

ABSTRAK

Firda Amalia Supendi. NIM: 1005793. Program Studi: Pendidikan Olahraga. Judul Skripsi: Pengaruh Pengelompokan Siswa Dalam Pembelajaran Aktivitas Aquatik Terhadap Hasil Belajar Siswa Kelas VIII B Di SMP Advent Cimindi Cimahi. Pembimbing I: Drs. Mudjihartono, M.Pd. Pembimbing II: Dr. Helmy Firmansyah, M.Pd

Tujuan penelitian untuk mengetahui pengaruh hasil belajar siswa setelah diberikan pengelompokan dalam pembelajaran aktivitas aquatik kelas VIII B SMP Advent Cimindi Cimahi. Populasi dan sampel siswa kelas VIII B di SMP Advent Cimindi Cimahi berjumlah 24 siswa. Metode penelitian menggunakan eksperimen dengan desain *one group pre-test post-test design*. Instrumen berupa tes kemampuan kognitif, afektif, psikomotor renang gaya bebas. Teknik analisis data menggunakan SPSS (Statistical Package for the Social Science) ver 23 Uji Beda Dua Mean Dependen/Berpasangan. Dari hasil penelitian diketahui nilai rata-rata hasil belajar ke dua kelompok pada akhir perlakuan mengalami peningkatan, kelompok A nilai pre-test rata-rata 74 dengan Sd 4,70 dan post-test rata-rata 84,24 dengan Sd 3,67. Sedangkan kelompok B nilai pre-test rata-rata 58,42 dengan Sd 5,88 dan post-test rata-rata 74,19 dengan Sd 6,54. Berdasarkan hasil analisis data pada kelompok A memiliki nilai *Sig.(2-tailed)* 0,0001 sedangkan kelompok B memiliki nilai *Sig.(2-tailed)* 0,0001. Karena nilai *sig.(2-tailed)* kedua variabel pada kelompok A dan B $< \alpha$ (0,05) maka H_0 ditolak dan H_a diterima. Dengan demikian dapat di simpulkan bahwa terdapat pengaruh yang signifikan dari pengelompokan siswa dalam pembelajaran aktivitas aquatik terhadap hasil belajar siswa kelas VIII B di SMP Advent Cimindi Cimahi.

Kata kunci : Pengelompokan siswa, aktivitas aquatik, hasil belajar.

ABSTRACT

Firda Amalia Supendi. NIM: 1005793. Program Study: Education of Sport. Title: The Effect of The Student Grouping in Learning Aquatic Activities to Learning Outcomes of Student Junior High School Grade VIII B Advent Cimindi Cimahi. Supervisor I: Drs. Mudjihartono, M.Pd. Supervisor II: Dr. Helmy Firmansyah, M.Pd

The study aimed at measuring of the effect student grouping in learning aquatic activities to student learning outcomes junior high school grade VIII B Advent Cimindi Cimahi. The population and sample of grade VIII B Advent Cimindi Cimahi is twenty four students. The method and design that used in this study is experimental method, that is one group pre-test post-test design. Instrument in this research is cognitive ability test, affective and psychomotor of the crawl learning. Data analysis using SPSS (Statistical Package for the Social Science) ver 23. Two Mean Dependent Different Test/Pairs. The SPSS is analysis showed that the mean learning outcome into two groups of the treatment increased at the end, group A can be proven that the mean score of pre-test is 74 the standard deviation is 4,70 and the mean score of post-test is 84,24 the standard deviation is 3,67. Meanwhile group B that the mean score of pre-test is 58,42 the standard deviation is 5,88 and the mean score of post-test is 74,19 the standard deviation is 6,54. Based on the result, the data analysis on the effect student grouping in learning aquatic activities to student learning outcomes junior high school grade VIII B, group A it found that the significance value 0,0001 meanwhile group B it was found that the significance value 0,0001. The significance value two dependent variable in group A and group B $< \alpha$ (0,05) thus H_0 is rejected and H_a is accepted. In conculsion, there is a significant effect on the student grouping in learning aquatic activities to student learning outcomes junior high school grade VIII B Advent Cimindi Cimahi.

Keywords : Student grouping, aquatic activitiy, and learning outcome.