Ingrid Tri Rachmadianty NIM. 1204141 Skripsi: Penerapan *Stations (Learning Centers)* terhadap Jumlah Waktu Aktif Belajar Siswa dalam Pembelajaran Permainan Bolabasket (Studi Deskriptif Komparatif di SMA Negeri 1 Baleendah). Skripsi ini dibimbing oleh Lukmannul Haqim Lubay, M.Pd. Program Studi Pendidikan Jasmani, Kesehatan dan Rekreasi. Universitas Pendidikan Indonesia.

ABSTRAK

Penelitian ini bertujuan untuk mengetahui perbedaan antara teknik pembelajaran konvensional dengan teknik *stations (learning centers)* terhadap jumlah waktu aktif belajar siswa di SMA Negeri 1 Baleendah. Berdasarkan observasi, masih banyak guru yang menggunakan teknik pembelajaran secara konvensional. Metode penelitian yang penulis gunakan adalah deskriptif komparatif dengan teknik tes. Sampel dalam penelitian ini menggunakan teknik *purposive sampling* sebanyak 40 orang. Instrumen yang digunakan adalah lembar observasi siswa dengan menggunakan format gabungan analisis pemanfaatan waktu dan proporsi jumlah siswa. Berdasarkan hasil pengolahan data dan pengujian hipotesis menggunakan uji *Paired Sample T Test* diperoleh nilai t_{hitung} (62.772) $> t_{tabel}$ (2.021). Berdasarkan hasil analisis data tersebut, maka dapat disimpulkan bahwa terdapat perbedaan yang signifikan antara teknik pembelajaran konvensional dan teknik pembelajaran *stations (learning centers)* terhadap jumlah waktu aktif belajar dalam pembelajaran permainan bolabasket di SMA Negeri 1 Baleendah.

Kata kunci : pembelajaran, *stations (learning centers)***, jumlah waktu aktif belajar, permainan bolabasket**

Ingrid Tri Rachmadianty NIM. 1204141 Research: Implementation of Stations (Learning Centers) to Total Active Learning Time of Students in Learning Basketball Games (Comparative Descriptive Study in SMAN 1 Baleendah). This research is guided by Lukmannul Haqim Lubay, M.Pd. PJKR studies program, Indonesia University of Education.

ABSTRACT

The purpose of this study is to determine the difference between the conventional learning technique with stations (learning centers) technique to the total number of active time for students at SMA Negeri 1 Baleendah. Based on observations, there are many teachers who use conventional learning techniques. The research method that I use is descriptive comparative test technique. The sample in this study using purposive sampling as many as 40 people. The instrument used is the observation sheet of students using the combined format utilization analysis time and the proportion of the number of students. Based on the results of data processing and hypothesis testing using Paired Sample T Test obtained tcount (62 772)> t table (2,021). Based on analysis of these data, it can be concluded that there are significant differences between the conventional learning techniques and techniques of learning stations (learning centers) to the amount of time the active learning in learning basketball game in SMA Negeri 1 Baleendah.

Keywords: learning, stations (learning centers), total active learning time of students, basketball game.

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