

ABSTRAK

TEGUH SATRIA (1602698). Tesis ini berjudul “Dampak *Outdoor Education* dan *Outdoor Game* terhadap *Self Concept* dan Perilaku *Assertive* Siswi Sekolah Dasar”

Dosen Pembimbing 1. Prof. Dr. Herman Subarjah. M.Si.

Dosen Pembimbing 2. Dr. Kardjono. M.Sc.

Penelitian ini bertujuan untuk menguji seberapa besar dampak *Outdoor Education* dan *Outdoor Game* terhadap *Self Concept* dan perilaku *Assertive* siswi SD Laboratory Percontohan UPI Tasikmalaya. Sampel dalam penelitian ini berjumlah 32 siswi, teknik pengambilan *purposive sampling*. Metode yang penulis gunakan dalam penelitian ini adalah metode *Eksperimen*. Instrument yang digunakan yaitu menggunakan kuesioner *Self Concept Scale*, dan *Assertive Scale*. Hasil penelitian menunjukkan bahwa, *Outdoor Education* dan *Outdoor Game* berdampak signifikan terhadap *Self Concept* dan perilaku *Assertive*. Saran untuk penelitian selanjutnya, dengan satu perlakuan seperti *Outdoor Game* terhadap *self concept* dan *assertive*.

Kata kunci: *Outdoor Education, Outdoor Game, Self Concept, Assertive, Gender*

Teguh Satria, 2018

DAMPAK OUTDOOR EDUCATION DAN OUTDOOR GAME TERHADAP SELF CONCEPT DAN PERILAKU
ASSERTIVE SISWI SEKOLAH DASAR

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ABSTRACT

TEGUH SATRIA (1602698). This thesis was titled "**The Impact of Outdoor Education and Outdoor Game on Self Concept and Behavior Assertive of Elementary School Students**".

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This study aims to test how big the impact of *Outdoor Education* and *Outdoor games* are against the *Self-esteem Concept* and behavior of *Assertive* students ELEMENTARY Laboratory Pilot UPI Tasikmalaya. The sample in this research totalled 32 students, techniques the taking of *purposive sampling*. Method the authors use in this research is a method *Experiments*. Instrument used questionnaire *Self Concept Scale*, and the *Assertive Scale*. The results showed that, *Outdoor Education* and *Outdoor Games* impact significantly to *Self Concept* and *Assertive* behavior. Suggestions for further research, with a treatment such as *Pool Games* against *self concept* and *assertive*.

Keyword: *Outdoor Education, Outdoor Game, Self Concept, Assertive, Gender*

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