

ABSTRAK

HUBUNGAN ANTARA MOTOR ABILITY DENGAN PENGUASAAN KETERAMPILAN BOLABASKET

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Banyak faktor yang menyumbang pada kemampuan manusia untuk mempelajari keterampilan gerak. Ketika anak bertumbuh dan berkembang, penampilannya juga bertambah seperti *motor ability*. *Motor ability* akan mempengaruhi kemampuan setiap individu. Ketika keterampilan gerak berbeda maka berbeda pula kemampuan individu dalam menguasai keterampilan olahraga salah satunya keterampilan bolabasket. Tujuan penelitian ini adalah untuk mengetahui hubungan antara motor ability terhadap keterampilan bolabasket di Club Scorpio Bandung. Penelitian ini menggunakan metode penelitian deskriptif korelasional, dengan populasi yaitu seluruh atlet Club Scorpio Bandung yang berumur 14 – 16 tahun yang berjumlah 30 atlet putri, dengan teknik pengambilan sample menggunakan *random sampling* maka peneliti mengambil 15 orang atlet sebagai sample. Instrument penelitian yang digunakan adalah *tes borrow motor ability* dan tes keterampilan bolabasket. Berdasarkan hasil pengolahan dan analisis data yang diperoleh, maka hasil penelitian ini adalah terdapat hubungan yang signifikan antara motor ability dengan penguasaan keterampilan bolabasket di Club Scorpio Bandung.

Kata kunci: Motor Ability, keterampilan bolabasket

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ABSTRACT

THE RELATION BETWEEN MOTOR ABILITY AND THE ACQUISITION OF BASKETBALL SKILLS

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Many factors contribute to the ability that human develop their movement skills. When children grow and evolve, their appearances also increase such as their motor ability. Motor ability will affect each person's skills. If the motor ability is different, the human capability also different as well on mastering their sports skills, for example basketball skills. The purpose of this research is to know the relation between motor ability towards basketball skills on Scorpio Bandung Club. This research is using descriptive correlational research methods, with a population of all athletes Scorpio Bandung Club aged 14-16 years who were 30 women athletes, with the sampling technique using random sampling, the researchers took 15 athletes as a sample. The research instrument used was borrowed motor abilities tests and basketball skills tests. Based on the results of processing and analysis of data obtained, the results of this research showed there is a significant relation between the motor ability with the acquisition of basketball skills on Scorpio Bandung Club.

Keywords: Motor Ability, Basketball skills

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