

ABSTRAK

PENGARUH *OUTDOOR EDUCATION* TERHADAP *SELF CONFIDENCE* DAN RESPEK SISWA DI SMP YPI BANDUNG

Mohammad Zaqi Firmansyah¹, Nurlan Kusmaedi², Surdiniaty Ugelta²
Pendidikan Olahraga, Sekolah Pascasarjana, Universitas Pendidikan Indonesia
Jalan Dr. Setiabudi Nomer 229 Bandung 4015
Zaqi.17@student.upi.edu

Abstrak. Tujuan penelitian ini untuk meningkatkan nilai *self confidence* dan sikap respek siswa melalui model pembelajaran *outdoor education* program *camping dan hiking* dengan modifikasi permainan *games A* dengan permainan yang terstruktur dan modifikasi *games B* dengan permainan yang tidak terstruktur. Penelitian ini menggunakan metode eksperimen dan desain penelitian yang digunakan yaitu *The-Static Group Pretest-Posttest Design* dengan pengambilan sampel dengan teknik *sample jenuh* dimana seluruh populasi dijadikan sample. Berdasarkan hasil pengolahan dan analisis data, disimpulkan *self confidence* dan sikap respek lebih berpengaruh signifikan melalui *games A* (terstruktur) dibandingkan *games B* (tidak terstruktur) dalam kegiatan *outdoor education*.

Kata kunci : *outdoor education*, *self confidence* dan sikap respek

ABSTRACT

EFFECT OF OUTDOOR EDUCATION TOWARDS SELF CONFIDENCE AND RESPECT OF STUDENTS SMP YPI BANDUNG

Mohammad Zaqi Firmansyah¹Nurlan Kusmaedi²Surdiniaty Ugelta²
Physical Education, Graduate School, University of Indonesia
Jalan Dr. Number 229 Bandung Setiabudi4015
Zaqi.17@student.upi.edu

Abstract.*The purpose of this study to increase the value of self-confidence and respect students' attitudes through learning model education outdoor program camping and hiking with games A game modification with a structured game and modified games B with a game that is not structured. This research used experimental methods and research design used is The-Static group pretest-posttest design with sampling techniques saturated sample where the entire population sampled. Based on the results of data processing and analysis, concluded self confidence and great respect more significant influence through games A (structured) than the games B (unstructured) in outdoor education.*

Keywords: *outdoor education, self-confidence and an attitude of respect*