CHAPTER V
CONCLUSIONS AND SUGGESTIONS

In this chapter, various findings of the research are drawn together, and some theoretical as well as practical implications of these findings are suggested.

5.1 Conclusions

This study was concerned with the implementation of suggestopedia in teaching reading comprehension of narrative text to eight-graders. The purpose of this study was to investigate the effectiveness of suggestopedia, whether or not the use of the method was effective in teaching reading comprehension of narrative text. Furthermore, this study also aimed to discover the student’s responses toward the implementation of suggestopedia.

Based on the calculation result of independent t-test, the null hypothesis ($H_0$) was rejected which means that there was a significant difference in the mean of experimental and control group. The research findings suggested that this method was effective in teaching reading comprehension of narrative text. The use of the method can improve student’s ability proven by the scores of pre-test and post-test.

In addition, the implementation of this method could successfully work well because of several factors. Basically, this method emphasized learning by using classical music background. It aimed to create the learner’s concentration and make them feel relaxed. A good learning environment could influence the student’s mood during the learning process. The more students felt comfortable and relaxed in the classroom, the easier it would be for them. Besides that, the teacher’s role was the one of important things in the classroom. The teacher had the authority to command trust and respect of the students. Some positive suggestions could bring the students into the positive way as well. The student-teacher relation was created like parents to child where there was no anxiety when
having the interaction between both. The students and the teacher had a close relationship so they could freely express themselves and take risk in making mistakes. The selected material also influenced the student’s motivation. In this case, the material was narrative text. Based on the purpose of narrative text itself that was to entertain or amuse the reader, the teacher attracted student’s attention with various media and activities. The way how to convey the material to the students was combined with the interesting activity in order to get the student’s attention. The use of variety of media and activities were effective to increase student’s curiosity and willingness to learn. It could help the students to learn comfortably. Since every selected activity invited them to get relaxed and promoted them to comprehend the text. As a result, apart from helping students became more confident to use English, suggestopedia facilitated students to comprehend the text easily. In conclusion, the learning objectives were successfully reached by the students.

5.2 Suggestions

Teacher can use suggestopedia as teaching method in their teaching. Using suggestopedia is very interesting but challenging to do. For instance, when the suggestopedia is implemented in the big class where there are more than 30 students in the classroom. The teacher will find different situation and characteristic of the students. Therefore, the teacher should have a hard effort to be able to attract student’s attention and make them all focus to the material. Furthermore, the teacher should be more creative and smart in choosing and using material as well as learning media. It would be better if the materials were selected based on the student’s characteristic in order to avoid student’s boredom. Besides that, in relation to the use of music in the suggestopedia method, it would be better if the teacher conducted some surveys in the beginning. It aims to know what kind of music genre that students like the most and can influence their motivation in the learning process.
In addition, the use of suggestopedia in EFL context especially in teaching reading comprehension may be recommended because some elements of suggestopedia are suitable to be applied in reading classroom. The use of some variant activities can encourage all students including the low-motivated and low-achiever students. Thus, all students in the classroom will engage to the material since the suggestopedia gives the positive effect to the students. Furthermore, another thing is about the teacher’s time management. It will be better if the teacher prepare the lesson plan very well. It is to avoid lack of time in each stage since this teaching method needs much more time. It also makes the use of suggestopedia in teaching learning process works efficiently and effectively.

In general, there are some considerations in using suggestopedia as teaching method. In one side it has some benefits, but on the other side it also has some weaknesses. However, some weaknesses in terms of practical thing are likely to be minimized by the teacher’s creativity. Since there is no end for teacher to look for the perfection of the method in language teaching. As a matter of fact, the language teaching method known as Suggestopedia provides some valuable insights into the power of cognition and creates techniques that make students feel comfortable, relaxed and suggestible to the material being learned. In addition, the writer also suggests that the next researcher could explore more in conducting the similar research related to the use of suggestopedia in the teaching and learning process, especially in investigating another kind of suggestible music. The selected genre of music may be based on the Indonesian context or students’ background.