

ABSTRAK

Tati Hernawati.(2012). **Model Konseling Keterampilan Hidup (*Lifeskillas Counseling*) untuk Meningkatkan Keterampilan Sosial Siswa Tuna Rungu Jenjang SMPLB di SLB-B Kota Bandung**. Program Studi Bimbingan dan Konseling, Sekolah Pascasarjana Universitas Pendidikan Indonesia.

Penelitian ini dilatarbelakangi belum optimalnya pencapaian keterampilan sosial siswa tunarungu, khususnya pada jenjang SMPLB. Oleh karena itu, penelitian ini bertujuan untuk menghasilkan suatu model konseling untuk meningkatkan keterampilan sosial siswa tuna rungu jenjang SMPLB. Adapun pendekatan konseling yang diasumsikan efektif untuk meningkatkan keterampilan sosial tersebut adalah konseling keterampilan hidup. Subyek dalam studi pendahuluan adalah siswa tuna rungu jenjang SMPLB yang ada di Kota Bandung sejumlah 32 siswa, sedangkan subyek dalam uji coba model sebanyak 12 siswa dari SLB-B Cicendo Bandung. Model konseling yang dihasilkan dari penelitian ini dapat bermanfaat bagi guru wali kelas atau guru Bimbingan&Konseling di sekolah dalam upaya meningkatkan keterampilan sosial siswa tuna rungu serta membantu penerapan kebijakan Kementrian Pendidikan dan Kebudayaan dalam mengembangkan pendidikan yang berorientasi keterampilan hidup. Untuk mencapai tujuan di atas, peneliti menggunakan model penelitian dan pengembangan (*Research and Development* atau *R&D*). Berdasarkan model penelitian tersebut, penelitian dilakukan melalui tiga tahap, yaitu tahap studi pendahuluan, pengembangan dan validasi model, serta pengujian model. Temuan penelitian adalah: Pertama, pencapaian keterampilan sosial siswa tuna rungu jenjang SMPLB sebagian besar (78%) berada pada kategori cukup dan sebagian kecil (22%) berada pada kategori kurang. Kedua, Model konseling keterampilan hidup mencakup dasar pemikiran, tujuan, asumsi, peranan konselor & guru wali kelas, tahapan konseling, serta evaluasi dan indikator keberhasilan. Ketiga, hasil uji efektivitas menunjukkan bahwa model konseling keterampilan hidup efektif untuk meningkatkan keterampilan sosial siswa tuna rungu.

Kata kunci : model, konseling keterampilan hidup, keterampilan sosial, dan tuna rungu.

ABSTRACT

Tati Hernawati (2012). *Lifeskills Counseling Model to Increase Social Skill of Students with Hearing Impairment in Special Junior High School in B-Special School in Bandung. Guidance and Counseling Study Program, Post Graduate School of Indonesia University of Education (UPI).*

The background of this study is the high amount of problems related to the low social skills achievement of students with hearing impairment, particularly in Special Junior High School. Therefore, the aim of this study is to produce a counseling model to increase social skills of students with hearing impairment in Special Senior High School. The counseling approach assumed as effective strategy to increase social skills is lifeskills counseling. The subject in preliminary study are 32 students with hearing impairment in Special Junior High School level in Bandung while the amount of model try out are 12 students from Special School Cicendo Bandung. The counseling model can be used by the homeroom teachers/counselor to increase the social skill of students with hearing impairment and support the implementation of National Education Ministries policy in order to develop lifeskills oriented education. In order to reach the goal, the researcher used research and development model or R&D. Based on the research model, the study was divided into three steps, preliminary study, model development and validation, and model testing. This study has three results, first, the social skills achievement of students with hearing impairment in most of Special Junior High School (78%) are in sufficient category and small amount (22%) are in low category. Second, lifeskills counseling model involves rationale, aim, assumption, role of counselor and homeroom teacher, counseling steps, and the evaluation and indicator of success. Third, effectivity test result shows that lifeskills counseling model is effective to increase social skill of students with hearing impairment.

Keywords: model, lifeskills counseling, social skill, and hearing impairment.