

## ABSTRAK

**Martina Intan Pratiwi (1302005).** *Pengaruh Self-Regulated Learning dan Student Engagement terhadap Kecemasan Akademik pada Mahasiswa Angkatan 2016 Universitas Pendidikan Indonesia.* Skripsi pada Departemen Psikologi Fakultas Ilmu Pendidikan Universitas Pendidikan Indonesia, Bandung (2017).

Penelitian ini bertujuan untuk mengetahui pengaruh *self regulated learning* dan *student engagement* terhadap kecemasan akademik pada mahasiswa angkatan 2016 Universitas Pendidikan Indonesia. Pendekatan yang digunakan adalah pendekatan kuantitatif dengan analisis regresi. Sampel dalam penelitian ini berjumlah 372 mahasiswa angkatan 2016 Universitas Pendidikan Indonesia. Instrumen pada penelitian ini adalah *Motivated Strategies for Learning Questionnaire (MSLQ)*, instrumen *Student Engagement in School Items*, dan Skala Kecemasan Akademik. Hasil yang diperoleh menunjukkan bahwa terdapat pengaruh *self-regulated learning* dan *student engagement* terhadap kecemasan akademik pada mahasiswa angkatan 2016 Universitas Pendidikan Indonesia dimana *self-regulated learning* dan *student engagement* dapat memprediksi kecemasan akademik sebesar 13,8%.

**Kata kunci:** *self-regulated learning, student engagement*, kecemasan akademik, mahasiswa.

## **ABSTRACT**

**Martina Intan Pratiwi (1302005).** *The Influence Of Self-Regulated Learning and Student Engagement Toward Academic Anxiety Of Students Force 2016 Indonesia Univeristy of Education.* Final paper of Psychology Departement, Faculty of Education Science, Indonesia University of Education, Bandung (2017).

This Research aims to investigate the influence of self-regulated learning and student engagement toward academic anxiety of students force 2016 Indonesia Univeristy of Education. Final paper of psychology. The approach used is quantitative approach with regression analysis. The sample in this research amounted to 372 students force 2016 Indonesia Univeristy of Education. The instrument of this research are Motivated Strategies for Learning Questionnaire (MSLQ), Student Engagement in School Items, and Academic Anxiety Scale. The result obtained show that there is the influence of self-regulated learning and student engagement toward academic anxiety of students force 2016 Indonesia Univeristy of Education where the self-regulated learning and student engagement can predict the academic anxiety as much as 13,8%.

**Keywords:** self-regulated learning, student engagement, academic anxiety, student.