

CHAPTER V

CONCLUSIONS AND SUGGESTIONS

This chapter covers the conclusion and the recommendation of the study. This chapter consists of the conclusion of the study which is drawn from the results of previous sections. This chapter also presents the recommendation for future research which also based on the results found in the previous sections as well.

5.1 Conclusions

This study aims to investigate the alienation cases depicted in the novel *How to Stop Time* (2017) by Matt Haig. The story of the novel revolves around the main character; Tom Hazard, and his associates who suffer a condition called *anageria* that allows them to live for hundreds of years. Under the theory of alienation proposed by Jaeggi (2014), the analysis of this study is focused on the relation and interrelation among Tom's experiences, his associates, other characters, and the time itself.

The result of the study suggests that the novel depicts all the aspects of alienation proposed by Jaeggi (2014) namely the intertwined powerlessness and meaninglessness, the construct of social heteronomy, and also the relation of relationlessness. These aspects are presented mainly by Tom Hazard; the main character, Hendrich, Rose Claybrook, and Marion. Tom Hazard is alienated from the 'mayflies' or the human being without *anageria* and even from the Albatross society, which supposed to be a haven for those under the condition of *anageria*. On the other hand, Hendrich is alienated from the 'mayflies' due to his fear of the unknown, while Rose Claybrook and Marion are alienated from the mayflies because they are accused to be the reason and result of Tom's unnatural trait.

The alienation depicted in the novel also represents other issues such as loneliness and the loss of freedom. The mentioned issues and the case of alienation are somehow related to each other. However, not every finding in this study represents the

issues. The loneliness in the novel is shown by Tom Hazard as a result of his alienated self that prevents him from establishing meaningful ties with other human beings simply because of his condition of *anageria* that considered to be a threat due to its mysterious nature. While the loss of freedom is dominantly depicted by Tom Hazard in the context of his status as the member of the albatross society. Tom wanders in his life, hoping to be reunited with his long lost daughter Marion who inherits his condition while moving cluelessly from one place to another under the constraint of the regulation enforced to him by Hendrich. Hendrich persuades Tom that everything he does is the only way to keep Tom and the other albas safe while actually Hendrich; fueled by the fear of the unknown, only exploits Tom and other albas to hoard as many albas as possible to the society regardless any means necessary.

This findings of the study also suggest that the theory of alienation proposed by Jaeggi (2014), accommodates the ideas of alienation proposed by her predecessors; Marx (1867) and Seeman (1959). Several findings of the study which uses Jaeggi's (2014) aspects of alienation can also be classified under the five aspects of alienation proposed by Seeman (1959) namely; Powerlessness, Meaninglessness, Normlessness, Social Isolation, and Self-Estrangement. The findings also suggest that Jaeggi's (2014) aspect of alienation accommodates three out of four alienation forms proposed by Marx (cited in SocialScienceUvA, 2015) namely the alienation from product, alienation from process of labor, and alienation from self. However, the findings of the novel do not seem to represent Marx idea of alienation from fellow worker.

5.2 Suggestions

How to Stop Time (2017) is a heartwarming novel that presents numerous contemporary issues which are potential to be analyzed. However, the writer cannot find any other literary studies which use this novel as its data source of analysis. As a reference for future research, the writer suggest to analyze several themes that can be found in the novel such as Tom's love life which can be analyzed further to redefine the concept of love, Tom's journey in his life which can be analyzed through the perspective of character development theories, or Tom's identity through the

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THE MEN WHO ARE LOST IN TIME: ALIENATION IN MATT HAIG'S HOW TO STOP TIME (2017)

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perspective of diaspora or the self and other where it might also presents valuable insight since Tom is the refugee of time itself.

Aside from suggesting the novel to be used as further literary research data, the writer also suggests applying the theory of alienation proposed by Jaeggi (2014) to be used in analyzing other contemporary novels. The findings in this study suggest that alienation is a productive theory that can be used as a perspective to analyze the postmodern condition of detachment, isolation, and estrangement.