

**MENINGKATKAN *DISABILITY AWARENESS* PESERTA DIDIK
DI SEKOLAH INKLUSIF MELALUI BIMBINGAN KELOMPOK
DENGAN TEKNIK *SOCIAL SKILLS TRAINING***

**(Penelitian Eksperimen Kuasi terhadap Peserta Didik Non ABK SMP Dewi
Sartika Bandung Tahun Ajaran 2018/2019)**

TESIS

**diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar
Magister Pendidikan Bimbingan dan Konseling**



Oleh

**Emria fitri
NIM 1707587**

**PROGRAM STUDI BIMBINGAN DAN KONSELING
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2019**

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Oleh.
Emria fitri

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Sebuah tesis yang diajukan untuk memenuhi salah satu syarat untuk memperoleh gelar Magister Pendidikan (M.Pd.) pada Program Studi Bimbingan dan Konseling

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EMRIA FITRI

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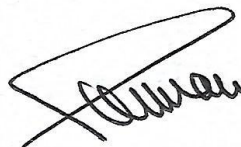
disetujui dan disahkan oleh pembimbing:

Pembimbing I



**Dr. Nurhudaya, M.Pd
NIP. 196007251986011001**

Pembimbing II



**Dr. Suherman, M.Pd
NIP. 195903311986031002**

**Mengetahui,
Ketua Departemen Psikologi Pendidikan dan Bimbingan
Fakultas Ilmu Pendidikan
Universitas Pendidikan Indonesia**



**Dr. Nandang Budiman, M.Si.
NIP. 197102191998021001**

ABSTRAK

Emria Fitri, 2019. Meningkatkan *Disability Awareness* Peserta Didik di Sekolah Inklusif Melalui Bimbingan Kelompok dengan Teknik *Social Skills Training* (Penelitian Eksperimen Kuasi Terhadap Peserta Didik Non ABK Smp Dewi Sartika Bandung Tahun Ajaran 2018/2019).

Penelitian ini dilatarbelakangi oleh fenomena rendahnya kesadaran disabilitas (*disability awareness*) peserta didik non ABK di sekolah inklusif yang mengakibatkan kurangnya keterampilan sosial peserta didik dalam menjalin interaksi dengan anak berkebutuhan khusus. Penelitian bertujuan untuk menguji efektivitas bimbingan kelompok dengan teknik *social skills training* untuk meningkatkan *disability awareness* peserta didik di sekolah inklusif. Penelitian menggunakan metode eksperimen kuasi dengan desain *nonequivalent control group*. Pengumpulan data dilakukan menggunakan angket *disability awareness*. Sampel penelitian adalah peserta didik non ABK kelas VII SMP Dewi Sartika Bandung tahun ajaran 2018/2019 yang memiliki tingkat *disability awareness* pada kategori rendah dan pengambilan sampel dilakukan dengan non random. Teknik analisis data menggunakan statistik parametrik yaitu uji *independent sample t-test* dan *paired sample t test*. Adapun temuan penelitian yaitu: 1) kecenderungan *disability awareness* peserta didik non ABK kelas VII SMP Dewi Sartika Bandung berada kategori sedang, 2) rumusan program bimbingan kelompok dengan teknik *social skills training* untuk meningkatkan *disability awareness* peserta didik di sekolah inklusif, dan 3) bimbingan kelompok dengan teknik *social skills training* efektif dalam meningkatkan *disability awareness* peserta didik non ABK di sekolah inklusif. Penelitian ini direkomendasikan kepada guru bimbingan dan konseling dan penelitian selanjutnya. Guru bk dapat mengintegrasikan program *disability awareness* kedalam program bimbingan di sekolah inklusif. Peneliti selanjutnya dapat menggunakan desain penelitian dan teknik konseling behavioral lainnya serta dapat melibatkan pihak lain dalam penelitian selanjutnya.

Kata Kunci : *Disability Awareness*, Bimbingan kelompok, Teknik *Social Skills Training*.

ABSTRACT

Emria Fitri, 2019. “Increasing Disability Awareness of Students in Inclusive Schools Through Group Counseling with Social Skills Training (Quasi Experimental Research on Students Non-Disabilities Junior High School Dewi Sartika Bandung Academic Year 2018/2019)”.

This research is motivated by the phenomenon of low disability awareness non disabilities students in inclusive schools that require students' social skills to establish interactions with children with special needs. The research aim to examine the effectiveness of group counseling with social skills training techniques to increase students' disability awareness in inclusive schools. Research method using quasi-experimental with a nonequivalent control group design. Data collection was carried out using a questionnaire disability awareness. The research sample was students non-disabilities grade VII of Junior High School Dewi Sartika Bandung in academic year 2018/2019 who had a low level of disability awareness and non-random sampling. Data analysis techniques used parametric statistics: the independent sample t-test and paired sample t test. The research findings are: 1) opportunities for disability awareness of non-disabilities students grade VII of Junior High School Dewi Sartika Bandung in the medium category, 2) the formulation of group guidance programs with social skills training techniques to increase the disability awareness of students in inclusive schools, and 3) group guidance with social skills skills training is effective in increasing the disability awareness of non-disabilities students in inclusive schools. This research is recommended to the teacher for guidance and counseling and further research.

Keywords: Disability Awareness, Group Guidance, Technic Social Skills Training.

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