

**PENGARUH LATIHAN *SMALL SIDED GAME* DAN *COERVER* TERHADAP  
PENAMPILAN BERMAIN BERDASARKAN TINGKAT KECERDASAN  
PEMAIN SEPAK BOLA**

**Tesis**

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# **Pengaruh Latihan Small Sided Game dan Coerver Terhadap Penampilan Bermain Berdasarkan Tingkat Kecerdasan Pemain Sepak Bola**

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Sebuah Tesis yang diajukan untuk memenuhi salah satu syarat memperoleh gelar  
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## Abstrak

**Saeful Abidin. (2019). Pengaruh latihan *Small Sided Games* (SSG) dan *Coerver* Terhadap Penampilan Bermain Berdasarkan Tingkat Kecerdasan Pemain. Program Studi Pendidikan Pendidikan Olahraga (POR). SPS-UPI. Pembimbing I: Agus Rusdiana, M.A, Ph.D. Pembimbing II: Dr. Nuryadi, M.Pd.**

Tujuan dalam penelitian ini yaitu untuk mengetahui perbedaan pengaruh latihan *Small Sided Games* (SSG) dan *Coerver* terhadap penampilan bermain berdasarkan tingkat kecerdasan pemain. Populasi dalam penelitian ini sebanyak 40 pemain dengan rentang usia 16-19 tahun. Melalui tes APM sampel dalam penelitian berjumlah 20 pemain dengan kategori kecerdasan tinggi dan rendah. Instrumen dalam penelitian ini yaitu menggunakan GPET (*Game Performance Evaluation Tools*). Adapun hipotesis penelitian yaitu terdapat perbedaan pengaruh latihan SSG dan *Coerver* terhadap penampilan bermain berdasarkan tingkat kecerdasan pemain. Nilai rata-rata latihan SSG 76.436 dan latihan *Coerver* 75.913 dan std error masing-masing 7.13. dengan signifikansi  $0.000 < 0.005$  maka terdapat perbedaan pengaruh yang signifikan antara latihan SSG dan *Coerver* terhadap penampilan bermain berdasarkan tingkat kecerdasan pemain. Penelitian ini menunjukkan adanya perbedaan pengaruh dari latihan SSG dan *Coerver* terhadap penampilan bermain dengan melihat dari sudut pandang tingkat kecerdasan pemain serta interaksi latihan dan kecerdasan pemain.

Kata Kunci : Penampilan Bermain, *Small Sided Game*, *Coerver*, Kecerdasan Pemain Sepak Bola

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