

THE MEN WHO ARE LOST IN TIME: ALIENATION IN MATT HAIG'S *HOW TO STOP TIME* (2017)

A Research Paper

Submitted as Partial Fulfillment of the Requirement for

Sarjana Sastra Degree



Rifki Gustian Romdon

1504584

**ENGLISH LANGUAGE AND LITERATURE STUDY PROGRAM
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**THE MEN WHO ARE LOST IN TIME: ALIENATION IN MATT HAIG'S
*HOW TO STOP TIME (2017)***

Oleh
Rifki Gustian Romdon

Sebuah skripsi yang diajukan untuk memenuhi salah satu syarat memperoleh gelar Sarjana Sastra
pada Fakultas Pendidikan Bahasa dan Sastra

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PAGE OF APPROVAL
THE MEN WHO ARE LOST IN TIME: ALIENATION IN MATT HAIG'S
HOW TO STOP TIME (2017)

A Research Paper
by
Rifki Gustian Romdon
1504584

Approved by:

Supervisor



Ahmad Bukhori Muslim, M.Ed., Ph.D.

NIP. 1974012322001121003

Head of English Education Department
Faculty of Language and Literature Education
Universitas Pendidikan Indonesia



Wawan Gunawan, M.Ed., Ph.D.

NIP. 197209162000031001

PREFACE

All praises to Allah SWT for all His mercy and blessings that has been given to the writer in the form of perseverance and fortitude so that the writer can complete this research entitled “*The men who are lost in time: Alienation in Matt Haig’s How to Stop Time (2017)*” which is submitted as a partial requirements for *Sarjana Sastra* degree.

This study explores the various aspects of alienation proposed by Jaeggi (2014) which are presented in a novel written by Matt Haig titled “*How to Stop Time*”. This study also explores the issues shown by alienation which dominantly are the issues of loneliness and the loss of freedom. The writer hopes this research can bring the issues discussed to light so that it can be used as a reflection for the readers in their daily life, and/or used as a reference for future researchers.

The writer is fully aware that this research is far from being called perfect and might contain mistakes. Thus, the writer believes that any mistakes found in this research are solely due to the writer’s error. Therefore, the writer will highly appreciate any constructive responses, comments, and/or feedbacks towards this research.

Bandung, August 2019

Rifki Gustian Romdon

STATEMENT OF AUTHORIZATION

I hereby certify that this research entitled “*The men who are lost in time: Alienation in Matt Haig’s How to Stop Time (2017)*” is a product of my own work. I am fully aware that I cite ideas and statements from scholars and other sources which therefore quoted and cited properly. I am willing to take any responsibility for any risks that can be imposed on me if there are any violations of educational research ethics in this work later.

Bandung, August 2019

Rifki Gustian Romdon

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ABSTRACT

The Men who are Lost in Time:

Alienation in Matt Haig's *How to Stop Time* (2017)

Rifki Gustian Romdon

1504584

Supervisor:

Ahmad Bukhori Muslim, Ph.D.

Postmodern condition, marked by the advancement of the globalization of media, technology, and economy, raises a sense of discontent in the society. Detachment, isolation and alienation are examples of how the development affects human's sociological and psychological state. This study attempts to propose the idea of alienation as a significant issue and is still relevant in society nowadays by presenting examples found in the novel *How to Stop Time* (2017) by Matt Haig. The examples found are reflected upon theories and condition in the contemporary society. As for the framework of alienation, this study employs the three aspects of alienation proposed by Jaeggi (2014) namely the intertwined powerlessness and meaninglessness, the construct of social heteronomy, and the relation of relationlessness, to unravel how it is depicted in the novel through the relation and interrelation among the main character's experiences, his associates, other characters, and the time itself. The result of the study suggests that the novel depicts all the aspects of alienation proposed by Jaeggi (2014). The quasi-immortal trait of the main character and his associates, also show other issues which dominantly are the issue of loneliness and the loss of freedom through their experience of alienation. The findings in the study suggest that the theory is productive and proposes a practical contrasting stand point of alienation which is the relation of appropriation. Further research on the novel *How to Stop Time* (2017) is suggested due to its rich potential of explorability.

Keywords: *postmodernism, existentialism, alienation, loneliness, freedom*

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