahui hubungan gaya kepemimpinan pelatih dengan motivasi berprestasi atlet Kempo Jawa Barat. Metode yang digunakan dalam penelitian ini adalah metode kuantitatif dengan desain korelasi. Sebanyak 30 orang atlet Pelatda Kempo Jawa Barat menjadi sampel dalam penelitian ini yang diambil dengan menggunakan teknik *total sampling*. Instrumen penelitian yang digunakan untuk mengukur gaya kepemimpinan yaitu angket gaya kepemimpinan pelatih, dan untuk mengukur motivasi berprestasi atlet menggunakan *Achievement Motivation Scale* yang diadaptasi dari *Journal of Sport Psychology*, yang dikembangkan oleh Willis, (1982). Data penelitian dianalisis menggunakan analisis statistik *Pearson Correlation* dan Uji Regresi Linear Berganda pada software SPSS (*Statistical Product for Social Science*) versi 22. Hasil analisis data menyatakan bahwa gaya kepemimpinan otoriter memperoleh nilai Sig. (ρ) = 0,005 < 0,05, dan $r = -0,501$, sehingga ditetapkan bahwa terdapat hubungan negatif yang signifikan antara gaya kepemimpinan otoriter dengan motivasi berprestasi atlet Kempo Jawa Barat. Dan untuk gaya kepemimpinan demokratis memperoleh nilai Sig. (ρ) = 0,004 < 0,05, dan $r = 0,505$, sehingga diputuskan bahwa terdapat hubungan positif yang signifikan antara gaya kepemimpinan demokratis dengan motivasi berprestasi atlet Kempo Jawa Barat. Selain itu hasil menunjukkan bahwa gaya kepemimpinan otoriter dan gaya kepemimpinan demokratis memberikan kontribusi secara bersama-sama terhadap motivasi berprestasi atlet sebesar 28,1%.

Kata Kunci: atlet, gaya kepemimpinan, Kempo, motivasi berprestasi, pelatih

ABSTRACT

RELATIONSHIP BETWEEN COACH LEADERSHIP STYLES AND ACHIEVEMENT MOTIVATION OF WEST JAVA KEMPO ATHLETES

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This study aims to determine the relationship between coach leadership styles and achievement motivation of West Java Kempo athletes. The study used a quantitative method with a correlation research design. Total 30 athletes from West Java Kempo were sampled in this study as the participants which were taken using total sampling. As the research instrument, the coach leadership style questionnaire is used to measure leadership style. And the Achievement Motivation Scale which was adapted from the Journal of Sport Psychology developed by Willis (1982), is used to measure the achievement motivation of athletes. The data were analyzed by using Pearson Correlation and Multiple Linear Regression Test on SPSS version 22. The results show that the authoritarian leadership styles have value of Sig. (ρ) = 0.005 < 0.05, and $r = -0.501$, so it is determined that there is a significant negative relationship between the authoritarian leadership style and Kempo athlete's achievement motivation. And the democratic leadership style have value of Sig. (ρ) = 0.004 < 0.05, and $r = 0.505$, so it can be decided that there is a significant positive relationship between democratic leadership styles and Kempo athlete's achievement motivation. Additionally, the result revealed that the authoritarian and democratic leadership style contributed to the achievement motivation of 28,1%.

Keywords: leadership style, Kempo, achievement motivation, coach.

DAFTAR ISI

KATA PENGANTAR	i
UCAPAN TERIMA KASIH	ii
ABSTRAK	iv
ABSTRACT	v
DAFTAR ISI	vi
DAFTAR TABEL	viii
DAFTAR GAMBAR	ix
DAFTAR LAMPIRAN	ix

BAB I

PENDAHULUAN	1
1.1 Latar Belakang Penelitian	1
1.2 Rumusan Masalah Penelitian	5
1.3 Tujuan Penelitian	5
1.4 Manfaat/Signifikansi Penelitian	5
1.5 Struktur Organisasi Penelitian	6

BAB II

KAJIAN PUSTAKA	9
2.1 Konsep Kepemimpinan	9
2.2 Gaya Kepemimpinan.....	10
2.3 Pengertian Pelatih.....	12
2.3.1 Tugas Pelatih	12
2.3.2 Fungsi Pelatih	14
2.4 Konsep Motivasi dan Motivasi Berprestasi	15
2.4.1 Motivasi Berprestasi	17
2.5 Gaya Kepemimpinan Pelatih	19
2.5.1 Gaya Otoriter	19
2.5.2 Gaya Demokratis	21
2.5.3 Gaya yang Berpusat pada Atlet	22
2.5.4 Gaya yang Berpusat pada Tugas.....	23
2.6 Shorinji Kempo	24
2.6.1 Embu.....	25
2.6.2 Randhori	27
2.7 Penelitian Terdahulu yang Relevan	28
2.8 Posisi Keilmuan Penulis.....	29
2.9 Hipotesis.....	30

BAB III

METODE PENELITIAN	31
3.1 Desain Penelitian.....	32
3.2 Partisipan Penelitian.....	33
3.3 Populasi dan Sampel Penelitian	33
3.3.1 Populasi Penelitian.....	33
3.3.2 Sampel Penelitian	33
3.4 Instrumen Penelitian.....	33

3.4.1 Instrumen Gaya Kepemimpinan Pelatih.....	34
3.4.2 Instrumen Motivasi Berprestasi.....	37
3.5 Prosedur Penelitian.....	41
3.6 Analisis Data.....	42
3.6.1 Uji Validitas Instrumen.....	43
3.6.2 Uji Reliabilitas Instrumen.....	46
3.7 Prosedur Pengolahan Data.....	46
3.7.1 Uji Normalitas Data.....	47
3.7.2 Uji Homogenitas Data.....	47
3.7.3 Uji Korelasi.....	47
3.7.4 Uji Determinasi.....	47
BAB IV	
TEMUAN DAN PEMBAHASAN.....	48
4.1 Temuan Penelitian.....	48
4.1.1 Deskriptif Data.....	48
4.1.2 Uji Normalitas.....	49
4.1.3 Uji Homogenitas.....	49
4.1.4 Uji Hipotesis.....	50
4.1.5 Uji Determinasi.....	54
4.2 Pembahasan dan Hasil Temuan Penelitian.....	55
4.2.1 Hubungan Gaya Kepemimpinan Pelatih Otoriter dengan Motivasi Berprestasi.....	55
4.2.2. Hubungan Gaya Kepemimpinan Pelatih Otoriter dengan Motivasi Berprestasi.....	56
4.2.3 Hubungan Gaya Kepemimpinan Pelatih Otoriter dan Demokratis dengan Motivasi Berprestasi.....	56
BAB V	
SIMPULAN, IMPLIKASI DAN REKOMENDASI.....	58
5.1 Simpulan.....	58
5.2 Implikasi.....	58
5.3 Rekomendasi.....	58
Daftar Rujukan.....	59
1. Buku dan Artikel Jurnal.....	59
2. Sumber Online dan Bentuk Lain.....	62
Lampiran-Lampiran.....	63

DAFTAR TABEL

Tabel 3.1 Kisi-Kisi Angket Gaya Kepemimpinan Pelatih.....	34
Tabel 3.2 Kisi-Kisi Achievement Motivation Scale.....	38
Tabel 3.3 Kategori Pemberian Skor.....	40
Tabel 3.4 Contoh Skala <i>Likert</i> Bentuk <i>Checklis</i>	41

Tabel 3.5 Hasil Uji Validitas Angket Gaya Kepemimpinan Pelatih.....	43
Tabel 3.6 Hasil Uji Validitas Angket <i>Achievement Motivational Scale</i>	44
Tabel 3.7 Hasil Uji Reliabilitas Instrumen.....	46
Tabel 4.1 Deskriptif Data.....	48
Tabel 4.2 Uji Normalitas Data.....	49
Tabel 4.3 Uji Homogenitas Data.....	50
Tabel 4.4 Uji <i>Pearson Correlation</i>	51
Tabel 4.5 Interpretasi Koefisien Korelasi.....	53
Tabel 4.6 Uji Determinasi.....	54

DAFTAR GAMBAR

Gambar 2.1 Logo Shorinji Kempo.....	25
Gambar 2.2 Embu Berpasangan.....	26
Gambar 2.3 Randhori.....	27
Gambar 3.1 Desain Penelitian.....	32
Gambar 3.2 Prosedur Penelitian.....	41

DAFTAR LAMPIRAN

Lampiran 1. Hasil Output Data Menggunakan SPSS versi 22.....	63
Lampiran 2. Surat Keputusan.....	67
Lampiran 3. Kartu Bimbingan.....	70
Lampiran 4. Surat Ijin Penelitian.....	74
Lampiran 5. <i>Informed Consent</i>	75
Lampiran 6. Dokumentasi.....	76
Lampiran 7. Riwayat Hidup.....	77

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