DAFTAR PUSTAKA

Abdul Rahman, A. (2015). *Profil Self Disclosure Peserta Didik dan Implikasinya terhadap Bimbingan Pribadi Sosial.* (Skripsi) Psikologi Pendidikan dan Bimbingan Universitas Pendidikan Indonesia.

Arikunto. (2013). *Prosedur Penelitian Suatu Pendekatan Praktik.* Jakarta: Rineka Cipta.

Augesti, dkk. (2015). differences in stress level between first year and last year medical students in medical faculty of lampung university. *Journal Majority,* 4 (04), hlm. 1-7.

Barry, dkk. (2009). Differences in self-reported disclosure of college experiences by first-generation college student status. *Journal of Adolescent,* 44 (173), hlm. 55.

Berg, J. (1987). *Responsiveness and Self Disclosure.* New York. Springer Science+Business Media.

Buku Pedoman Bimbingan Mahasiswa Universitas Pendidikan Indonesia tahun 1990.

Cohen, dkk. (1986). Social skills and the stress-protective role of Social Support. *Journal of Personality and Social Psychology.* 50 (5), hlm. 963-973.

Derlega dan Berg. (1987). *Self disclosure theory research and therapy.* New York: Springer Science Business Media.

Dikti. (2007). Rambu-rambu Penyelenggaraan Bimbingan dan Konseling dalam Jalur Pendidikan Formal. Depdiknas.

Farber. (2006). *Self disclosure in psychotherapy.* New York: The guilford press.

Friedlander, dkk. (2007). Social support, self esteem, and stress as predictors of adjustment to university among first-year undergraduate. *Journal of College Student Development,* 48 (3), hlm. 259.

Furqon. (2009). *Statistika Terapan untuk Penelitian.* Bandung: Alfabeta.

Gainau, M. B. (2009). Keterbukaan diri (self disclosure) siswa dalam perspektif budaya dan implikasinya bagi konseling. Jurnal Ilmiah Widya Warta, 33 (1), hlm. 95-112.

Geng & Richard Midford. (2015). Investigating First Year Education Students' Stress Level. *Australian Journal of Teacher Education.* 40 (6), hlm. 1.

Hill dan Donald E. Stull. (1987). *Gender and Self-Disclosure Strategies for Exploring the Issues.* New York: Springer Science+Business Media.

Jourard. (1971). *Self Disclosure: An Experimental Analysis of The Transparent Self*. New York: Wiley (Interscience).

Kartadinata. (2011). *Menguak Tabir Bimbingan dan Konseling sebagai Upaya Pedagogis*. Bandung: UPI Press.

Kim. (2012). *Coping with Racial Discrimination: Coping Strategies, Critical Ethnic Awareness, and Psychosocial Resources for Asian Americans*. (Disertasi). Social Work and Psychology in The University of Michigan.

Kitzrow. (2003). The Mental Health Needs of Today's College Students: Challenges and Recommendations. NASPA Journal. 41 (1), hlm. 165-179.

Krohne. (2002). *Stress and Coping Theories*. Johannes Gutenberg-Universität Mainz Germany.

Laurenceau. (1998). *Intimacy as an Interpersonal Process: The Importance of Self Disclosure Partner Disclosure, and Perceived Partner Responsiveness in Interpersonal Exchanges. Journal of Personality*. 74 (5), hlm. 1238-1251.

Lestarina, Y. (2012). *Self disclosure individu pada aktivitas kencan online*. (Skripsi). Fakultas Ilmu Sosial dan Ilmu Politik Universitas Indonesia.

Liu, S. (2015). Verbal communications related to self disclosure and interpersonal relationship in facebook users. *Asian Social Science.*, 11 (22), hlm. 81-90.

Lubis, N.K. (2011). *Hubungan antara Persepsi Peserta Didik terhadap Karakteristik Guru Bimbingan dan Konseling dengan Self Disclosure pada Peserta Didik SMP Negeri 31 Medan. (*Skripsi) Psikologi Universitas Sumatera Utara.

Matthieu & Ivanof. (2006). *Using Stress, Appraisal, and Coping Theories in Clinical Practice: Assessments of Coping Strategies After Disasters*. Oxford University.

Melly. (2008). Hubungan antara kreativitas dan stres pada mahasiswa tahun pertama jurusan arsitektur universitas indonesia. *Skripsi*. Program Reguler Fakultas Psikologi Universitas Indonesia.

Miller & Stephen. (1987). *Why Am I Telling You This? Self-Disclosure In a Goal-Based Model of Personality*. New York: Springer Science+Business Media.

Nuñez. (2011). Counterspaces and Connections in College Transitions: First-Generation Latino Students' Perspectives on Chicano Studies. *Journal of College Student Development,* 4 (06), hlm. 639-655.

Paulik. (2012). *Health of college students and coping strategies*. Czech**:** Publishing House Curriculum.

Puspito, dkk. (2006). Pengungkapan diri mahasiswa tahun pertama universitas diponegoro ditinjau dari jenis kelamin dan harga diri. *Jurnal Psikologi Universitas Diponegoro,* 3 (2), hlm. 11-25.

Rollof, M. (2009). *Self Disclosure. Encyclopedia of Communication Theory.* SAGE.

Saputri, dkk. (2012). *Hubungan antara Kemampuan Sosialisasi dengan Keterbukaan Diri Peserta Didik Kelas VIII.* Jurnal Keperawatan. Fakultas Kedokteran dan Ilmu-ilmu Kesehatan. Unsoed Purwokerto.

Sharabany, R. (2015). *Encyclopedia of Human Relationships Self-Disclosure.* Thousand Oaks. SAGE Publications.

Sprecher, dkk. (2012). Effects of self disclosure role on linking, closeness, and other impressions in get acquainted interactions. *Journal of Social and Personal Relationship,* 30 (04), hlm. 497-514.

Sugiyono. (2013). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D.* Bandung: Alfabeta.

Surya, M. (2009). *Psikologi konseling.* Bandung: Maestro.

Taft, dkk. (2007). *Examining the Correlates of Engagement and Disengagement.* Boston University.

Tobin, dkk. (1989). *The Hierarchical structure of the coping strategies Inventory.* Journal Cognitive Therapy and Research, 13 (4), hlm. 343-361.

Undang-undang Republik Indonesia Nomor 12 Tahun 2012 tentang Perguruan Tinggi.

Welsh, J. (2009). *The Impacts of Personal Counseling on Stress, Academic Success, and Retention in Community College Students.* (Tesis). San José State University.

Willis. (2010). *Konseling Individual Teori dan Praktek.* Bandung: Alfabeta.