

ABSTRAK

Agung Gumbira, 1301390, Program Studi Pendidikan Jasmani Kesehatan dan Rekreasi, Judul: Pengaruh Pendekatan Bermain dalam Pembelajaran Penjas Adaptif Terhadap Keterampilan Gerak Lokomotor dan Non Lokomotor Siswa Tunanetra (*Total Blind*) di SLBN-A Citeureup Cimahi, Pembimbing: Prof. Dr. Beltasar Tarigan, MS.AIFO.

Tujuan penelitian ini adalah untuk mengetahui pengaruh pendekatan bermain dalam pembelajaran pendidikan jasmani adaptif terhadap keterampilan gerak lokomotor dan non lokomotor siswa tunanetra (*total blind*) di SLBN-A Citeureup Cimahi. Metode yang digunakan dalam penelitian ini adalah metode eksperimen dengan pendekatan bermain. Desain penelitian menggunakan *single subyek research*. Populasi adalah siswa SMPLB tunanetra (*total blind*). Teknik pengambilan sampel yang digunakan adalah *purposive sampling*. Instrumen yang digunakan dalam penelitian ini adalah rubrik penilaian keterampilan gerak lokomotor dan non lokomotor. Hasil pengolahan data yang diperoleh *baseline 1 (A-1)* 7,5 untuk lokomotor dan 4,3 untuk non lokomotor, *intervensi (B)* 12,9 untuk lokomotor dan 5,11 untuk non lokomotor, dan *baseline 2 (A-2)* 13,22 untuk lokomotor dan 5,06 untuk non lokomotor. Kesimpulannya adalah pendekatan bermain dalam pembelajaran penjas adaptif memberikan peningkatan keterampilan gerak lokomotor dan non lokomotor siswa tunanetra (*totalblind*) di SLBN-A Citeureup Cimahi.

Kata kunci: Pendekatan Bermain, Pendidikan Jasmani Adaptif, Gerak Lokomotor, Gerak Non Lokomotor, Tunanetra.

ABSTRACT

Agung Gumbira, 1301390, Education of Physical Health and Recreation Study Program, Title: The Effect of Playing Approach in Adaptive Learning of Physical Education towards Locomotor and Non-Locomotor Movement Skill of Students with Visual Impairment (Total Blind) in SLBN-A Citeureup Cimahi, Advisor: Prof. Dr. Beltasar Tarigan, MS.AIFO.

The purpose of this research is to know the effect of playing approach in adaptive physical learning towards locomotor and non-locomotor movement skill of students with visual impairment (total blind) in SLBN-A Citeureup Cimahi. The method used in this research is experimental method with playing approach. The design used in this research is single subject research. The population in this research is every student with visual impairment (total blind) in SMPLB, which are 2 people. The sampling technique that is used is purposive sampling technique. Instrument used in this research is assessment rubric of locomotor and non-locomotor movement skill. Result of data processing that obtained of *baseline 1 (A-1)* are 7,5 for locomotor and 4,3 for non-locomotor, *intervention (B)* 12,9 for locomotor and 5,11 for non-locomotor, and *baseline 2 (A-2)* are 13,22 for locomotor and 5,06 for non-locomotor. The conclusion of this research is playing approach in adaptive learning of physical education gives significant impact towards locomotor and non-locomotor movement skill of students with visual impairment (total blind) in SLBN-A Citeureup Cimahi.

Keywords: Playing Approach, Adaptive Physical Education, Locomotor Movement, Non-Locomotor Movement, Blind, Visual Impairment.